COASTAL VA (EASTERN SHORE & HAMPTON ROAD & VA BEACH)

Find a local food pantry through the Federation of Virginia Food Banks.

REVIVE: Empowering Heroes – Monthly Opioid Response Training
Portsmouth Health Department
1701 High Street 1st Floor (clinic entrance) Portsmouth, VA 23704
Jan 5, 11 AM

Celebrate Healthcare's Weekly Office Hours
Enroll VA
Sentara Community Care Center
3509 Chestnut Ave, Newport News, VA 23607
Jan 8,15, 22, Every Thursday, 1 PM to 4 PM
*Got questions about health insurance enrollment? Explore your options for the Affordable Care Marketplace, Special Enrollment and Medicaid. Our dedicated team is here to assist you! Don't miss this chance to get the support you need for your health coverage!

Historic Triangle Stakeholders Snap/Medicaid Coalition Breakfast
Celebrate Healthcare/Gaylene Kanoyton
Virginia Peninsula Community College
4601 Opportunity Way, Williamsburg, VA 23188
Jan 9, 8 AM

Parent support group – Circulo de Padres Hispanos
BonSecour
St. George Episcopal Church
15446 Warwick BLVD. Newport News, VA 23608
Every Wednesday, 10 AM to 12:30 PM

12th Annual Happy New Year 2026 Celebrating You! Health & wellness Expo
Celebrate Healthcare & Partners
Hampton Roads Convention Center
1610 Coliseum Dr. Hampton, VA 23666
Jan 16, 10 AM to 4 PM - Flyer
* Enjoy free health screenings, insurance enrollment assistance, and access to vital mental and maternal health resources.

Happy New You Health Insurance Marketplace and Resource Fair Expo
Enroll VA & Celebrate Health Care & Partners
Hampton Roads Convention Center
1610 Coliseum Dr, Hampton, VA 23666
Jan 16, 10 AM to 4 PM

Free health screenings (Presented by: For the People MOS, Inc.)
ASE
New Beech Grove Baptist Church
361 Beechmont Drive, Newport News, VA 23608
Jan 18, 2:30 PM

Financial Social Work Conference: Mental Wealth Matters
Building Endurance PLLC
Norfolk State University
700 Park Avenue, Norfolk, VA 23504
Jan 30, 10 AM

Clinica Comunitaria Esperanza
Easter Virginia Medical School
830 Southampton Ave, Norfolk, VA 23503
*Free clinic run by EVMS students and physicians. Provides medical care to low-income and uninsured families in the Hispanic community. Call appointment 757 -403-2474. **Se habla español.**

Hamptons Roads Bon Secour Care-A-Van
Bon Secour
Locations includes : Norfolk, Newport News, Hamptons, Chesapeake, Virginia, Beach, Surfolk and Portsmouth. Check Spanish and English calendar schedule
Different dates, 8:30 AM to 12 PM
*To schedule an appointment please call 757-889-5121 or e-mail Takeirah_Martin@bshsi.org

English Language Acquisition (English classes)
Adult Learning Center
5100 Cleveland St., Virginia Beach, VA 23462
For more information visit website or HERE
*Six levels of classes are offered including: reading, writing, speaking, and listening. No appointment is needed. Testing/interviews are offered on a walk-in basis. Please call 757-648-6050 for interview dates.

Mental Health Connection Support Groups
NAMI Coastal Virginia
Different dates and times
* Free, peer-led support groups for anyone 18 & older who has experienced symptoms of a mental health condition. In a confidential, caring and non-judgemental group setting, you will gain insights from others, and hear about their challenges and successes. All support groups are led by trained leaders who've been there.

Free Car Seats- MileOneCares Car Seat Community Program
MilesOnecares & Hall Toyota VB
1877 Laskin Rd, Virginia Beach, VA 23454
Waiting list next event
*Families will watch a safety video, answer questions and sign a liability form. Flyer in English and Flyer in Spanish

Upcoming events:

Consulado de el Salvador
Jornada consulado Móvil para servicios consulares
1317 Elittle Creek Rd, Norfolk, VA 23518
Feb 21, 8 AM to 3 PM – Por orden de llegada

Community Conversation: Improving Accessibility in Norfolk
City of Norfolk
Jordan-Newby Anchor Branch Library at Broad Creek
1425 Norchester Avenue, Norfolk, VA 23504
Feb 24, 4 PM