SHENANDOAH VALLEY

Note: Albemarle County and Charlottesville are not geographically within the Shenandoah Valley, they are just east of the Blue Ridge Mountains, but are included here due to their close community and cultural connections with the Valley region.

Due to the ongoing government shutdown, many families may experience disruptions in federal benefits. If you or someone you know needs food assistance during this time, you can find a local food pantry through the Federation of Virginia Food Banks.

Necesitas ayuda con tu seguro medico? Te ayudamos a inscribirte a Medicaid or ACA
Sin Barreras & LAJC
Oficina Sin Barreras, Charlottesville, VA
Llame para hacer su cita, es gratis: 571-288-3953 o 434-531-0104

Poderes Legales/Power of Attorney
Sin Barreras
Todos los martes de 2PM a 4 PM – Solo con Cita
Llamar 434-531-0104
* Llámanos o envíanos un mensaje para saber cómo el Poder Notarial te puede ayudar y para hacer una cita (¡también por WhatsApp!)

Poverty Simulator
Virginia Cooperative Extension
Navigation Center
111 N Main Street, Harrisonburg, VA
Nov 1, 9AM to 12 PM

Free Infant Safety Class
Health Department Albemarle
1138 Rise Hill Dr, enter door #3, Charlotteville, VA
Nov 1, 10 AM to 12 PM

Paseo en Bicicleta

Sin Barreras & Piedmont Mobility Alliance

917 #D, Preston Ave, Charlottesville, VA 22903

Nov 2, 3:30 PM to 6 PM

JMU DECIR Scholarship Showcase, Stories from Home

James Madison University

Forbes Center Recital Hall

147 Warsaw Ave, Harrisonburg, VA 22801

Nov 5, 6 PM to 8 PM - Registration

La 14 celebración Anual del día de Muertos

Sin Barreras

Mcguffee Art Center

201 2nd street NW, Charlotteville VA

Nov 7, 5:30 PM to 8:30 PM

Women Mental Health Support Group Finally Happy

Augusta County -Fishersville Library

1759 Jefferson Hwy, Fishersville, VA 22939

Nov 7 and 21, every first and third Thursday of every month, 6:30 PM to 7:30 PM

Fun Night to benefit New Bridges

Rubys Arcade & New Bridges Immigrant Resource Center

165 S Main St #100b, Harrisonburg, VA 22801

Nov 12, 4 PM to 10 PM

Adult Mental Health First Aid Free Course

CSB

1241 N Main St, Harrisonburg VA

Nov 14, 8:30 AM to 4:30 PM

* Get certified as a Mental Health First Aider in our one-day free course. Participants will learn how to recognize and respond to the early warning signs of a mental health challenge and learn how to effectively offer help.

Family Partners in Special education Conference for families
Piedmont Parent Education Resource Center
100 East Rio road, Charlotteville, VA
Nov 15, 8:30 AM to 12:15 PM

Revive free training
CSB
Massanutten Regional Library
174 S Main St, Harrisonburg, VA 22801
Nov 18, 6:30 PM to 7:30 PM

Massanutten Regional Library
Provides programs and events to the following communities in the Shenandoah Valley: Bridgewater, Broadway, Grottoes, Luray, Shenandoah, Elkton and Harrisonburg.
Check for Nov Calendar Events Here.

Sentara Mobile Mammographs
Sentara
Greene county Office Building
40 Celt rd. Stanardsville, VA 22973
Until Nov 12, to make an appointment call 434-654-7106
*Financial assistance for uninsured individuals

Maternal Mental Health Program
Arrow Project
Waynesboro and Staunton VA
For more information & referrals Here

Nelson County – NCCDF Family Assistance Funds
Are you in need of financial assistance with certain basic household needs and interested in applying for help? NCCDF has limited funds to assist qualified Nelson County residents with some of their emergency needs. Assistance provided for: Rent or mortgage, utilities, medications. Eligibility: Serving Nelson County residents only & available only to qualified households. OTHER EMERGENCIES MAY BE CONSIDERED
Contact: (434) 263-8074 ask for Georgia Brown ext. 103 or email contact@nccdf.org
Applications available at The Nelson Center.