ChildSavers 100

Safeguarding the emotional health of our children since 1924

CHILD DEVELOPMENT SERVICES TRAINING

October, November, and December 2025

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200 N 22nd Street | Richmond, VA 23223 | 804-644-9590
@ChildSaversRVA | childsavers.org

BEHAVIOR GUIDANCE

Strategies for Challenging Behaviors

Are you looking for ways to help children in your care who exhibit challenging behaviors? In this session, you will learn what being a trauma informed classroom teacher can be, the behaviors associated with childhood trauma, and strategies to assist you with these behaviors. You will also learn easy strategies for external and internal challenging behaviors.

This training is interactive; please come prepared with a pen and paper.

Virtual through Microsoft Teams
Wednesday, October 1 – 1-2:30PM
Training Level: Basic | Target Age Group: Preschool
Registration and payment: nabdullah@childsavers.org
Cost: $15
★ *No charge for 2025-2026 Robins' Grant participants (Richmond City, Chesterfield, and Henrico) or 2025-2026 Cameron Grant participants (Petersburg, Colonial Heights, and South Chesterfield)*
Presented by Najiyyah Abdullah

Positive Guidance for Young Children

This workshop will help teachers of children birth to five learn about the importance of positive guidance, how to create a supportive environment and how to implement positive guidance strategies. Teachers will also learn about promoting developmentally appropriate strategies for self-regulation and acceptable behaviors.

Virtual through Microsoft Teams
Thursday, October 9 – 6:30-8PM (Chapter 10/ CDA Cohort 19)
Training Level: Basic | Target Age Group: Birth to Five
Registration and payment: kgarofalo@childsavers.org
Cost: $30
Presented by Koni Garofalo

Behavior Management in the PreK Classroom

We will look at realistic expectations for preschool behavior, factors that contribute misbehavior and look at preventative strategies to put in place.

This content aligns with the Behavior Management dimension in the PreK CLASS tool.

Virtual through Microsoft Teams
Friday, October 17 – 1-2PM
Training Level: Basic | Target Age Group: Preschool
Registration and payment: nabdullah@childsavers.org
Cost: $10
★ *No charge for 2025-2026 Robins' Grant participants (Richmond City, Chesterfield, and Henrico) or 2025-2026 Cameron Grant participants (Petersburg, Colonial Heights, and South Chesterfield)*
Presented by Najiyyah Abdullah

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Responding, Not Reacting: Our Role in Behavior Guidance

Guiding the behavior of young children can be challenging. It takes patience, skill, and sometimes even some self-reflection. In this session, we'll talk about the difference between reacting to behavior and responding in a thoughtful way. We will also discuss simple, helpful strategies to support children in making good choices and learning how to manage their actions.

Virtual through Microsoft Teams
Friday, October 24 – 1-2:30PM
Training Level: Basic | Target Age Group: Birth to Five
Registration and payment: cmcknight@childsavers.org
Cost: $15
★ *No charge for 2025-2026 Robins' Grant participants (Richmond City, Chesterfield, and Henrico) or 2025-2026 Cameron Grant participants (Petersburg, Colonial Heights, and South Chesterfield)*
Presented by Cristin McKnight

Director's Forum: Effective Practices for Classroom Management

To promote the child's physical, intellectual, emotional, and social well-being and growth, staff shall model desired, appropriate behavior and interact with the child and one another to provide needed help, comfort, and support. In this director's forum, participants will learn how to develop classroom schedules and routines that use consistency in applying expectations and understand how consistency encourages independence and self-direction in children.

Virtual through Zoom
Wednesday, October 29 – 1-2PM
Training Level: Basic | Target Age Group: Program Leaders
Registration: www.vachildcare.com, choose *Training Calendar*, then *Online Trainings*
Cost: Grant funded
Presented by Shannon Cooke

The Sensation of Being: Addressing Infant and Toddler Behaviors with Sensory Strategies*

Participants will learn about practical strategies to support sensory needs in the child care environment and explore how sensory issues may contribute to challenging behaviors in infants and toddlers.

This content aligns with the indicators of Teacher Sensitivity in the Infant CLASS tool and the indicators of Teacher Sensitivity and Behavior Guidance in the Toddler CLASS tool.

Virtual through Microsoft Teams
Tuesday, November 4 – 1-2:30PM
Training Level: Basic | Target Age Group: Infants/ Toddlers
Registration: http://bit.ly/45IyDBB
Cost: Grant funded
Presented by Kristen Lesniak

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Alligators, Sharks, and Toddlers: When Biting Goes Too Far

Alligators, sharks, and toddlers all fall into the same class of creatures who can do a wallop with their teeth. While easier said than done, we can at least put steps into place to help manage the bites from one of these toothy chompers. This training will discuss why biting happens in toddler classrooms, how to respond effectively to biting, and strategies to prevent biting behaviors. We will also discuss how to communicate with families regarding biting incidents.

Virtual through Microsoft Teams
Thursday, November 13 – 1-2PM
Training Level: Basic | Target Age Group: Birth to Five
Registration and payment: cmcknight@childsavers.org
Cost: $10
★ *No charge for 2025-2026 Robins' Grant participants (Richmond City, Chesterfield, and Henrico) or 2025-2026 Cameron Grant participants (Petersburg, Colonial Heights, and South Chesterfield)*
Presented by Cristin McKnight

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Virtual through Zoom
Tuesday, November 18 – 1-2PM
Training Level: Basic | Target Age Group: Program Leaders
Registration: www.vachildcare.com, choose *Training Calendar*, then *Online Trainings*
Cost: Grant funded
Presented by Shannon Cooke

Bad Behavior, or Developmentally Appropriate?

Sam bounces around the room during story time, and Suzy keeps knocking down her friend's tower. What can you do? This training will explore some strategies to help children develop control over their behavior, such as setting limits, establishing routines, staying calm, playing self-control games, modeling stress management, encouraging physical activity and outdoor play, giving a notice of activity change, and engaging the children in your care.

This content aligns with the Behavior Guidance dimension of the Toddler CLASS tool and the Behavior Management dimension of the PreK CLASS tool.

In person at ChildSavers
Saturday, December 6 – 8-10AM
Training Level: Basic | Target Age Group: Toddler/ Preschool
Registration and payment: jmason@childsavers.org
Cost: $25
★ *No charge for 2025-2026 Robins' Grant participants (Richmond City, Chesterfield, and Henrico) or 2025-2026 Cameron Grant participants (Petersburg, Colonial Heights, and South Chesterfield)*
Presented by Joyce Mason

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Virtual through Microsoft Teams
Tuesday, December 9 – 1-2:30PM
Training Level: Basic | Target Age Group: Birth to Five
Registration and payment: cmcknight@childsavers.org
Cost: $15
★ *No charge for 2025-2026 Robins' Grant participants (Richmond City, Chesterfield, and Henrico) or 2025-2026 Cameron Grant participants (Petersburg, Colonial Heights, and South Chesterfield)*
Presented by Cristin McKnight

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Virtual through Microsoft Teams
Wednesday, December 10 – 1-2:30PM
Training Level: Basic | Target Age Group: Birth to Five
Registration and payment: cmcknight@childsavers.org
Cost: $10
★ *No charge for 2025-2026 Robins' Grant participants (Richmond City, Chesterfield, and Henrico) or 2025-2026 Cameron Grant participants (Petersburg, Colonial Heights, and South Chesterfield)*
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In person at ChildSavers
Wednesday, December 10 – 6:30-8PM (Chapter 10/ CDA Cohort 17)
Training Level: Basic | Target Age Group: Birth to Five
Registration and payment: kgarofalo@childsavers.org
Cost: $30
Presented by Koni Garofalo

Director's Forum: Effective Practices for Classroom Management

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Virtual through Zoom
Tuesday, December 16 – 1-2PM
Training Level: Basic | Target Age Group: Program Leaders
Registration: www.vachildcare.com, choose *Training Calendar*, then *Online Trainings*
Cost: Grant funded
Presented by Shannon Cooke

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CHILD DEVELOPMENT CREDENTIAL (CDA)

CDA Seminar: Assembling Your Professional Portfolio Notebook

This workshop will provide step-by-step instructions on to how to complete your CDA Professional Portfolio. The Professional Portfolio is a requirement in completing your CDA.

