ESL / PCA Class

Companion Extraordinaire™
Home Care Services

Personal Care Aide Class for all ESL Communities



ENROLL NOW
SEPT. 11 — NOV. 6, 2024

30 HRS ONLINE PLUS 32 HRS IN-PERSON TO MEET EACH WEDNESDAY 10 AM—2 PM

Option 1. Use the QR code below to visit the **Student Application** online. Make sure to complete and sign both the Student Application and the Sworn Statement. Next press the "Submit' button.

Option 2. If you prefer, print and fill out the online forms at the QR Code or at https://cenninc.com/student-application-form. Bring the completed forms to our Companion Extraordinaire location at 5111 Lakeside Avevue, Henrico, VA.

★ ★ ★ **GRADUATES ARE ASSISTED WITH JOB PLACEMENT!** ★ ★ ★

What Skills Can I Expect to Gain in the ESL Personal Care Aide Class?

- Use of a draw sheet
- Applying & removing non-sterile gloves
- Making an occupied & unoccupied bed
- Giving a bath to bed-confined patient
- Foley care/empty bag/Ostomy Care
- Applying knee-high elastic stocking
- Priciples of blood pressure/pulse
- Hoyer Lift
- Passive range of motion (PROM)
- Preparing and serving the patient a meal
- Skin care/ hair care/ shaving male patient
- Feeding a patient who is unable to self-feed
- Basic first aid measures/CPR
- Priciples of respiration/ temperature

What will I Learn in the ESL Personal Care Aide Class?

Learn how to provide basic patient care under the direction of our seasoned nursing staff. Learn to assist clients with activities of daily living including: feeding, bathing, dressing, grooming, mobility, and medication reminders.

What is the Content Overview of the Upcoming ESL/PCA Class?

ESL PERSONAL CARE AIDE CLASS STRUCTURE

PCA Hybrid Class | 62 Total Hours | 32 hours in-person classes + 30 hours on-line training and testing

Module 1
HIPAA | Client Rights | Infection Control | Body Mechanics | Workplace Violence | Skills | Testing

Module 2
Dementia Friends | Cultural Awareness | Communication | Physiological Changes in the Elderly Elder Abuse | Skills | Testing

Module 3
Home Management | Nutrition | Fire | Chemical and Electrical Safety | Emergency in the Home | Vital Signs

Module 4
Death and Dying | Oxygen Therapy Pressure Injuries | Testing

★ ★ ★ REQUIREMENTS ★ ★ ★

Students must be 18 years of age or older; must be able to read and write in English to the degree necessary to perform the tasks expected; must be able to perform the tasks required; and must be able to pass a PCA course with a score of 80% or higher.

QUESTIONS? CALL **804-752-2205** OR **EMAIL CLASSES@CENNINC.COM**