CENTRAL VIRGINIA

Find a local food pantry through the Federation of Virginia Food Banks.

Office of Immigrant and Refugee Engagement OIRE
September Calendar events, visit here - **Richmond, VA**

Health Hub Chew and Chat
The GRTICN Community Resilience Committee & VCU Health Hub & Mind Over Matter
1330 N. 25th Street Suite A, Richmond VA
Chew and Chats every Tuesday 11:30 AM to - 1:00 PM
*Chew and Chats are a welcoming community space where you can build relationships, learn about resources and advocacy, and share, support, and heal. Lunch is provided, and all are welcome**!**

English Summer Classes
International Rescue Committee Richmond
In person and virtual, different dates and times, see here
Call for more information 804-308-9144 - Register here

V.O.Z Youth Group
Latinos en Virginia Empowerment center
Sep 1, 8, 15, 22 (4 sessions)- 5 PM to 6 PM

Housing Condition Clinics*
Legal Aid Justice Center
Peterburg Public Library
201 W. Washington Street
Sep 8, 10 AM to 2 PM – Upcoming Dates.

Hopewell Community and Resource Day Registration
City of Hopewell & Crater Health District & Hopewell DSS
Hopewell Department of Social Services
316 E Cawson St, Hopewell, VA 23860
Sep 9, 4 PM to 7 PM
*Spaces are limited please reach out to event lead if you are interested in joining us! Melissa Perez Diggs melissa.diggs@vdh.virginia.gov 804-382-2667 -Event Volunteer Registration here.

Mamografias Gratis/ Free Mammograms

Casa de la Salud & VCU

7122 Hull Street Rd, Richmond VA

Sep 10, 10 AM to 2 PM

***Llame para hacer su cita - Call for appointment - 804-924-5109**

Virginia Justice Conference

Richmond, VA

Sep 10 to 12 – Form for vendors

Clothes Closet and more

Ashland Chistian Church

Are you in need of gently used clothes and other items?

Christian Church (Disciples of Christ)

301 S James Street Ashland, VA 23005

Sep 12, 10 AM to 11:30 AM

***** Email accdisciplesdepot@gmail.com, if you have any questions.

Youth Mental Health First Aid Workshop

Virginia Home for Boys and Girls

8716 West Broad Street, Henrico, VA 23294

Sep 18, 8:30 AM

Free Dental Exam and cleaning for Kids

Stony point dentistry

Sep 19, Call for appointment 804-330-0508, Richmond VA

***Children under 18 without dental insurance**

More than Sad

Chesterfield County & Chesterfield County Schools

Brightpoint Community College

13101 U.S. 1 Chester, VA 23831

Sep 22, 6 PM

* Learn how to recognize signs of depression in teens, start supportive conversations, and connect young people with help when needed. Resources bags will be shared with attendees.

2nd Annual Fiesta Latina: One Night. One Rhythm.
Latinos en Virginia Empowerment center
Lewis Ginter Botanical Garden
1800 Lakeside Ave, Henrico, VA 23228
Sep 24, 6 PM to 9 PM

IRC Event From Compassion to Action: An American Story
International Rescue Committee
Virginia Museum of History & Culture
428 N Arthur Ashe Boulevard, Richmond, VA
Sep 25, 6:30 PM to 9:00 PM - Download flyer.

Virginia Fiesta
Radio Poder 1380 & OIRE
Southside Community Center Richmond, VA
Sep 26, 11 AM to 5 PM
*****Radio Poder 1380AM is ready to celebrate Hispanic Heritage Month and you're invited to join the Fiesta! For the Fifth year, ¡Virginia Fiesta! will be a celebration of the Latino/Hispanic cultures in Virginia. The day will include a community fair, vendors, food trucks, cultural performances, Children Story time and more! Details about the day's programming will be available as the event date gets closer. For table space or to become a sponsor contact oscar@wbtk.com

