COASTAL VA (EASTERN SHORE & HAMPTON ROAD & VA BEACH)

Hispanic Heritage Month events
Newport News Library
October, different dates, times and locations. Calendar here.

Medicare Seminar (Newport News, VA)
CenterWell Senior Primary Care
3001 Jefferson Avenue Newport News, VA 23607
Oct 1, 10 AM

Medicare Seminar (Hampton, VA)
CenterWell Senior Primary Care
1118 West Mercury Boulevard Hampton, VA 23666
Oct 2, 10 AM

Celebrate Healthcare's Weekly Office Hours
Enroll VA
Sentara Community Care Center
3509 Chestnut Ave, Newport News, VA 23607
Oct 2, 9, 16, 23, 30- 1 PM to 4 PM Every Thursday.
*Got questions about health insurance enrollment? Explore your options for the Affordable Care Marketplace, Special Enrollment and Medicaid. Our dedicated team is here to assist you! Don't miss this chance to get the support you need for your health coverage!

Vaccine Clinic
Riverside Health
Riverside Wellness and Fitness Center
12650 Jefferson Ave., Newport News, VA 23602
Oct 01, 9 AM to 2 PM

Adult Mental Health First Aid - In-Person
Eastern Shore Community Services Board
Eastern Shore CSB - Prevention
15150 Merry Cat Ln Belle Haven, VA 23306
Oct 2, 9 AM

Vaccine Clinic
Riverside Health
Riverside Hampton Medical Office Building Campus
850 Enterprise Pkwy., Hampton, VA 23666
Oct 4, 9 AM to 1 PM

Maternal Health Education Classes
Children Museum of Virginia
221 High Street Portsmouth, VA 23704
Oct 4, 11 AM

Adverse Childhood Experiences (ACEs) Free Training
Norfolk Community Services Board Prevention
Jordan-Newby Anchor Branch Library at Broad Creek
1425 Norchester Avenue Norfolk, VA 23504
Oct 7, 2:30 PM
*When Children experience traumatic events it can have lasting effects on their mental health, medical health and wellbeing

Vaccine Clinic
Riverside Health
Coastal Church
6686 Hickory Fork Rd, Gloucester, VA 23061
Oct 8, 9 AM to 1 PM

Vaccine Clinic
Riverside Health
Riverside Eastern Shore Family Medicine
10085 William F. Bernart Circle, Nassawadox, VA 23413
Oct 8, 9 AM to 1 PM

Legal Aid at the Hampton Public Library
Hampton Public Library
4207 Victoria Boulevard Hampton, VA
Oct 8, 3 PM
*Resources and legal aid services

6th Annual VAACC Community Fall Festival – FREE
Virginia African American Cultural Center
744 Hampshire Lane Virginia Beach, VA 23462
Oct 11, 11 AM

Vaccine Clinic
Riverside Health
RDHW Medical Office Building
3700 Battery Blvd., Williamsburg, VA 23185
Oct 15, 9 AM to 1 PM

Adverse Childhood Experiences (ACEs) Training - Trauma and Resilience
Eastern Shore CSB - Prevention
15150 Merry Cat Ln Belle Haven, VA
October 15, 9 AM

Vaccine Clinic
Riverside Health
Riverside Smithfield Hospital Campus
19339 Benn's Grant Blvd, Smithfield, VA 23430
Oct 22, 9 AM to 1 PM

Village Family 4th Sunday CommunityFamilyReunion
First Calvary Baptist Church
813 Henry Street Norfolk, VA 23503
Oct 26, 3 PM
***Groceries, diapers, personal hygiene items, household items & more**

Vaccine Clinic
Riverside Health
Charlie W. and Golden Bethune Hill Community Health Clinic
727 25th St., Newport News, VA 23607
Oct 29, 9 AM to 1 PM

Clinica Comunitaria Esperanza
Easter Virginia Medical School
830 Southampton Ave, Norfolk, VA 23503
*Free clinic run by EVMS students and physicians. Provides medical care to low-income and uninsured families in the Hispanic community. Call to make an appointment 757 -403-2474.
Se habla español.

Hampton Roads Community of Practice
Unite US
836 J Clyde Morris Boulevard Newport News, VA 23601
Dec 10, 12 PM
*Networking group - Get ready to connect and strategize with Unite Virginia partners to drive forward your community health priorities in Hampton Roads!

Hamptons Roads Bon Secour Care-A-Van
Bon Secour
Locations includes：Norfolk, Newport News, Hamptons, Chesapeake, Virginia, Beach, Surfolk and Portsmouth. Check Spanish and English calendar schedule
Different dates, 8:30 AM to 12 PM
*To schedule an appointment please call 757-889-5121 or e-mail Takeirah_Martin@bshsi.org

English Language Acquisition (English classes)
Adult Learning Center
5100 Cleveland St., Virginia Beach, VA 23462
For more information visit website or HERE

*Six levels of classes are offered including: reading, writing, speaking, and listening. No appointment needed. Testing/interviews are offered on a walk-in basis. Please call 757-648-6050 for interview dates.

Mental Health Connection Support Groups

NAMI Coastal Virginia

Different dates and times

* Free, peer-led support groups for anyone 18 & older who has experienced symptoms of a mental health condition. In a confidential, caring and non-judgemental group setting, you will gain insights from others, and hear about their challenges and successes. All support groups are led by trained leaders who've been there.

Free Car Seats- MileOneCares Car Seat Community Program

MilesOnecares & Hall Toyota VB

1877 Laskin Rd, Virginia Beach, VA 23454

Waiting list next event

*Families will watch a safety video, answer questions and sign a liability form. Flyer in English and Flyer in Spanish

Despensa de Alimentos (todos los jueves en una de escuelas de Newport News)

La oficina de Participación Familiar y Comunitaria de las Escuelas Públicas de Newport News se han asociado con la Fundación "Dreams of Hope" para ofrecer una despensa móvil de alimentos una vez por semana. Mirar calendario.