SOUTHWEST VIRGINIA

Find a local food pantry through the Federation of Virginia Food Banks.

Legal Aid Presentation - Renter's Rights and Housing Issues
VLAS
J. Robert Jamerson Memorial Library
157 Main Street Appomattox, VA, 24522
Feb 4, 2:00 PM
*****Representatives from VLAS will present information on this common legal issue including general guidelines, applicable eligibility, and helpful tools.

Nonprofit Networking Event
Dan River Nonprofit Network
SOVA Innovation Hub
715 Wilborn Avenue, South Boston, VA 24592
Feb 5, 12 PM

Legal Aid Workshop - Common Court Forms
VLAS
Ruby B. Archie Library
511 Patton Street, Danville, VA 24541
Feb 10, 1 PM
*Registration is required. Visit readdanvilleva.org or call 434-799-5195.

RAFT: Dickenson County Navigator Roundtable
Dickenson County
Clintwood Community Center
248 E Main St, Clintwood, 24228, VA
Feb 10, 5:30 PM
* Please join us for supper and fellowship as we discuss the creation of a Community Navigator position to better connect our residents with services, supports, and opportunities that serve our county. This conversation will bring together neighbors, local leaders, service providers, and anyone who cares about strengthening Dickenson County. Flyer. Registration link here.

RAFT: Dickenson County Navigator Roundtable

Dickenson County

Clinchco Community Center

210 Clinchco Main St, Clinchco, 24228 VA

Feb 11, 5:30 PM

* Please join us for supper and fellowship as we discuss the creation of a Community Navigator position to better connect our residents with services, supports, and opportunities that serve our county. This conversation will bring together neighbors, local leaders, service providers, and anyone who cares about strengthening Dickenson County. Flyer. Registration link here.

Community Resource Event

VLAS

Park View Community Mission

2420 Memorial Avenue, Lynchburg, VA,

Feb 12, 9:30 AM to 10:30 AM

*Representatives from VLAS staff will be on site the 2nd Thursday of every month to offer legal resources and provide information on our services.

Legal Aid Workshop - Protective Orders

VLAS

Miller Center, Rm 306

301 Grove Street Lynchburg, VA, 24501

February 12, 1 PM

* In Partnership with the Lynchburg Public Library representatives from VLAS will present information on this common legal issue including general guidelines, applicable eligibility, and helpful tools.

Free Kids Dental Clinic

Mountain Empire Community College (MECC), St. Mary's Health Wagon

Ownes's and Hills Dental Clinic

5628 Patriot Dr, Wise, VA 24293

Feb 17, more details call 276-221-6055. Available flyer

*Providing free dental care, education, and preventive services to children in our community.

REVIVE! Learn How to Reverse an Opioid Overdose (In-Person)
Roanoke City and Alleghany Health District
Roanoke City Health Department - Virginia Department of Health
1502 Williamson Road Northeast #2nd Floor Roanoke, VA 24012
Feb 17, 5:30 PM to 7 PM
*Learn how to save a life! This class will teach you how to recognize and respond to an opioid overdose with naloxone.

Trauma Basics Training
Roanoke Vally TICN
Feb 18, 10:30 - Virtual

"It Takes a Village" Parent support Group Workshop "Addiction recovery & setting health boundaries"
YMCA Powerhouse & Partners
204 Town Square St, Glade Spring, VA 24340
Feb 19, 12 PM, every Third Thursday
Registration Here

Teen Connections Peer Health Leadership Program
Feb 19 – May 7 On Zoom - 5:30–7:00 PM
*This FREE program is open to middle and high school students, and participants who complete the program graduate as Peer Educators—a great resume booster—and earn a $100 stipend thanks to funding from the Virginia Department of Health. Please share this opportunity with youth and families in your community!
Available flyer English and Spanish

Lunar New Year Celebration
Local Colors
Taubman Museum of Art
110 Salem Avenue Southeast, Roanoke, VA, 24011
February 21, 12:00 PM 2:00 PM

CPR Class
Green Ridge Recreation Center
7415 Wood Haven Road, Roanoke, VA 24019
Feb 21, 9 AM

Casa Latina Red de Salud/Health Network
Casa Latina Roanoke
Feb 24, 1 PM – Virtual- Join the meeting here
*For more information reach out to Malinda at casalatinarv@gmail.com

The Gathering
FIVE18 Family Services
Compassion Church of the Nazarene- Children's Worship Center
1737 Wards Ferry Road, Lynchburg, VA 24502
Feb 25, 12 PM

The Virginia Asian Advisory Board Community Town Hall
VAAB
South County Library
6303 Merriman Rd, Roanoke, VA 24018
Feb 28, 10 AM to 12 PM
*This is an open, community-focused event — ALL are welcome to attend, listen, share, and engage.

Other ongoing services and resources:

Maternal Mental Health Counseling
Health Brigade
The It Takes a Village (ITAV) program, launched by the Virginia Health Care Foundation in 2025, provides vital mental health support for pregnant and postpartum mothers across Virginia. ITAV connects individuals with behavioral health providers **for telehealth and in-person counseling—offered in both English and Spanish. Services are available at low or no cost through participating organizations,** with all locations accepting insurance and offering sliding fee scales for those without coverage. Flyer.

Citizen Recovery Program (CRP)
Hurricane Helene and Winter Storm Jett
The United Way of Southwest Virginia's Citizen Recovery Program (CRP) application is only for disaster assistance needs related to Hurricane Helene and Winter Storm Jett. Immediate needs qualify as short-term financial assistance such as: rent and utility assistance, food assistance, assistance with replacing vital documents, personal property replacement, etc. For more details and eligibility. Here. Available flyer.

PowerHouse YMCA Parenting programs (Free)
YMCA Powerhouse & Partners
204 Town Square St, Glade Spring, VA 24340
Different dates and times check flyer here

Health Wagon Mobile Clinics
Different Locations. Calendar scheduled and services Here
* The Health Wagon visits sites in Southwest Virginia's Buchanan, Dickenson, Lee, Russell, Scott, and Wise counties on a weekly basis.

Do you need Insurance? Medical, Dental and Vision
The Health Wagon
Find assistance Southwest: Application for Medicaid, Denials or Renewals
Call Megan Clark Medicaid Outreach Worker 276-328-9950 or 276-870-2379 email: mclark@thehealthwagon.org

Upcoming events:

The Future of Talent Summit 2026
Roanoke Regional Partnership, Onward NRV, Roanoke College, ADP, and all area higher education institutions.
Roanoke College, Salem, Virginia
March 5, from 8 AM to 1:30 PM. Check-in begins at 7:30 AM

The Power of Clarity: Unlock Success Through Embedded Transparency
Roanoke Higher Education Center
108 North Jefferson Street, Roanoke, VA 24016
March 19, 9 AM

3rd Annual Problem Gambling & Gaming Prevention Conference
Region III West Wellness Council
Southwest Virginia Higher Education Center
1 Partnership Circle, Abingdon, VA 24210
March 25, 9 AM

LGBTQ+ Health Summit
Roanoke City and Alleghany Health District
Melrose Plaza
2502 Melrose Avenue Northwest, Roanoke, VA 24017
April 17, 8 AM

"Love Shouldn't Hurt" Domestic Violence Conference
Ladies of Vision Ministry
High Street Baptist Church
2302 Florida Avenue Northwest, Roanoke, VA 24017
April 18, 9 AM

Lynchburg Community Academy 2026
DARS
Lynchburg Regional Business Alliance
300 Lucado Place, Lynchburg, VA 24504
April 19, 9 AM
*Join us at Lynchburg Community Academy 2026 to network, share knowledge, and celebrate generations!