Not enrolled in our CDA program but still need help with your portfolio? All CDA Candidates who work with children birth to five are welcome to attend!

In person at ChildSavers
Saturday, October 11 – 9-11AM
Training Level: Basic | Target Age Group: Birth to Five
Registration and payment: kgarofalo@childsavers.org
Cost: $30
Presented by Koni Garofalo

CDA Information Session for New Students

A Child Development Associate credential is a nationally recognized credential that will help you strengthen your skills and further your career as an early childhood educator. This informative orientation session will review the process and requirements for earning your CDA through ChildSavers.

Note: ***Attendance is mandatory at an orientation before enrollment can occur.***

Virtual through Microsoft Teams
Wednesday, October 15 – 6:30-7:30PM
Training Level: Basic | Target Age Group: Birth to Five
Registration: kgarofalo@childsavers.org
No cost is associated with this orientation.
Presented by Koni Garofalo

CDA Seminar: Assembling Your Professional Portfolio Notebook

This workshop will provide step-by-step instructions on to how to complete your CDA Professional Portfolio. The Professional Portfolio is a requirement in completing your CDA.

Not enrolled in our CDA program but still need help with your portfolio? All CDA Candidates who work with children birth to five are welcome to attend!

In person at ChildSavers
Saturday, December 6 – 9-11AM
Training Level: Basic | Target Age Group: Birth to Five
Registration and payment: kgarofalo@childsavers.org
Cost: $30
Presented by Koni Garofalo

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CDA Information Session for New Students

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Note: ***Attendance is mandatory at an orientation before enrollment can occur.***

Virtual through Microsoft Teams
Thursday, December 18 – 6:30-7:30PM
Training Level: Basic | Target Age Group: Birth to Five
Registration: kgarofalo@childsavers.org
No cost is associated with this orientation.
Presented by Koni Garofalo

COGNITIVE DEVELOPMENT

Are We Connecting?

This training will explore the concept of teachable moments. Learn what they are and how to use them with the children in your care.

This content aligns with the indicators of the Concept Development and Quality of Feedback dimensions of the Toddler and Pre-K CLASS tools.

Virtual through Microsoft Teams
Wednesday, October 1 – 1-2PM
Training Level: Basic | Target Age Group: Toddler/ Preschool
Registration and payment: jmason@childsavers.org
Cost: $10
★ *No charge for 2025-2026 Robins' Grant participants (Richmond City, Chesterfield, and Henrico) or 2025-2026 Cameron Grant participants (Petersburg, Colonial Heights, and South Chesterfield)*
Presented by Joyce Mason

Infant and Toddler Brain Development and Communication*

This training session will focus on how rich early experiences build young children's minds starting in infancy. Participants will learn how positive and negative experiences affect brain and language development in infants and toddlers.

This content aligns with the indicators of Relational Climate and Teacher Sensitivity in the Infant CLASS tool and Positive Climate in the Toddler CLASS tool.

Virtual through Microsoft Teams
Tuesday, October 14 – 1-2:30PM
Training Level: Basic | Target Age Group: Infants/ Toddlers
Registration: http://bit.ly/3HCvRWr
Cost: Grant funded
Presented by Kristen Lesniak

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All About Small Group

In this training you will learn about the purpose of small group activities, what preparations are needed for a successful group and what type of activities are appropriate for this setting.

Virtual through Microsoft Teams
Thursday, October 30 – 1-2PM
Training Level: Basic | Target Age Group: Toddler/ Preschool
Registration and payment: nabdullah@childsavers.org
Cost: $15
★ *No charge for 2025-2026 Robins' Grant participants (Richmond City, Chesterfield, and Henrico) or 2025-2026 Cameron Grant participants (Petersburg, Colonial Heights, and South Chesterfield)*
Presented by Najiyyah Abdullah

STEM: Baa-rilliant Boat Building

Come aboard this topsy turvy training using the book *Sheepwrecked* by Ashley Belote as a foundation. With many twists, let's see how children can help these lost sheep find ways to make it home from a ruff voyage at sea. Using problem-solving and engineering, science and technology, collaboration and communication, and critical and creative thinking, you will see how easy it is to turn any book into a STEM activity. Come prepared for lots of laughs and hands-on activities.

In-person at ChildSavers
Saturday, December 13 – 8-10AM
Training Level: Basic | Target Age Group: Toddler/ Preschool
Registration and payment: jmason@childsavers.org
Cost: $25
★ *No charge for 2025-2026 Robins' Grant participants (Richmond City, Chesterfield, and Henrico) or 2025-2026 Cameron Grant participants (Petersburg, Colonial Heights, and South Chesterfield)*
Presented by Joyce Mason

Early Math for Infants and Toddlers*

This session will help participants better understand how to incorporate early math concepts such as numbers, measurements, patterns and relationships, and time and sequence into daily routines, activities, and play. Virginia's Early Learning and Development Standards be discussed as a framework for supporting early math learning for infants and toddlers.

Virtual through Microsoft Teams
Friday, December 19 – 1-2:30PM
Training Level: Basic | Target Age Group: Infants/ Toddlers
Registration: https://bit.ly/4oBDGfF
Cost: Grant funded
Presented by Navia Quan

All About Small Group

In this training you will learn about the purpose of small group activities, what preparations are needed for a successful group and what type of activities are appropriate for this setting.

Virtual through Microsoft Teams
Tuesday, December 23 – 1-2PM
Training Level: Basic | Target Age Group: Toddler/ Preschool
Registration and payment: nabdullah@childsavers.org
Cost: $15
★ *No charge for 2025-2026 Robins' Grant participants (Richmond City, Chesterfield, and Henrico) or 2025-2026 Cameron Grant participants (Petersburg, Colonial Heights, and South Chesterfield)*
Presented by Najiyyah Abdullah

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CREATIVITY

Creative Development for Young Children

This workshop will help teachers of children ages birth to five learn about the development of creativity in young learners. We will discuss the importance of the arts in classrooms, as well as how teachers can use a variety of developmentally appropriate learning experiences and teaching strategies to promote and foster creativity.

In-Person at ChildSavers
Wednesday, October 8 - 6:30-8PM (Chapter 8/ CDA Cohort 17)
Training Level: Basic | Target Age Group: Birth to Five
Registration and payment: kgarofalo@childsavers.org
Cost: $30
Presented by Koni Garofalo

Creative Development for Young Children

This workshop will help teachers of children ages birth to five learn about the development of creativity in young learners. We will discuss the importance of the arts in classrooms, as well as how teachers can use a variety of developmentally appropriate learning experiences and teaching strategies to promote and foster creativity.

Virtual through Microsoft Teams
Tuesday, November 11 - 6:30-8PM (Chapter 8/ CDA Cohort 18)
Training Level: Basic | Target Age Group: Birth to Five
Registration and payment: kgarofalo@childsavers.org
Cost: $30
Presented by Koni Garofalo

Utilizing Loose Parts

There are many connections between the fingertips and the brain. Utilizing loose parts in the early childhood classroom not only builds children's brains but can be fun. In this workshop we will define *loose parts* and discuss how teachers can facilitate learning as children play with open ended materials.

In person at ChildSavers
Saturday, November 22 – 9-10:30AM
Training Level: Basic | Target Age Group: Birth to Five
Registration and payment: kgarofalo@childsavers.org
Cost: $20
★ *No charge for 2025-2026 Robins' Grant participants (Richmond City, Chesterfield, and Henrico) or 2025-2026 Cameron Grant participants (Petersburg, Colonial Heights, and South Chesterfield)*
Presented by Koni Garofalo

HEALTH AND NUTRITION

Establishing Healthy Habits for Young Children

This workshop will help childcare teachers of children birth to five provide an environment that promotes health and prevents illness. It will also help you teach children about good nutrition and practices that promote wellness.