Walk to End It
Safe Harbor
Libbie Mill Midtown, Richmond VA
Sep 26, 9 AM
* Join a team or walk on your own to raise money for our Human Trafficking Program. To learn more about becoming a team captain or corporate partner, please contact Mary Maupai at mary@safeharborshelter.com

Women's TORCH (Telling Our Resilience of Community Hope) Tuesday
Petersburg Center for Healthy Living
3335 South Crater Road
#Suite 100 Petersburg, VA 23805
Sep 29, 6 PM to 8 PM

The Virginia Hispanic Gala: Hispanic Heritage, Legacy & Flavor
Hispanic Chamber of Commerce
Virginia Museum of History & Culture
September 30, 5:30 PM – 9:30 PM

Other on-going events and services:

Bon Secours Diabetes Prevention Program Registration
Diabetes Prevention Program (Registration is Open Now - September 15):
This program is designed for individuals at risk for developing type 2 Diabetes and want to prevent or delay its onset through healthy lifestyle changes. If you know someone who could benefit from this free program, please share that attached flyer with them.

Manchester Bon Secour Care-A-Van
Bon Secour
Locations includes: Richmond and Petersburg
Different dates, 8:30 AM to 12 PM
The Bon Secours Care-A-Van check Sep Dates
*To schedule an appointment please call 804-545-1923

Applications for Christmas Mother Program 2026
The program's purpose is to help families, elders, and foster children not be forgotten during the holiday season. Open to residents of Chesterfield and Colonial Heights.
Children must be 18 or under or still in high school and seniors must be 62 or older by Dec 31 of current year. For more information, eligibility and to apply here.
Applications will be reviewed Sep 14 to Sep 17.

Asistencia para la resolución de conflictos tributarios
Latinos en Virginia Empowerment center & PCLI
Segundo Martes de cada mes de 1 pm to 5 pm
Llame para hacer cita 804- 658-3341

Maternal Mental Health Counseling
The It Takes a Village (ITAV) program, launched by the Virginia Health Care Foundation in 2025, provides vital mental health support for pregnant and postpartum mothers across Virginia. ITAV connects individuals with behavioral health providers **for telehealth and in-person counseling—offered in both English and Spanish. Services are available at low or no cost through participating organizations,** with all locations accepting insurance and offering sliding fee scales for those without coverage.

Grief Mental Health Support Group in person and Virtual (FREE sessions in Spanish)

Duelo Latino

Provides FREE grief counseling, support & education in SPANISH for adults 18+ throughout Virginia IN-PERSON & VIRTUAL formats available. Services are 100% confidential & provided by qualified Latina clinicians who are native Spanish-speakers. Registration and referrals contact: Igmara Sánchez Prunier or Yozaira León-Santiago at duelolatino@gmail.com or Call 804-424-1996. For more information here

Gratis Cartas de Poder y Tutela de Reserva

Power of Attorneys

Broad Rock Library

4820 Old Warwick Rd, Richmond VA

***Please call Heather to Schedule an appointment 804-646-1867**

CITAS PARA TRAMITAR PODERES LEGALES

Sacred Heart

1400 Perry St, Richmond, VA

*Call for dates and appointments **804-230-4399** Registration is required

Join the monthly TRIAD Information Meeting

Focused on keeping older adults safe, informed, and protected in your community.

Richmond Police Training Academy

1202 W. Graham Road, Richmond, VA 23220

Second Wednesday of each month, 11:00 AM – 12:30 PM

*This is a great opportunity for older adults, caregivers, family members, and community partners to connect and learn practical safety tips.

Upcoming events:

Catalyst Café (networking meeting)

United Way Richmond & Petersburg

Richmond Times-Dispatch

Location: TBD

October 15, 4 PM

*This conversation will focus on United Way's impact area of Youth Opportunity exploring what it takes for every child and young person to thrive.

2026 Catalyst Annual Summit

Virginia Museum of History & Culture

428 N Arthur Ashe Blvd, Richmond, VA 23220

Oct 13, 9 AM to 3 PM