NORTHERN VIRGINIA

Find a local food pantry through the Federation of Virginia Food Banks.

Free Legal Immigration consultations (for Arlington County Residents only) *
Legal Aid Justice Center
6402 Arlington Boulevard Suite 1130, Fall church VA 22042
Tuesdays afternoon- Call 703-778-3450

Inova Loudoun Hospital Mobile Health Services
July 1, 7, 14, 15, 16, 21, 23 and 26, different locations
* Inova will be providing countywide blood pressure screenings at a variety of locations during the month of July. The screenings are free. For further information call the Mobile Health hotline at 703-858-8818 or visit www.inova.org/mobilehealth.

Fredericksburg DSS in the Community*
Central Rappahannock Regional Library
1201 Caroline St, Fredericksburg VA 22401
July 8 and 22, 10 AM to 12 PM

Community Block Party – Child Health & Dental Wellness Day
Galilee United Methodist Church
45425 Winding Road Sterling, VA 20165
July 10, 5 PM – details.

Immigration Legal Services
Just Neighbors & Free Clinic Culpeper
610 Laurel St STE 3, Culpeper, VA 22701
July 13th and Wednesday July 22nd.
No appointment needed- walk in- open to community.
See flyer Spanish – Questions? Call 540 829-5032

Virtual English Conversations*

Central Rappahannock Regional Library

July 14, 1 PM to 2 PM – Virtual

Winchester / Shenandoah Valley VA-PLA Networking Luncheon

Virginia PLA

Paladin Downtown

31 East Piccadilly Street, Winchester VA 22601

July 16, 12:30 PM

* The Virginia PLA (Professional Liaison Association) is a place to share news, events, programming updates, resources and connect with colleagues who work in Behavioral Health and Substance Use Disorders.

Feast and Fest (Free Dinner & Summer Celebration)

Georgetown South Community Council

9444 Taney Road Manassas, VA 20110

July 18, 5:30 PM

FREE English Classes for Beginning Level Adults

English Empowerment Center

Culmore United Methodist

3400 Charles St, Falls Church, VA 22041

Until July 22, Monday & Wednesday, 10:30 AM-12:30 PM

*No registration required. Start anytime!

Pediatrics Health Fair

Inova Cares

Inova Care Falls Church

July 25, 9 AM to 1 PM

*Medicaid or Uninsurance Kids only. No walks in allowed, must bring vaccine records, call for appointment 703-6982550

English and Spanish flyers

Restoring Hope 2026 **FREE BACK TO SCHOOL EVENT**

Real Life Church

C.D. Hylton High School

14051 Spriggs Road Woodbridge, VA 22193

July 25, 10 AM

Backpack Giveaway
Yowell Meadow Park
N Blue Ridge Ave, Culpeper, VA 22701
July 25, 12 PM to 3 PM

Family Fun Day Summer Bash
Generations Central Adult Day Center
318 S West St, Culpeper, VA, Virginia
July 25, 2 PM to 4 PM

Festival Peruano
Prince William County Fairground
10624 Dumfries Road Manassas, VA 20112
July 26, 11 AM

Domestic and Sexual Violence Services (DSVS) Training
Preventing Homicide: Responding to Non-Fatal Strangulation
Inova Center for Personalized Health Conference Center
8100 Innovation Park Drive Fairfax, VA 22031
July 29, 8 AM to 4 PM

Virginia 2026 Dual Language Leadership Institute
VADLEN
Skyview High School
2949 Education Dr, Herndon, VA 20171
July 30, 8:30 AM - 3:30 PM
*Cost $45 Breakfast and lunch are included in your registration fee. Registration.

AccessAbility Fairfax: Navigating Fairfax Services Together
Fairfax County Government Center
12000 Government Center Pkwy Fairfax, VA 22035
July 30, 10 AM to 1 PM
* FREE in-person event for people with disabilities and their families.
Qualifying attendees can enter to win a $50 transportation gift card- limited availability!
Learn more and pre-register: https://bit.ly/AccessAbilityFairfax
Available flyers Korean, English, Spanish

Carnaval and Fair
Feria y Festival
Fairfax county
Frying Pan Farm park
2709 West Ox Road, Herndon, VA 20171
July 30 to August 2 – Spanish flyer

Back To School BASH
YMCA & Alleghany Highlands Healthy Youth Coalition
Alleghany Highlands YMCA
101 YMCA Way Covington, VA 24426
July 31, 4 PM to 7 PM
*FREE event & Open to the public!