Virtual through Microsoft Teams
Tuesday, October 21 – 6:30-8PM (Chapter 2/ CDA Cohort 20)
Training Level: Basic | Target Age Group: Birth to Five
Registration and payment: kgarofalo@childsavers.org
Cost: $30
Presented by Koni Garofalo

Nature Connections

Humans, including young children, need to connect with the natural world. In this workshop, teachers of young children will discuss the benefits of spending time outside and using natural materials. We will discuss the nature of play and how teachers can support outdoor experiences and incorporate nature based activities into indoor play.

Virtual through Microsoft Teams
Saturday, November 8 – 9-10:30AM
Training Level: Basic | Target Age Group: Birth to Five
Registration and payment: kgarofalo@childsavers.org
Cost: $15
★ *No charge for 2025-2026 Robins' Grant participants (Richmond City, Chesterfield, and Henrico) or 2025-2026 Cameron Grant participants (Petersburg, Colonial Heights, and South Chesterfield)*
Presented by Koni Garofalo

Establishing Healthy Habits for Young Children

This workshop will help childcare teachers of children birth to five provide an environment that promotes health and prevents illness. It will also help you teach children about good nutrition and practices that promote wellness.

Virtual through Microsoft Teams
Wednesday, December 3 – 6:30-8PM (Chapter 2/ CDA Cohort 21)
Training Level: Basic | Target Age Group: Birth to Five
Registration and payment: kgarofalo@childsavers.org
Cost: $30
Presented by Koni Garofalo

INDEPENDENT BOOK STUDIES

How to Talk So Little Kids Will Listen

This independent book study will give you strategies to help you listen to children's emotions, and, when replying to them, describe what they are feeling and why they're feeling it. It's the trick to better communication for everyone. Rather than telling someone why they shouldn't feel that way, or skipping straight to fixing the problems, simply telling someone that you see how they're feelings works wonders. Come explore many other strategies to help support young children's behavioral development.

A certificate for eight hours of professional development will be issued upon completion of the book study assignments.

Participants must purchase the book on their own in addition to the cost of the book study: *How to Talk So Little Kids Will Listen* by Joanna Faber and Julie King, ISBN 978-1-5011-3163-9.

Independent Study
Completed coursework is due 8 weeks after receipt of assignments.
Training Level: Basic | Target Age Group: Toddler/ Kindergarten
Registration and payment: jmason@childsavers.org
Cost: $50 (plus the purchase of book)
Facilitated by Joyce Mason

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Loose Parts: Inspiring Play in Young Children

This independent book study will encourage teachers to examine their classroom through the lens of open-ended play. *Loose Parts: Inspiring Play in Young Children* will show teachers that the best way to enhance their student's curiosity is to introduce a wide variety of materials referred to as "loose parts" into their play setting.

A certificate for eight hours of professional development will be issued upon completion of the book study assignments.

Participants must purchase the book on their own in addition to the cost of the book study: *Loose Parts: Inspiring Play in Young Children* by Lisa Daly and Miriam Beloglovsky, ISBN 978-1-60554-274-4.

Independent Study
Completed coursework is due 8 weeks after receipt of assignments.
Training Level: Basic | Target Age Group: Birth to Five
Registration and payment: kgarofalo@childsavers.org
Cost: $50 (plus the purchase of book)
Facilitated by Koni Garofalo

A Can of Worms: Fearless Conversations with Toddlers

This independent book study will support teachers through the "big questions" children ask of them. Teachers will learn ways to engage with children and ask follow up questions in a way that allows for an understanding of how the child is thinking. Teachers will learn to rethink their perspectives in regard to toddlers' thought processes.

A certificate for eight hours of professional development will be issued upon completion of the book study assignments.

Participants must purchase the book on their own in addition to the cost of the book study: *A Can of Worms: Fearless Conversations with Toddlers* by Nick Terrones, ISBN 978-0-942702-70-5.

Independent Study
Completed coursework is due 8 weeks after receipt of assignments.
Training Level: Basic | Target Age Group: Birth to Five
Registration and payment: kgarofalo@childsavers.org
Cost: $50 (plus the purchase of book)
Facilitated by Koni Garofalo

LANGUAGE DEVELOPMENT

Promoting Life Skills: Infants and Toddlers*

Early interactions and relationships with caring adults help to shape the brains of infants and toddlers and set the tone for building life skills. Effective communication skills and how we meet the needs of infants and toddlers is critical to their health and well-being. In this session, we will discuss and practice ways to promote communication and enhance responsive interactions with infants and young toddlers.

This content aligns with the Relational Climate and Teacher Sensitivity dimensions of the Infant CLASS tool and the Positive Climate and Teacher Sensitivity dimensions of the Toddler CLASS tool.

Virtual through Microsoft Teams
Wednesday, October 1 – 1-2:30PM
Training Level: Basic | Target Age Group: Infants/ Toddlers/ Twos
Registration: https://bit.ly/4mGZ2Xa
Cost: Grant funded
Presented by Ashley Pearce

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Communication and Language Development

This workshop will help teachers of children ages birth to five learn to use a variety of developmentally appropriate learning experiences and teaching strategies to promote children's language and early literacy skills as well as help children to communicate their thoughts verbally and nonverbally.

Virtual through Microsoft Teams
Tuesday, October 7 - 6:30-8PM (Chapter 6/ CDA Cohort 18)
Training Level: Basic | Target Age Group: Birth to Five
Registration and payment: kgarofalo@childsavers.org
Cost: $30
Presented by Koni Garofalo

Talk, Talk, Talk, and More Talk

Let your voice be heard! That is, let us use language to model these important concepts for children:

1. Model exactly
2. Break it down
3. Build it up

This content aligns with the Language Modeling dimension of the PreK CLASS tool.

Virtual through Microsoft Teams
Monday, October 27 - 6-7PM
Training Level: Basic | Target Age Group: Birth to Five
Registration and payment: jmason@childsavers.org
Cost: $20
★ *No charge for 2025-2026 Robins' Grant participants (Richmond City, Chesterfield, and Henrico) or 2025-2026 Cameron Grant participants (Petersburg, Colonial Heights, and South Chesterfield)*
Presented by Joyce Mason

Let's Get Talking

This workshop will discuss ages and stages as they related to language development, and how to use interaction strategies to support this important skill.

This content aligns with the Language Modeling dimension of the PreK and Toddler CLASS tools, and the Early Language Support dimension of the Infant CLASS tool.

Virtual through Microsoft Teams
Thursday, November 6 – 1-2PM
Training Level: Basic | Target Age Group: Birth to Five
Registration and payment: cmcknight@childsavers.org
Cost: $10
★ *No charge for 2025-2026 Robins' Grant participants (Richmond City, Chesterfield, and Henrico) or 2025-2026 Cameron Grant participants (Petersburg, Colonial Heights, and South Chesterfield)*
Presented by Cristin McKnight

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Does Sign Language Promote Language Development in Infants and Toddlers?

There has been much research on using sign language with infants and toddlers. Let's debunk the notion that it hurts their development, and explore why it helps young children in the growth and development of verbal and non-verbal language skills.

Virtual through Microsoft Teams
Wednesday, November 12- 6-7:30PM
Training Level: Basic | Target Age Group: Birth to Five
Registration and payment: jmason@childsavers.org
Cost: $15
★ *No charge for 2025-2026 Robins' Grant participants (Richmond City, Chesterfield, and Henrico) or 2025-2026 Cameron Grant participants (Petersburg, Colonial Heights, and South Chesterfield)*
Presented by Joyce Mason

Let's Get Talking

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This content aligns with the Language Modeling dimension of the PreK and Toddler CLASS tools, and the Early Language Support dimension of the Infant CLASS tool.

