Annual Roanoke

MENTAL HEALTH CONFERENCE

ON TRAUMA-INFORMED CARE AND PREVENTION FOR REFUGEES AND IMMIGRANTS

AGENDA

10:00 AM - 10:30 AM	**Registration (30 minutes)** Participants gather, register, and engage in informal networking activities.
10:30 AM - 11:00 AM	**Opening Remarks (30 minutes)** **Belinda Pino,** State Refugee Coordinator with Department Behavioral Health and Development Services **Liliana Penalver,** Sr. Program Consultant & Community Outreach Liaison, Immigrant Services ONA/VDSS **Seyoum Berhe,** Virginia State Refugee Coordinator and Director of Office of New Americans ONA/ VDSS
11:00 AM - 12:00 PM	**Keynote Address (60 minutes)** **Dr. Oswaldo Moreno, VCU,** "The Behavioral Health Needs of Immigrant Communities in Virginia"
12:00 PM - 12:05 PM	**Break (5 minutes)**
12:05 PM - 1:00 PM	**Workshop Sessions Part I: (55 minutes)** **Ahoo Salem, Sara Geres, and Susan Tolliver (**Writing from the Heart: Navigating Transnational Realities and Everyday Resilience) **Decca Knight and Dr. Brandy Smith,** (Trauma-Informed Care for Immigrants and Refugees) **Melissa Gaona,** (Trafficking 360: Insight, Impact, and Intervention)
1:00 PM - 1:45 PM	**Lunch Break (45 minutes)**
1:45 PM - 2:35 PM	**Keynote Speaker (50 minutes)** **Cecily Rodriguez,** "Unlocking Access: The Role of Interpreters in Behavioral Healthcare."
2:35 PM - 3:20 PM	**Workshop Sessions Part II: (45 minutes)** **Mykala Sauls and Kayleigh McNeill,** (Protecting Your Peace: How to Minimize Burnout) **Thania Torres and Chanelle Henderson,** (The unwritten packing list - The multivariate ways immigration impacts a family) **Khattar Hatoum,** (Addressing Mental Health and Bullying Among Refugees and Immigrants)
3:20 PM - 3:25 PM	**Break (5 minutes)**
3:25 PM - 3:40 PM	**Eva Stitt Awards (15 minutes)** Recognizing outstanding contributions to the mental health and wellness of refugee and immigrant communities in Roanoke. Facilitated by Liliana Penalver and Belinda Pino.
3:40PM - 3:55 PM	**Closing Mindfulness Exercise (15 minutes)** **Khattar Hatoum,** From Trauma to Triumph: Building Resilience in Refugee & Immigrant Communities
3:55 PM - 4:00 PM	**Closing (5 minutes)**

DBHDS
Virginia Department of Behavioral Health and Developmental Services

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