HEALTH AND WELLNESS FAIR

SRI SATHYA SAI INTERNATIONAL ORGANIZATION

Saturday, October 19, 2024

9 am - 3 pm

CHURCH LOCATION:

Iglesia Alianza Cristiana y Misionera De Virginia Church

8220 Spruce St, Manassas, VA 20111



Free Health Screenings and Information

Join Us for a Day of Wellness and Health Empowerment!

Take Charge of Your Health with FREE Screenings:

- Blood Pressure Checks
- Cholesterol & Glucose Testing
- Body Mass Index (BMI) Assessment
- Vision Testing with **FREE Eyeglasses**
- EKG (Electrocardiogram)

Personalized One-on-One Consultations with Expert Healthcare Providers:

- Internists for comprehensive health advice
- Cardiologists to assess your heart health
- Mental Health Professionals for stress, anxiety, and emotional well-being
- And many more...

Don't Miss This Opportunity!

- Whether you're aiming to take the next step toward a healthier lifestyle, get free and vital health screenings, or simply enjoy a day filled with interactive learning and wellness, the **Community Health Fair** has something for everyone!

Note

- Service will be provided on a first-come, first-served basis. No appointment is needed.
- For the blood sugar and cholesterol test, fasting (refraining from eating or drinking anything except water) is mandatory.

Any questions? Please contact: (703) 594-7568