Virtual through Microsoft Teams
Tuesday, December 2 – 1-2PM
Training Level: Basic | Target Age Group: Birth to Five
Registration and payment: cmcknight@childsavers.org
Cost: $10
★ *No charge for 2025-2026 Robins' Grant participants (Richmond City, Chesterfield, and Henrico) or 2025-2026 Cameron Grant participants (Petersburg, Colonial Heights, and South Chesterfield)*
Presented by Cristin McKnight

LEARNING ENVIRONMENT

Supportive Environments for Infants, Toddlers, and Twos*

Infants, toddlers, and twos are curious, capable, and competent at each developmental stage. Caregivers who create nurturing environments enhance a young child's physical growth, social emotional development, and overall sense of well-being. Please join us as we explore how creating secure and supportive environments impacts early learning in young children while allowing for optimal growth and development.

This content aligns with the indicators of Relational Climate in the Infant CLASS tool and Positive Climate in the Toddler CLASS tool.

Virtual through Microsoft Teams
Thursday, October 2 – 6-7:30PM
Training Level: Basic | Target Age Group: Infants/ Toddlers/ Twos
Registration: http://bit.ly/3JIJbz0
Cost: Grant funded
Presented by Kristen Lesniak

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Rattles to Riding Toys: Multiple Ages in Family Care*

This workshop will offer family care providers an opportunity to explore how to best care for infants and toddlers in multi-age environments. Participants will discuss how to arrange environments that offer a range of choices and materials, allow for individual and group activities, are flexible enough to meet the needs of both younger and older children, and will change as the children grow.

This content aligns with the Teacher Sensitivity and Facilitated Exploration dimensions of the Infant CLASS tool and the Teacher Sensitivity, Regard for Child Perspectives, and Facilitation of Learning and Development dimensions of the Toddler CLASS tool.

Virtual through Microsoft Teams
Tuesday, November 18 – 1-2:30PM
Training Level: Basic | Target Age Group: Infants/ Toddlers
Registration: https://bit.ly/45uCaDa
Cost: Grant funded
Presented by Ashley Pearce

New Teachers: Report Here

As a new teacher, learning everything can be overwhelming. In this two-part training, we will talk about the basics to making a smooth transition into the classroom. The Early Learning Development Standards (ELDS), routines, schedules, lesson plans, transitions, and observations will be discussed.

This is an interactive virtual training. Please come prepared with a pen and paper.

Note: ***Attendance is required at both sessions to earn a certificate.***

Virtual through Microsoft Teams
PART 1: Wednesday, November 19 – 1-2PM
PART 2: Thursday, November 20 – 1-2PM
Training Level: Basic | Target Age Group: Preschool
Registration and payment: nabdullah@childsavers.org
★ *No charge for 2025-2026 Robins' Grant participants (Richmond City, Chesterfield, and Henrico) or 2025-2026 Cameron Grant participants (Petersburg, Colonial Heights, and South Chesterfield)*
Presented by Najiyyah Abdullah

Early Childhood Learning Environments

Teachers of children aged birth to five will explore how relationships, the physical space, materials, and the classroom schedule come together to create a supportive learning environment.

Virtual through Microsoft Teams
Tuesday, November 18 – 6:30-8PM (Chapter 3/ CDA Cohort 20)
Training Level: Basic | Target Age Group: Birth to Five
Registration and payment: kgarofalo@childsavers.org
Cost: $30
Presented by Koni Garofalo

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Constructing Developmentally Appropriate Infant and Toddler Activities for Family Day Home Providers*

This training will discuss how infants and toddlers learn. Family Day Home providers will explore the ingredients of learning through play, and how to create learning plans for infants and toddlers based on play. Virginia's Early Learning and Development Standards will be shared as a guide for infant and toddler learning.

This content aligns with the Relational Climate, Teacher Sensitivity, and Facilitated Exploration dimensions of the Infant CLASS tool and the Positive Climate, Regard for Child Perspectives, and Facilitation of Learning and Development dimensions of the Toddler CLASS tool.

Virtual through Microsoft Teams
Monday, November 24 – 1-2:30PM
Training Level: Basic | Target Age Group: Infants/ Toddlers
Registration: https://bit.ly/3Jm6M2v
Cost: Grant funded
Presented by Ashley Pearce

Daily Routines and Classroom Transitions

In this training, we will look at daily routines that are appropriate for preschoolers. We will also look at examples of ineffective vs. effective transitions, and how to strengthen the ones in your classroom.

Virtual through Microsoft Teams
Thursday, December 4 – 1-2PM
Training Level: Basic | Target Age Group: Preschool
Registration and payment: nabdullah@childsavers.org
★ *No charge for 2025-2026 Robins' Grant participants (Richmond City, Chesterfield, and Henrico) or 2025-2026 Cameron Grant participants (Petersburg, Colonial Heights, and South Chesterfield)*
Presented by Najiyyah Abdullah

Constructing Developmentally Appropriate Infant and Toddler Activities for Family Day Home Providers*

This training will discuss how infants and toddlers learn. Family Day Home providers will explore the ingredients of learning through play, and how to create learning plans for infants and toddlers based on play. Virginia's Early Learning and Development Standards will be shared as a guide for infant and toddler learning.

This content aligns with the Relational Climate, Teacher Sensitivity, and Facilitated Exploration dimensions of the Infant CLASS tool and the Positive Climate, Regard for Child Perspectives, and Facilitation of Learning and Development dimensions of the Toddler CLASS tool.

Virtual through Microsoft Teams
Tuesday, December 9 – 1-2:30PM
Training Level: Basic | Target Age Group: Infants/ Toddlers

Registration: https://bit.ly/45uE5aQ

Cost: Grant funded
Presented by Ashley Pearce

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An Overview of the Virginia Early Learning Development Standards

Come learn how to use the ELDS to help you create age-appropriate activities for children birth to five in the following areas: Approaches to Play and Learning • Social and Emotional Development • Communication, Language and Literacy Development • Health and Physical Development • Cognitive Development.

This is an interactive virtual training. Please come prepared with a pen and paper.

This content aligns with Facilitated Exploration dimension of the Infant CLASS tool, the Facilitation of Learning and Development dimension of the Toddler CLASS tool, and the Instructional Learning Formats dimension of the PreK CLASS tool.

Virtual through Microsoft Teams
Friday, December 12 – 1-3PM *(one hour class and one hour of homework)*
Training Level: Basic | Target Age Group: Birth to Five
Registration and payment: nabdullah@childsavers.org
Cost: $25
★ *No charge for 2025-2026 Robins' Grant participants (Richmond City, Chesterfield, and Henrico) or 2025-2026 Cameron Grant participants (Petersburg, Colonial Heights, and South Chesterfield)*
Presented by Najiyyah Abdullah

Special Needs Resource and Referral Process

Did you know that there is a process to refer a child for evaluation if you suspect that the child may need additional supports in the classroom and home? Come to this training to learn your role in the process. You will also leave this training with resources to share with parents.

This content aligns with Teacher Sensitivity, Behavior Management, and Behavior Guidance dimensions of the Toddler and PreK CLASS tools.

Virtual through Microsoft Teams
Tuesday, December 16 – 1-2PM
Training Level: Basic | Target Age Group: Preschool
Registration and payment: nabdullah@childsavers.org
Cost: $10
★ *No charge for 2025-2026 Robins' Grant participants (Richmond City, Chesterfield, and Henrico) or 2025-2026 Cameron Grant participants (Petersburg, Colonial Heights, and South Chesterfield)*
Presented by Najiyyah Abdullah

Infant and Toddler Classroom Environments

This training might be for you if you are an experienced or new Infant and Toddler teacher. This interactive session will review video clips that highlight infant and toddler environments. We will also create an age-appropriate activity for the children in your class and create or update your current classroom schedule.

