

SAVE THE DATE

2026 Joint Mental Health Summit

Elevate & Empower:
Bridging the Gap in Women's Mental Health

TUESDAY, MARCH 24, 2026
8:30 AM - 3:45 PM

In-Person:
Macon & Joan Brock Virginia Health Sciences at ODU
Waitzer Hall, Room 200
Norfolk, VA 23507

Virtual:
Streamed via Zoom Platform

Registration will open soon.

For more information, view the event page or contact the Brock Institute:

https://2026JMHS.eventbrite.com

BrockInstitute@odu.edu

ABOUT THE SUMMIT:

First established in 2014, the need for an annual summit grew out of frustrations with inefficiencies in the delivery of effective psychiatric services and the desire to discover and correct the reasons for these inefficiencies. The annual Joint Mental Health Summit brings together state and regional leaders, community member, clinical workforce and academics to address critical gaps in mental health access, support and resources.

SUMMIT OBJECTIVES:

1. Recognize gender-specific challenges and obstacles for women to pursue mental and behavioral health services such as unique clinical presentations, adverse childhood experiences, and societal expectations and responsibilities.
2. Define systemic barriers for women accessing behavioral health treatment and support programs including stigma, provider workforce shortages, fragmented care delivery systems, and sociocultural factors such as family caregiver needs, and lack of culturally sensitive care.
3. Examine evidence-based approaches to engage women in the awareness and education of mental wellbeing, symptoms of mental illness, and effective strategies to access behavioral health support programs and treatment services.

This activity has been approved for *AMA PRA Category 1 Credit*™.

Macon & Joan Brock Virginia Health Sciences M. Foscue Brock Institute for Community & Global Health at Old Dominion University
Macon & Joan Brock Virginia Health Sciences Counseling & Art Therapy at Old Dominion University
Old Dominion University | Norfolk State University Joint School of Public Health
Bon Secours
CHKD
DBHDS Virginia Department of Behavioral Health and Developmental Services
Hampton VA Medical Center
NAMI Coastal Virginia National Alliance on Mental Illness
Sentara
the UP center SINCE 1883
Virginia Department of Veterans Services www.dvs.virginia.gov