Ongoing services:

No tiene Seguro Medico?/Don't Have Health Insurance? *
CASA
2359 Research, Woodbridge, VA 22192 VA
Monday to Friday – 9 AM to 12 PM – 1 PM to 5 PM
*Services offered: Primary care services, Acute and chronic care, Preventive health screenings Medication access program, Family planning.

Maternal Mental Health Counseling*
The It Takes a Village (ITAV) program, launched by the Virginia Health Care Foundation in 2025, provides vital mental health support for pregnant and postpartum mothers across Virginia. ITAV connects individuals with behavioral health providers **for telehealth and in-person counseling—offered in both English and Spanish. Services are available at low or no cost through participating organizations,** with all locations accepting insurance and offering sliding fee scales for those without coverage.

Arlington County Libraries
Provides programs and events to the following communities in Fairfax County: Rosslyn, Clarendon, Ballston, and Crystal City and others. Check for Calendar Events Here.

Fairfax County Libraries
Provides programs and events to the following communities in Fairfax County: Alexandria, Annandale, Burke, Centerville, Falls Church Fairfax, Great Falls, Herndon, Lorton, McLean, Oakton, Reston, Springfield, and Vienna. Check for Calendar Events Here.

Loudoun County Libraries
Provides programs and events to the following communities in Loudoun County: Ashburn, Aldie, Brambleton, Lansdowne, Leesburg, Lovettsville, Middleburg, Purcellville, Sterling, and others. Check for Calendar Events Here.

Prince William County Libraries
Provides programs and events to the following communities in Prince William County: Bull Run, Dale City, Dumfries, Haymarket, Lake Ridge, Gainesville, Montclair, Nokesville, Potomac, Quantico, Triangle, Woodbridge and others. Check for Calendar Events Here.

Central Rappahannock Regional Library
Provides programs and events to the following communities in Fredericksburg, Stafford County, Spotsylvania County, and Westmoreland County. Check for Calendar Events Here

Upcoming events:

2026 IMPACTFUL Beginnings Back to School Bash
IMPACT King George
L.E. Smoot Memorial Library
9533 Kings Highway, King George, VA 22485
August 1, 10 AM

Pediatrics Health Fair

Inova Cares

Inova Care Herndon

August 8, 9 AM to 1 PM

*Medicaid or Uninsurance Kids only. No walks in allowed, must bring vaccine records, call for appointment 703-6982550

English and Spanish flyers

Minnie H. Peyton Back to School Event (vendor registration)

5920-A Summers Ln, Falls Church, VA 22041

August 15- *If your agency or organization would like to have a table at the event, please fill out form above. We would like all participating organizations to be able stay for the entire event.

Back to School Community Event

The Learning Experience Potomac Shores

14715 Bristow Road, Manassas, VA 20112

August 15, 11 AM

Back To School Bash/Free event

Macaroni KID Fairfax

Shipgarten

7581 Colshire Drive, McLean, VA 22102

August 16, 11:30 AM

*Free school supplies, resources and more

Festival Salvadoreño 2026

COSALVA

Harris Pavillion

9201 Center St, Manassas VA 20110

August 16, 12 PM to 7 PM - For more information call 571- 602 2595

2026 AROUND THE WORLD CULTURAL FOOD FESTIVAL

Around the World Festival

Oronoco Bay Park

100 Madison St Alexandria, VA 22314

August 29, 11 AM to 7 PM

Fall Family Festival

Disability Resource Center

Fredericksburg Fairgrounds

Sep 19, 11 AM to 4 PM

*Calling for Vendors!

4th Annual Regional Housing Summit

Fredericksburg Expo & Conference Center

2371 Carl D Silver Parkway Fredericksburg, VA 22401

Oct 15, 8 AM

***Cost $40**