NOTE: This is an interactive virtual training. Please come prepared with a pen and paper.

Virtual through Microsoft Teams
Thursday, December 18 – 1-2PM
Training Level: Basic | Target Age Group: Infant/ Toddler
Registration and payment: nabdullah@childsavers.org
Cost: $10
★ *No charge for 2025-2026 Robins' Grant participants (Richmond City, Chesterfield, and Henrico) or 2025-2026 Cameron Grant participants (Petersburg, Colonial Heights, and South Chesterfield)*
Presented by Najiyyah Abdullah

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High Quality Music Learning and Morning Circle Time: Supercharging Happy, Healthy Brains*

Understand why using high-quality music learning experiences in your classroom supports your students' brain development and their social-emotional skill development like nothing else can. Learn simple ways to integrate music into your morning routine with your infants and toddlers to maximize their learning and be set up for a successful day together. Leave with a toolbox full of songs, poems, finger plays, and movement activities that you can use in your classroom tomorrow.

This content aligns with the Relational Climate and Facilitated Exploration dimensions of the Infant CLASS tool and the Positive Climate and Facilitation of Learning and Development dimensions of the Toddler CLASS tool.

Virtual through Microsoft Teams
Monday, December 22 – 1-2:30PM
Training Level: Basic | Target Age Group: Infants/ Toddlers
Registration: https://bit.ly/45G6k6P
Cost: Grant funded
Presented by Ashley Pearce

PHYSICAL DEVELOPMENT

Come On, Let's Play

Come prepared for a mini workout to get your heart pumping with inexpensive do-it-yourself activities. Your students will really get a kick out of these learning activities that will cost you next to nothing!

In-person at ChildSavers
Saturday, October 4 – 8-10AM
Training Level: Basic | Target Age Group: Toddler/ Preschool
Registration and payment: jmason@childsavers.org
Cost: $20
★ *No charge for 2025-2026 Robins' Grant participants (Richmond City, Chesterfield, and Henrico) or 2025-2026 Cameron Grant participants (Petersburg, Colonial Heights, and South Chesterfield)*
Presented by Joyce Mason

Physical Development in Young Children

This workshop will inform teachers of children ages birth to five how to use equipment, experiences, and teaching strategies to promote fine motor and gross motor physical development.

Virtual through Microsoft Teams
Tuesday, December 16 – 6:30-8PM (Chapter 4/ CDA Cohort 20)
Training Level: Basic | Target Age Group: Birth to Five
Registration and payment: kgarofalo@childsavers.org
Cost: $30
Presented by Koni Garofalo

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Baby, You Were Born to Move*

Did you know that infants spend more than 60 waking hours per week in high chairs, carriers, swings, and bouncy seats? Unfortunately, this keeps them from being able to move like they need to grow and develop. Even though their movement capabilities are extremely limited when compared with those of a toddler, this session will review why movement experiences may be more important for infants than commonly thought. The challenges of a safe yet active environment will be discussed, and the physical movement of infants within daily routines will be explored. Ways to maximize opportunities for babies to be active will also be shared.

Virtual through Microsoft Teams
Monday, December 29 – 1-2PM
Training Level: Basic | Target Age Group: Infants/ Toddlers
Registration: https://bit.ly/47CqEs2
Cost: Grant funded
Presented by Navia Quan

PROFESSIONAL GROWTH

Professionalism in Early Childhood

This workshop will help teachers of children birth to five learn about implementing professional practices such as research based best practices, high quality services, and utilizing professional development opportunities.

Virtual through Microsoft Teams
Tuesday, October 14 - 6:30-7:30PM (Chapter 13/ CDA Cohort 15)
Training Level: Intermediate | Target Age Group: Birth to Five
Registration and payment: kgarofalo@childsavers.org
Cost: $30
Presented by Koni Garofalo

Voluntary Registration Orientation

Are you or someone you know interested in starting a childcare business in your home? Maybe you already care for children in your home and you're looking to take your business to the next level. Becoming voluntarily registered opens many opportunities for childcare providers. This orientation will explain voluntary registration and review the step-by-step process of becoming a VR provider. Attendees will also have time to ask questions about how this process can benefit them.

This orientation is open only to providers in the following localities: Albemarle (Charlottesville City), Amelia, Nottoway County, Brunswick, Buckingham, Caroline, Charles City, Chesterfield/Chester county, Colonial Heights, Cumberland , Dinwiddie, Emporia, Essex, Fluvanna, Goochland, Greene County, Greensville, Hanover, Henrico, Hopewell, James City, King & Queen, King William (West Point City), Lancaster, Louisa, Middlesex, Nelson County, New Kent, Northumberland, Nottoway County, Orange County, Petersburg, Powhatan, Prince George, Richmond County, Richmond City, Surry, Sussex, and Williamsburg City.

Virtual through Microsoft Teams
Wednesday, October 22 – 1-2PM
Training Level: Basic | Target Age Group: Program Leaders
Registration: https://bit.ly/4lyTvRo
Cost: Grant funded
Presented by Rachel Kurtz

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Unleash Your Potential: Professional Development in Early Childhood Education

Do you want to further your education, but don't know where to start? Do you want to progress in your career, but get overwhelmed by setting goals for professional growth? This informational session will discuss low to no-cost options for your education, as well as how to set goals that will get you on the path for professional success. This session will also allow attendees to ask specific questions about their own professional development.

*NOTE: Certificates will **not** be issued for attendance at this informational session.*

Virtual through Zoom

Tuesday, October 28 – 1-2PM

Training Level: Basic | Target Age Group: Birth to Five

Registration: http://bit.ly/46kO1Eo

Cost: Grant funded

Presented by Cristin McKnight

Professionalism in Early Childhood

This workshop will help teachers of children birth to five learn about implementing professional practices such as research based best practices, high quality services, and utilizing professional development opportunities.

Virtual through Microsoft Teams

Thursday, October 30 - 6:30-7:30PM (Chapter 13/ CDA Cohort 19)

Training Level: Intermediate | Target Age Group: Birth to Five

Registration and payment: kgarofalo@childsavers.org

Cost: $30

Presented by Koni Garofalo

Voluntary Registration Orientation

Are you or someone you know interested in starting a childcare business in your home? Maybe you already care for children in your home and you're looking to take your business to the next level. Becoming voluntarily registered opens many opportunities for childcare providers. This orientation will explain voluntary registration and review the step-by-step process of becoming a VR provider. Attendees will also have time to ask questions about how this process can benefit them.

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Virtual through Microsoft Teams

Tuesday, November 4 – 1-2PM

Training Level: Basic | Target Age Group: Program Leaders

Registration: https://bit.ly/478L5gl

Cost: Grant funded

Presented by Rachel Kurtz

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Strengthening Business Practices for Family Day Homes
Module I: Budget, Projections, and Planning for Family Childcare

The purpose of this training is to strengthen childcare providers' foundational knowledge of fiscal terms, concepts, and practices. It encourages providers to realize the importance of fiscal planning to the sustainability of their business. It provides tips and best practices to help break down fiscal processes into manageable steps.

The target audience for this training is childcare providers with administrative responsibility and a beginner to intermediate understanding of fiscal management.

This session must be taken with *Strengthening Business Practices for Family Day Homes: Module II: Financial Reports and Internal Controls* on Tuesday, November 11 to receive a certificate.

Virtual through Zoom
Monday, November 10 – 1-3PM
Training Level: Intermediate | Target Age Group: Program Leaders
Registration: www.vachildcare.com, choose *Training Calendar*, then *Online Trainings*
Cost: Grant funded
Presented by Rachel Kurtz

Strengthening Business Practices for Family Day Homes
Module II: Financial Reports and Internal Controls

The purpose of this training is to strengthen childcare providers' foundational knowledge of fiscal terms, concepts, and practices. It encourages providers to realize the importance of fiscal planning to the sustainability of their business. It provides tips and best practices to help break down fiscal processes into manageable steps.

