SOUTHWEST VIRGINIA

Find a local food pantry through the Federation of Virginia Food Banks.

Free Homeownership Class
Virginia Housing
Check the calendar for available locations and dates, online or in person.
Spanish session available in person Lynchburg, April 18 and virtual sessions, April 25, check calendar.

Community Resource Event
VLAS
Park View Community Mission
2420 Memorial Avenue, Lynchburg, VA,
April 9, 9:30 AM to 10:30 AM
*Representatives from VLAS staff will be on site the 2nd Thursday of every month to offer legal resources and provide information on our services.

Free Dental Extractions
Mission of Mercy
Appalachian Highlights Community Dental Center
616 Campus Drive, Abingdon, VA 24210
April 8 and 9, 8 AM to 5 PM
*First come, first served, no appointment need.

Protect us Roanoke Virtual Meeting
Blue Ridge Literacy & partners
Virtual monthly meeting
April 8, 9 AM – Zoom Link
*Community updates and resources to support on refugee and immigrant populations.

Legal Aid Workshop - Debt Collections

VLAS

Miller Center, Rm 306

301 Grove Street Lynchburg, VA, 24501

Abril 9, 1 PM

* In Partnership with the Lynchburg Public Library representatives from VLAS will present information on this common legal issue including general guidelines, applicable eligibility, and helpful tools.

Legal Aid Workshop - No Fault Divorce

VLAS

Ruby B. Archie Library

511 Patton Street, Danville, VA 24541

April 14, 1 :00 PM

*****Representatives from VLAS will present information on this common legal issue including general guidelines, applicable eligibility, and helpful tools.

Estate Planning Workshop, Carrolton

VLAS

Blackwater Regional Library

14362 New Towne Haven Lane Carrollton, VA, 23314

April 16, 10 AM

*VLAS attorneys will be presenting a free program on wills, powers of attorney, and advance medical directives. To Register call 757-544-9027.

LGBTQ+ Health Summit

Roanoke City and Alleghany Health District

Melrose Plaza

2502 Melrose Avenue Northwest, Roanoke, VA 24017

April 17, 8 AM

Health Day – Free Clinic

Health Wagon

Washington County 4H Center

25236 Hillman Highway, Abingdon, VA

April 17 and 18, Registration 9 AM

"Love Shouldn't Hurt" Domestic Violence Conference
Ladies of Vision Ministry
High Street Baptist Church
2302 Florida Avenue Northwest, Roanoke, VA 24017
April 18, 9 AM

Community Health Fair/ Feria de Salud Comunitaria
Liberty University & SOVALA & Enroll VA
6812 Greensboro rd., Ridgeway VA 24148
April 18, 10 AM to 2 PM – English and Spanish Flyers

Lynchburg Community Academy 2026
DARS
Lynchburg Regional Business Alliance
300 Lucado Place, Lynchburg, VA 24504
April 19, 9 AM
*Join us at Lynchburg Community Academy 2026 to network, share knowledge, and celebrate generations!

REVIVE! Learn How to Reverse an Opioid Overdose (In-Person)
Roanoke City and Alleghany Health District
Roanoke City Health Department - Virginia Department of Health
1502 Williamson Road Northeast #2nd Floor Roanoke, VA 24012
April 21, 5:30 PM to 7 PM
*Learn how to save a life! This class will teach you how to recognize and respond to an opioid overdose with naloxone.

The Gathering
FIVE18 Family Services
Gospel Community Church College Hill
1101 Floyd Street, Lynchburg, VA 24501
April 22, 12 PM
*****Topic will be Vision 30: Building a More Connected Community. The lunches are held the 4th Wednesday of each month, January-October. Doors open at 11:45am and the event starts at noon. The locations and topics vary.

Casa Latina Red de Salud/Health Network (in person & Virtual)

Casa Latina Roanoke

3110 Pioneer Rd NW, Roanoke, VA 24012, USA

April 28, 1 PM – Networking meeting- Share updates, events and services of your organization. Zoom link Meeting ID: 882 0561 1803

*For more information reach out to Malinda at casalatinarv@gmail.com

Child Abuse Prevention Carnival Walk

DSS Greensville

1100 Greensville County Circle

April 25, 10 AM to 1PM

Other ongoing services and resources:

Maternal Mental Health Counseling

The It Takes a Village (ITAV) program, launched by the Virginia Health Care Foundation in 2025, provides vital mental health support for pregnant and postpartum mothers across Virginia. ITAV connects individuals with behavioral health providers **for telehealth and in-person counseling—offered in both English and Spanish. Services are available at low or no cost through participating organizations,** with all locations accepting insurance and offering sliding fee scales for those without coverage.

Maternal Mental Health Counseling

Health Brigade

The It Takes a Village (ITAV) program, launched by the Virginia Health Care Foundation in 2025, provides vital mental health support for pregnant and postpartum mothers across Virginia. ITAV connects individuals with behavioral health providers **for telehealth and in-person counseling—offered in both English and Spanish. Services are available at low or no cost through participating organizations,** with all locations accepting insurance and offering sliding fee scales for those without coverage. Flyer.

Citizen Recovery Program (CRP)

Hurricane Helene and Winter Storm Jett

The United Way of Southwest Virginia's Citizen Recovery Program (CRP) application is only for disaster assistance needs related to Hurricane Helene and Winter Storm Jett. Immediate needs qualify as short-term financial assistance such as: rent and utility assistance, food assistance, assistance with replacing vital documents, personal property replacement, etc. For more details and eligibility. Here. Available flyer.

PowerHouse YMCA Parenting programs (Free)
YMCA Powerhouse & Partners
204 Town Square St, Glade Spring, VA 24340
Different dates and times check flyer here

Health Wagon Mobile Clinics
Different Locations. Calendar scheduled and services Here
* The Health Wagon visits sites in Southwest Virginia's Buchanan, Dickenson, Lee, Russell, Scott, and Wise counties on a weekly basis.

Do you need Insurance? Medical, Dental and Vision
The Health Wagon
Find assistance Southwest: Application for Medicaid, Denials or Renewals
Call Megan Clark Medicaid Outreach Worker 276-328-9950 or 276-870-2379 email: mclark@thehealthwagon.org

Upcoming events:

Holler to Horizon Resource Fair
Healthy Families Southwest Virginia
335 Fairground Rd. Pennington Gap, VA 24277
May 29, 9 PM to 4:30 PM