SHENANDOAH VALLEY

Note: Albemarle County, Charlottesville, Louisa county and Culpeper are not geographically within the Shenandoah Valley, they are just east of the Blue Ridge Mountains, but are included here due to their close community and cultural connections with the Valley region.

Find a local food pantry through the Federation of Virginia Food Banks.

Augusta Health Mobile Clinics
Augusta Health
Shenandoah Valley region – Different locations (Harrisonburg, Staunton, Grottoes, Weyers Cave, Waynesboro, Craigsville, Churchville, Lyndhurst, Stuart Draft & More)
August, Different times check calendar
*See Calendar for other dates and locations for mobile clinics

Consultas de Imigracion/ Immigration consultations
Sin Barreras
339 Rio Road W, Charlotteville, VA 22901
Second Monday of each month – Call for more information, 434-531-0104

Back to School Bash & Free Health Clinic
The Dunbar School
2524 Mountain Hill Rd, Palmyra, VA
August 6, 1 PM to 5 PM

Equity Coalition Hybrid Meeting
Move2Health
UVA Center for Community Partnerships
201 W. Main Street, Charlottesville, Virginia
August 12, 8:30 to 10 AM

Join Bilingual Professional Support Networking group Spanish-speaking human service professionals and mental health providers are invited to a casual support and networking gathering. **Harrisonburg VA**. **August 18, 5:00 PM** - If you would like to join please contact: Brooke Garcia at nbgarcia@sentara.com or Cindie Hunter cynthiaahunter@gmail.com

Medicaid Social

UVA Center for Community Partnerships

201 W. Main Street Charlottesville, Virginia 22902

August 20, 5: 30 PM to 7 PM

* Join us for a Medicaid Assister & Advocate social. This is a great time to get to know each other and grow our network of healthcare supporters!

Other on-going events and services:

Neighborhood Primary Health Clinic

Augusta Health

Deerfield Community Center

64 Marble Valley rd. Deerfield, VA 24432

First Monday of each month, 10 AM to 2 PM – Registration close at 1 PM

Women Mental Health Support Group Finally Happy

Augusta County -Fishersville Library

1759 Jefferson Hwy, Fishersville, VA 22939

Every first and third Thursday of every month, 6:30 PM to 7:30 PM

Free HIV & Hepatitis C testing

Strengths in peers

917 N. Main Street, Harrisonburg, VA 22801

Mondays – Fridays 9 AM – 4 PM- Walks-in Welcome

Free HIV & Hepatitis C testing

Strengths in peers

9560 S. Congress St, New Market, VA 22844

Thursdays 9 AM – 4 PM- Walks-in Welcome

SMJH-Free-Mammograms | Martha Jefferson Hospital Foundation

Sentara Martha Jefferson Hospital is offering free screening mammograms for women who are: Uninsured, Under-insured--no insurance coverage for mammograms, 40 years of age or older
To schedule an appointment, please contact our **Breast Health Nurse Jessica Cooper, RN at 434-654-4483**. If you are experiencing any breast issues, such as a lump or unusual skin changes, please let Jessica know at the time of scheduling.

Free diapers- Family Resource Center

115 Jefferson Highway, Suite 101, Louisa VA 23093
Wednesdays 11 AM to 2 PM – For more information call 540-603-2125
*Available while supplies last.

Poderes Legales/Power of Attorney

Sin Barreras
Todos los martes de 2PM a 4 PM – Solo con Cita
Llamar 434-531-0104
* Llámanos o envíanos un mensaje para saber cómo el Poder Notarial te puede ayudar y para hacer una cita (¡también por WhatsApp!)

Massanutten Regional Library

Provides programs and events to the following communities in the Shenandoah Valley: Bridgewater, Broadway, Grottoes, Luray, Shenandoah, Elkton and Harrisonburg.
Check for Nov Calendar Events Here.

Maternal Mental Health Program

Arrow Project
Waynesboro and Staunton VA
For more information & referrals Here

Low- or no-cost mental health services in Spanish

The Blue Ridge Free Clinic
831 Martin Luther King, Jr. Way, Harrisonburg, VA 22801
*Currently offers a limited number of Spanish-language mental health sessions.
To contact Lisa Hawkins, LCSW, directly: socialwork@blueridgefreeclinic.org

Nelson County – NCCDF Family Assistance Funds

Are you in need of financial assistance with certain basic household needs and interested in applying for help? NCCDF has limited funds to assist qualified Nelson County residents with some of their emergency needs. Assistance provided for: Rent or mortgage, utilities, medications. Eligibility: Serving Nelson County residents only & available only to qualified households.
OTHER EMERGENCIES MAY BE CONSIDERED
Contact: (434) 263-8074 ask for Georgia Brown ext. 103 or email contact@nccdf.org
Applications available at The Nelson Center.

Upcoming events:

Community Connection Open Doors

Open Doors Shelter
1111 N. Main Street, Harrisonburg VA
Sep 1, 10 AM
*Learn about services and programs provided at the navigation center. Vendors welcome.

Access to Healthcare Meeting

Move2HealthEquity
201 W. Main Street, Charlottesville, Virginia
Sep 17, 9 AM to 10 AM
*Monthly Hybrid meeting that is hosted hybrid over zoom and in person at the UVA Center For Community Partnerships.

African-American Heritage and Multicultural Festival

Staunton city and Staunton Parks & Recreation
Gypsy Hill Park Bandstand in Staunton
Sep 19- 20 – Vendor and non-profit application here

Join Bilingual Professional Support Networking group Spanish-speaking human service professionals and mental health providers are invited to a casual support and networking gathering. Harrisonburg VA. The group's purpose is to connect local Spanish-speaking professionals, check in about wellbeing, and explore interest in a bilingual support network, there's no budget or sponsor, just peers supporting each other. Please invite other Spanish-speaking colleagues if you wish to grow the network **– Upcoming meeting : October 20, 12:00–1:00 PM** – If you would like to join please contact: Brooke Garcia at nbgarcia@sentara.com or Cindie Hunter cynthiaahunter@gmail.com