This session must be taken with *Strengthening Business Practices for Family Day Homes: Module I: Budgets, Projections, and Planning for Family Childcare* on Monday, November 10 to receive a certificate. Participants must complete Module I to register for Module II.

Virtual through Zoom
Tuesday, November 11 – 1-3PM
Training Level: Intermediate | Target Age Group: Program Leaders
Registration: www.vachildcare.com, choose *Training Calendar*, then *Online Trainings*
Cost: Grant funded
Presented by Rachel Kurtz

Strengthening Business Practices for Family Day Homes
Module III: Marketing Your Program

The purpose of this training is to strengthen childcare providers' foundational knowledge of fiscal terms, concepts, and practices. It encourages providers to realize the importance of fiscal planning to the sustainability of their business. It provides tips and best practices to help break down fiscal processes into manageable steps.

Virtual through Zoom
Wednesday, November 12 – 1-3PM
Training Level: Intermediate | Target Age Group: Program Leaders
Registration: www.vachildcare.com, choose *Training Calendar*, then *Online Trainings*
Cost: Grant funded
Presented by Rachel Kurtz

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Unleash Your Potential: Professional Development in Early Childhood Education

Do you want to further your education, but don't know where to start? Do you want to progress in your career, but get overwhelmed by setting goals for professional growth? This informational session will discuss low to no-cost options for your education, as well as how to set goals that will get you on the path for professional success. This session will also allow attendees to ask specific questions about their own professional development.

*NOTE: Certificates will **not** be issued for attendance at this informational session.*

Virtual through Zoom
Wednesday, December 17 – 1-2PM
Training Level: Basic | Target Age Group: Birth to Five
Registration: http://bit.ly/3K5iHSG
Cost: Grant funded
Presented by Cristin McKnight

PROGRAM MANAGEMENT

Looking to Learn

Making the time for observations of your students is an instrumental resource, but many teachers feel they don't have time or know where to start. This workshop will discuss the benefits of conducting formal student observations, along with some ideas of how to complete a written assessment. Tracking your students' development will empower you to be better in tune with the abilities and needs of the children in your classroom.

Virtual through Microsoft Teams
Tuesday, October 7 – 1-2PM
Training Level: Basic | Target Age Group: Birth to Five
Registration and payment: cmcknight@childsavers.org
Cost: $10
★ *No charge for 2025-2026 Robins' Grant participants (Richmond City, Chesterfield, and Henrico) or 2025-2026 Cameron Grant participants (Petersburg, Colonial Heights, and South Chesterfield)*
Presented by Cristin McKnight

Subsidy Health and Safety Training for Unlicensed Child Day Centers – Parts 1 and 2

This training will provide an overview of the subsidy program inspection requirements for unlicensed child day centers. if you have applied to become a subsidy vendor and are awaiting your inspection by the Office of Child Care Health and Safety, this training will help you understand the inspection requirements and prepare for your upcoming inspection. This training will also support unlicensed child day centers in the process of applying to become a subsidy vendor.

Note: ***This is a two-part training. Attendees must register for and attend both sessions on Tuesday, October 14 and Wednesday, October 15 for credit. You must register for each session separately.***

Virtual through Zoom
PART 1: Tuesday, October 14 – 6:30-8:30PM
PART 2: Wednesday, October 15 – 6:30-8:30PM
Training Level: Basic | Target Age Group: Program Leaders
Registration: www.vachildcare.com, choose Training Calendar, then Online Trainings
Cost: Grant funded
Presented by Patricia Koon

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Director's Forum: Handbooks and Contracts for Family Day Homes

Take a deep dive into the nitty gritty of creating, implementing, and using handbooks and contracts for families in your care. We will look at policies and what important details to include to keep parents most informed.

Virtual through Zoom

Wednesday, October 15 – 1-2PM

Training Level: Basic | Target Age Group: Program Leaders

Registration: www.vachildcare.com, choose Training Calendar, then Online Trainings

Cost: Grant funded

Presented by Rachel Kurtz

Supporting Children's Development through Program Management

In this workshop, teachers of young children will learn how to utilize various forms of observation, documentation, and planning to support children's development.

Virtual through Microsoft Teams

Thursday, October 23 – 6:30-8PM (Chapter 12/ CDA Cohort 19)

Training Level: Basic | Target Age Group: Birth to Five

Registration and payment: kgarofalo@childsavers.org

Cost: $30

Presented by Koni Garofalo

Director's Forum: Identifying Quality Child Care

This director's forum will review the components of quality childcare and how to market those features to families in need of care. We will discuss the importance that providing quality childcare means successful outcomes for children, learn strategies to maximize enrollment for your childcare program, and identify what matters to families when they are looking for quality childcare.

Virtual through Zoom

Wednesday, November 5 – 6:30-8PM

Training Level: Basic | Target Age Group: Program Leaders

Registration: www.vachildcare.com, choose Training Calendar, then Online Trainings

Cost: Grant funded

Presented by Patricia Koon

Looking to Learn

Making the time for observations of your students is an instrumental resource, but many teachers feel they don't have time or know where to start. This workshop will discuss the benefits of conducting formal student observations, along with some ideas of how to complete a written assessment. Tracking your students' development will empower you to be better in tune with the abilities and needs of the children in your classroom.

Virtual through Microsoft Teams

Tuesday, November 11 – 1-2PM

Training Level: Basic | Target Age Group: Birth to Five

Registration and payment: cmcknight@childsavers.org

Cost: $10

★ *No charge for 2025-2026 Robins' Grant participants (Richmond City, Chesterfield, and Henrico) or 2025-2026 Cameron Grant participants (Petersburg, Colonial Heights, and South Chesterfield)*

Presented by Cristin McKnight

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Director's Forum: Creating Relationships - It's a Spoonful of Sugar*

Explore how infant and toddler providers can build strong relationships with children during everyday play and routines in the workshop. Strategies will be shared on how program owners and administrators can support providers in creating a positive environment where children feel safe and valued and can enjoy their time exploring and learning.

This content aligns with the indicators of Teacher Sensitivity in the Infant and Toddler CLASS tools.

Virtual through Microsoft Teams
Wednesday, November 12 – 1-2:30PM
Training Level: Basic | Target Age Group: Program Leaders
Registration: http://bit.ly/3UVJCCN
Cost: Grant funded
Presented by Kristen Lesniak

Child Care Subsidy Program Orientation

This orientation session is recommended for individuals/programs interested in the VDSS Subsidy Vendor Program to learn about the application process, all program requirements, and resources available to assist you, such as Child Care Aware of Virginia's technical assistance and training programs, in collaboration with the Virginia Department of Social Services (VDSS).

Note: ***Certificates will not be issued for attendance at this orientation.***

Virtual through Zoom
Wednesday, November 12 – 6:30-8:30PM
Training Level: Basic | Target Age Group: Program Leaders
Registration: www.vachildcare.com, choose *Training Calendar*, then *Online Trainings*
Cost: Grant funded
Presented by Patricia Koon

Director's Forum: Let's Talk Tough Topics

In this session, we will discuss ways for directors to prepare for and have difficult conversations with families or staff that include challenging issues.

This content aligns with the SEC Dimensions of Family Engagement and Wellness & Retention.

Virtual through Microsoft Teams
Wednesday, November 19 – 1-2:30PM
Training Level: Basic | Target Age Group: Program Leaders
Registration: http://bit.ly/45pej9j
Cost: Grant funded
Presented by Kristen Lesniak

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Strengthening Business Practices for Center Based Programs
Module I: Budget, Projections, and Planning

This module will cover budgets, projections, and planning. You will learn the process for building a budget and using it for decision making, how to project business costs, generate income, and plan strategically for future goals.

This session must be taken with *Strengthening Business Practices for Center Based Programs: Module II: Financial Reports and Internal Controls* on Wednesday, December 3 to receive a certificate.

Virtual through Zoom

Tuesday, December 2 – 6:30-8:30PM

Training Level: Intermediate | Target Age Group: Program Leaders

Registration: www.vachildcare.com, choose *Training Calendar*, then *Online Trainings*

Cost: Grant funded

Presented by Patricia Koon

Strengthening Business Practices for Center Based Programs
Module II: Financial Reports and Internal Controls

This module will cover how to create financial reports to help you better manage your center's finances, the concept of internal controls, and how they can strengthen your center's financial health.

This session must be taken with *Strengthening Business Practices for Center Based Programs: Module I: Budget, Projections, and Planning* on Tuesday, December 2 to receive a certificate.

Virtual through Zoom

Wednesday, December 3 – 6:30-8:30PM

Training Level: Intermediate | Target Age Group: Program Leaders

Registration: www.vachildcare.com, choose *Training Calendar*, then *Online Trainings*

Cost: Grant funded

Presented by Patricia Koon

Strengthening Business Practices for Center Based Programs
Module III: Marketing Your Program

In this module, you will learn the definition and value of external and internal marketing, how to articulate your program's features and values and how to use them as marketing tools, and how data can inform marketing efforts to better utilize time and money.

Virtual through Zoom

Tuesday, December 9 – 6:30-8:30PM

Training Level: Intermediate | Target Age Group: Program Leaders

Registration: www.vachildcare.com, choose *Training Calendar*, then *Online Trainings*

Cost: Grant funded

Presented by Patricia Koon

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Strengthening Business Practices for Center Based and Family Day Home Programs Module IV: Retaining and Recruiting Staff

In this module, you will learn best practices for recruiting, interviewing, and hiring new employees, a framework for building an effective orientation plan, the components of a staff handbook, and strategies for providing feedback to employees.

Virtual through Zoom

Wednesday, December 10 – 6:30-8:30PM

Training Level: Intermediate | Target Age Group: Program Leaders

Registration: www.vachildcare.com, choose *Training Calendar*, then *Online Trainings*

Cost: Grant funded

Presented by Patricia Koon

RELATIONSHIPS WITH FAMILIES

Working with Families

This course will support teachers of children aged birth to five to engage with and rely on families as partners in the work of educating young children.

Virtual through Microsoft Teams

Thursday, October 9 – 6:30-8PM (Chapter 11/ CDA Cohort 19)

Training Level: Intermediate | Target Age Group: Birth to Five

Registration and payment: kgarofalo@childsavers.org

Cost: $30

Presented by Koni Garofalo

Connecting with Parents of Infants and Toddlers*

During this training, infant & toddler caregivers will understand the importance of building and maintaining relationships with parents, discover potential barriers, and develop strategies to foster family engagement in their programs.

This content aligns with the indicators of Teacher Sensitivity in the Infant CLASS tool and the indicators of Positive Climate in the Toddler CLASS tool.

Virtual through Microsoft Teams

Tuesday, October 28 – 1-2:30PM

Training Level: Basic | Target Age Group: Infants/ Toddlers

Registration: http://bit.ly/45TIAOR

Cost: Grant funded

Presented by Kristen Lesniak

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Nurturing Productive Partnerships with Parents*

This course is designed to enhance the early childhood caregiver's skills and ability to establish positive, productive partnerships with families. The course will identify the principles of effective communication with parents and discuss techniques and strategies for dealing with challenging parent-teacher interactions.

Virtual through Microsoft Teams
Monday, November 3 – 1-2:30PM
Training Level: Basic | Target Age Group: Infants/ Toddlers
Registration: https://bit.ly/4IxykiS
Cost: Grant funded
Presented by Navia Quan

Director's Forum: It Takes a Village: Creating Essential Partnerships for Infants and Toddlers*

Positive partnerships are key to supporting all infants and toddlers. Learning proactive strategies to encourage and strengthen those partnerships and exploring inclusive strategies within them will enhance the quality of those relationships and ultimately benefit the child through the early years.

This content aligns with the Relational Climate dimension of the Infant CLASS tool and the Positive Climate dimension of the Toddler CLASS tool.

Virtual through Microsoft Teams
Tuesday, November 4 – 1-2:30PM
Training Level: Basic | Target Age Group: Program Leaders
Registration: https://bit.ly/3JiHI1T
Cost: Grant funded
Presented by Ashley Pearce

SAFETY

Director's Forum: Active Supervision in Childcare Programs

This forum explores practices and strategies for maintaining constant awareness of children's activities, identifying potential hazards, and preventing injuries or incidents before they occur in a childcare setting. Participants will learn how to plan environments, position themselves effectively, and engage with children. We will identify the six key strategies of active supervision (setting up the environment, positioning, scanning, listening, anticipating, and engaging) and describe how each contributes to preventing harm.

Virtual through Zoom
Wednesday, October 8 – 6:30-8:30PM
Training Level: Intermediate | Target Age Group: Program Leaders
Registration: www.vachildcare.com, choose *Training Calendar*, then *Online Trainings*
Cost: Grant funded
Presented by Patricia Koon

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Emergency Preparedness for Childcare Programs

In this training, you will learn the requirements for early childhood programs operating in Virginia, how to identify threats that face your program, the importance of having an emergency preparedness plan and how to create one specific to your program, the differences between evacuation, shelter in place, and lockdowns, and when to implement each procedure, essential supplies to have on hand, and how to effectively communicate with children, families, and staff during and after an emergency.

In person at Mechanicsville Branch Library, 7461 Sherwood Crossing Place, Mechanicsville, VA 23111

Saturday, October 25 – 10:30AM-12:30PM

Training Level: Intermediate | Target Age Group: Program Leaders

Registration: www.vachildcare.com, choose *Training Calendar*, then *Online Trainings*

Cost: Grant funded

Presented by Patricia Koon

Best Practices in Classroom Safety

This workshop will inform teachers of children ages birth to five how to provide a safe environment and teach children safe practices to prevent and reduce injuries.

In person at ChildSavers

Wednesday, November 5 - 6:30-8PM (Chapter 1/ CDA Cohort 21)

Training Level: Intermediate | Target Age Group: Birth to Five

Registration and payment: kgarofalo@childsavers.org

Cost: $30

Presented by Koni Garofalo

SOCIAL-EMOTIONAL

Helping Children Learn to be a Part of a Group

This workshop will support teachers of children ages birth to five about helping children function in a group, expressing feelings, and promoting social skills like making friends and demonstrating respect.

Virtual through Microsoft Teams

Thursday, October 2 – 6:30-8PM (Chapter 9/ CDA Cohort 19)

Training Level: Basic | Target Age Group: Birth to Five

Registration and payment: kgarofalo@childsavers.org

Cost: $30

Presented by Koni Garofalo

Trauma and Its Impact on Infants and Toddlers*

Research shows that trauma and adverse childhood experiences can have long term effects on the social emotional development of infants and toddlers. This training session will explore this relationship and how to foster hope and support for the infants and toddlers in your care.

This content aligns with the indicators of Teacher Sensitivity in the Infant CLASS tool and Toddler CLASS tool.

Virtual through Teams

Wednesday, October 8 – 1-2:30PM

Training Level: Basic | Target Age Group: Infants/ Toddlers

Registration: http://bit.ly/3JoTe6w

Cost: Grant funded
Presented by Kristen Lesniak

Promoting Resilience through Activities, Routines, and Experiences

Every interaction with a child is an opportunity to nurture their unique characteristics, culture, and development. Come learn and share ideas to help promote their resilience.

In person at ChildSavers
Saturday, October 18 – 8:30-10AM
Training Level: Basic | Target Age Group: Birth to Five
Registration and payment: jmason@childsavers.org
Cost: $20
★ *No charge for 2025-2026 Robins' Grant participants (Richmond City, Chesterfield, and Henrico) or 2025-2026 Cameron Grant participants (Petersburg, Colonial Heights, and South Chesterfield)*
Presented by Joyce Mason

Expanding Children's Worlds through Books

Teachers of toddlers and preschoolers can use books as a way to introduce children to the larger world. Young children need to both feel seen and learn beyond themselves, and books can help. In this training, teachers of young children will explore the concepts of mirror and window books and receive hands-on experiences with a variety of titles.

Virtual through Microsoft Teams
Saturday, October 18 – 9-10:30AM
Training Level: Basic | Target Age Group: Birth to Five
Registration and payment: kgarofalo@childsavers.org
Cost: $30
★ *No charge for 2025-2026 Robins' Grant participants (Richmond City, Chesterfield, and Henrico) or 2025-2026 Cameron Grant participants (Petersburg, Colonial Heights, and South Chesterfield)*
Presented by Koni Garofalo

Building Relationships with Children*

Participants will be provided with concrete, easy-to-implement strategies to create and maintain their relationships with children while addressing challenging behaviors. These will help children build skills and learn new ways of interacting with the people and world around them.

This content aligns with the Relational Climate and Teacher Sensitivity dimensions of the Infant CLASS tool and the Positive Climate and Teacher Sensitivity dimensions of the Toddler CLASS tool.

Virtual through Microsoft Teams
Tuesday, October 21 – 1-2:30PM
Training Level: Basic | Target Age Group: Infants/ Toddlers/ Twos
Registration: https://bit.ly/4mISmaV
Cost: Grant funded
Presented by Ashley Pearce

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Developing Resilient Infants and Toddlers*

While trauma could cause lifelong mental health challenges, resilience has been proven to support infant and toddler mental health. We will define what resilience is and what it is not. We will discuss seven practical ways to build and strengthen infants and toddlers' capacity for resilience.

This content aligns with the indicators of Relational Climate in the Infant CLASS tool and Facilitation of Learning and Development in the Toddler CLASS tool.

Virtual through Microsoft Teams
Thursday, October 23 – 6-7:30PM
Training Level: Basic | Target Age Group: Infants/ Toddlers
Registration: http://bit.ly/4mixibD
Cost: Grant funded
Presented by Kristen Lesniak

Basics of Trauma Informed Care for Childcare Providers

In this training, you will learn what being a trauma informed classroom teacher can be, the behaviors associated with childhood trauma, and strategies to assist you with these behaviors.

Virtual through Microsoft Teams
Tuesday, October 28 – 1-2PM
Training Level: Basic | Target Age Group: Birth to Five
Registration: http://bit.ly/4mrxPlj
Cost: Grant funded
Presented by Shannon Cooke

Teaching Culturally Responsive Anti-Bias Activities to Young Children

Come explore the rewards of culturally responsive education for all children in your care. We will have discussions around building a true sense of self in children from all cultures to create a sense of belonging, as well as share resources you can use in the classroom, such as games and songs.

Virtual through Microsoft Teams
Wednesday, November 5 - 6-7:30PM
Training Level: Basic | Target Age Group: Birth to Five
Registration and payment: jmason@childsavers.org
Cost: $15
★ *No charge for 2025-2026 Robins' Grant participants (Richmond City, Chesterfield, and Henrico) or 2025-2026 Cameron Grant participants (Petersburg, Colonial Heights, and South Chesterfield)*
Presented by Joyce Mason

Helping Children Learn to be a Part of a Group

This workshop will support teachers of children ages birth to five about helping children function in a group, expressing feelings, and promoting social skills like making friends and demonstrating respect.

Virtual through Microsoft Teams
Wednesday, November 12 (Chapter 9/ CDA Cohort 17)
Training Level: Basic | Target Age Group: Birth to Five
Registration and payment: kgarofalo@childsavers.org
Cost: $30
Presented by Koni Garofalo

I Need Time to Think and Time to Calm Down

Come explore ways a cozy corner can help children solve problems, process emotions, and develop social-emotional skills like self-awareness, acknowledgement of feelings, and self-soothing.

In-person at ChildSavers

Saturday, November 15- 8:30-10AM

Training Level: Basic | Target Age Group: Toddler/ Preschool

Registration and payment: jmason@childsavers.org

Cost: $15

★ *No charge for 2025-2026 Robins' Grant participants (Richmond City, Chesterfield, and Henrico) or 2025-2026 Cameron Grant participants (Petersburg, Colonial Heights, and South Chesterfield)*

Presented by Joyce Mason

Young Children and Their Sense of Self

This workshop will support teachers of children ages birth to five to understand the emotional development of infants, toddlers, and preschoolers, ways to develop and promote a child's positive sense of self, and strategies to guide children in self-expression.

Virtual through Microsoft Teams

Tuesday, December 9 - 6:30-8PM (Chapter 8/ Cohort 18)

Training Level: Basic | Target Age Group: Birth to Five

Registration and payment: kgarofalo@childsavers.org

Cost: $30

Presented by Koni Garofalo

Teaching Culturally Responsive Anti-Bias Activities to Young Children

Come explore the rewards of culturally responsive education for all children in your care. We will have discussions around building a true sense of self in children from all cultures to create a sense of belonging, as well as share resources you can use in the classroom, such as games and songs.

Virtual through Microsoft Teams

Wednesday, December 17 – 6-7PM

Training Level: Basic | Target Age Group: Toddler/ Preschool

Registration and payment: jmason@childsavers.org

Cost: $10

★ *No charge for 2025-2026 Robins' Grant participants (Richmond City, Chesterfield, and Henrico) or 2025-2026 Cameron Grant participants (Petersburg, Colonial Heights, and South Chesterfield)*

Presented by Joyce Mason

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INFORMATION ABOUT OUR TRAINING

• For training associated with a fee, payment is due at the time of registration.

• For your convenience, payments can now be made through **Stripe** in addition to credit card, check, and money order.
• In-person training will be held at **ChildSavers, 200 N. 22nd St., Richmond, VA**, unless otherwise noted. Space is limited, so early registration is encouraged!

• Workshops will begin at their scheduled times. Please arrive on time for both in-person and virtual sessions.

• Email training@childsavers.org with questions about or assistance with all training in this schedule.

• Interested in training for your team? The Child Development Services team is pleased to offer in-person training exclusively for your staff's professional development. Cost is based on the length of training and number of attendees. A 45-day advance notice is appreciated for all requests. Email training@childsavers.org for more information.

• For specific questions about or assistance with trainings related to the **CDA program**, please email CDA@childsavers.org.

• For specific questions about or assistance with trainings funded by **Child Care Aware of Virginia**, please email childcareaware@childsavers.org

• For specific questions about or assistance with trainings funded by **Virginia Infant Toddler Specialist Network**, please email VAITSNCentral@childsavers.org.

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** Training presented by Virginia Infant Toddler Specialist Network is intended for programs participating in Virginia Quality Birth to Five (VQB5).*

• A three-business day advance notice is required for requests for refunds, which will be reviewed at our discretion. All other requests for refunds will be examined on a case-by-case basis. CLASS Observer and Intro to CLASS training payments are not refundable.

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NEW! REQUIREMENTS FOR VIRTUAL TRAINING

• Capacity to connect to Microsoft Teams or Zoom with a web camera and microphone is required for participation in our virtual sessions.

• Virtual workshops will begin at their scheduled times. It is at the discretion of the presenter to grant course access to participants who are more than five minutes late.

• To receive a certificate of attendance, participants are asked to keep their cameras on for the first and last 10 minutes of the training. This will ensure that the presenter is able to acknowledge your presence at the workshop.

• Certificates may not be issued to attendees at virtual training who do not supply their names, emails, and program names when requested. Please make note of this if individuals from one program are attending a virtual training as a group.

• Please ensure that you have allotted time to attend our virtual training. For your safety, participants who are driving or attending to other matters may be asked to leave the session, or may not receive a certificate of attendance.

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