NORTHERN VIRGINIA

Find a local food pantry through the Federation of Virginia Food Banks.

Free Legal Immigration consultations (for Arlington County Residents only) *
Legal Aid Justice Center
6402 Arlington Boulevard Suite 1130, Fall church VA 22042
Tuesdays afternoon- Call 703-778-3450

Parent Education Support Weekly Virtual Support Sessions In English and in Spanish!*
NVFS
Check dates for upcoming sessions (Sessions are hosted every Tuesday until May)
Registration

16th Annual Northern Virginia Housing Expo
Virginia Housing
Fairfax High School, 3501 Lion Run, Fairfax, VA 22030
March 7, 10:00 AM to 3:00 PM
See Flyer in English Here; Spanish Here

International Women's Day Celebration for Afghan & Immigrant Women
United Christian Parish
11508 North Shore Drive, Reston, VA 20191
March 8, 5:30 to 8:30 PM

Free Health Assessments*
Germanna Community College
Salem Branch 2607 Salem Church Road, Fredericksburg, VA 22407
March 9, 23, 30 – April 6,13,23, 9:30 AM to 2 PM
*Nursing students from Germanna Community College offer basic health checks, educational resources, and wellness tips.

Free Tax preparations Clinics*
Abraham and William Cooper Memorial Branch
20 Washington Avenue, Colonial Beach, VA 22443
March 7,11,14,18,21,25 – April 1,4, 8, 11 – APPOINMENT REQUIRED. Different times check calendar here

Virtual English Conversations*
Central Rappahannock Regional Library
March 10, 17, 24, 31, 1 PM to 2 PM - Virtual

Fredericksburg DSS in the Community*
The Fredericksburg Department of Social Services (DSS)
1201 Caroline St, Fredericksburg VA 22401
March 11 and 25, 10 AM to 12 PM

Understanding ACEs: Recognizing Adverse Childhood Experiences and The Science of Relationships
Fairfax County
March 12, 7:00 to 8:30 PM
Virtual - Register here

Consulado de el Salvador Jornada Extraordinaria para Emisión de Pasaportes
14517 Potomac Mills Rd, Woodbridge, VA 22192
March 14, 8 AM to 12 PM

Health Fair
Lortonaction.org
9520 Richmond Hwy. Lorton, VA 22979
March 15, 9 AM

Consulado Mexicano sobre ruedas
Woodbridge- El domicilio se proporcionará al hacer su cita
March 16 al 20, Call for appointment WhatsApp o Call 434-309-0009

Haircuts in the Library*
Faded & Co. Barber Academy
1201 Caroline St, Fredericksburg VA 22401
March 16, 10 AM to 12 PM

Community Conversations: Protecting our Community
League of Women Voters
Curitiba Art Cafe
919 Caroline Street, Fredericksburg, VA 22401
March 16, 6 PM

Lawyer at the Library*
Legal Aid Works
1201 Caroline St, Fredericksburg VA 22401
March 17, 1 PM to 3 PM and March 31, 5 PM to 7 PM

QRP – Suicide Awareness and Gatekeeper Training (Virtual)
Prince William County
Virtual – Register here
March 17, 6:30 to 8:00 PM

Housing: Financial Empowerment Series (4-Part Series)
Manassas
Virtual
March 17, 7:00 to 8:30 PM

Understanding Adverse Childhood Experiences (ACEs) Training
Fairfax County
Virtual - Register here
March 18, 12:00 to 3:00 PM

Virtual "Talk. They Hear You." Underage Drinking & Substance Use Presentation
Fairfax County
Virtual - Register here
March 18, 6:00 to 7:00 PM

29th annual Health and Fitness Expo (HFE)
GMU
Johnson Center Dewberry Hall, Fairfax Campus
March 19, 10 AM to 2 PM - Register

Virtual Opioid Overdose & Naloxone Education Training
Fairfax County
Virtual - Register here
March 20, 10:00 to 11:00 AM

2nd Annual HOPE Fest
CrossRoads UMC
43454 Crossroads Drive, Ashburn, VA 20147
March 20, 3:00 to 6:00 PM

2026 Shape of the Region Conference: Innovation and Leadership for Northern Virginia
The Community Foundation for Northern Virginia
Valo Park Auditorium, 7950 Jones Branch Drive, McLean, VA 22102
March 24, 7:30 AM
*$99 Shape of the Region Conference Registration Fee – Includes Breakfast

The Intersections of Problem Gambling and Domestic
Prince William County
Virtual – Register here
March 24, 9:00 to 11:00 AM

5 Bridges to Wellness Workshop
Prince William County
Virtual – Register here
March 25, 7:00 to 8:30 PM

New Citizenship Class Cycle – Spring 2026!
Join us as we begin our next citizenship class at We Are CASA in Virginia.
2359 Research Court, Woodbridge, VA 22192
March 25 – May 13, 2026 – Flyer: Spanish, English, French

Low Cost Vaccination & Microchip Clinic
Loudoun County
42225 Adoption Drive, Leesburg, VA 20175
March 26, 9:00 to 11:00 AM

2026 Neighborhood Conference: Together Building Stronger Communities

Prince William County

5 County Complex Ct., Woodbridge, VA 22192

March 26, 7:00 to 8:30 PM

Ongoing services:

$35 Teeth Cleaning (All ages)

Northern Virginia Community College Medical Education Dental Hygiene Students.

6699 Springfield Center Dr., Springfield

Mondays: 9:00 AM to 12:00 PM, 1:00 to 4:00 PM & Thursdays 9:00 AM to 12:00 PM

For more information call or text Ren on 703-622-6863. See services include on Flyer here.

Limited Pre-K & Early Head Start Program space for Fairfax County residents is available for children aged 3 or 4 by Sept. 30 in PreK -- Please contact Caro Cadena cacadena@fcps.edu for more information! Please see Flyer here.

No tiene Seguro Medico?/Don't Have Health Insurance? *

CASA

2359 Research, Woodbridge, VA 22192 VA

Monday to Friday – 9 AM to 12 PM – 1 PM to 5 PM

*Services offered: Primary care services, Acute and chronic care, Preventive health screenings Medication access program, Family planning.

Maternal Mental Health Counseling*

The It Takes a Village (ITAV) program, launched by the Virginia Health Care Foundation in 2025, provides vital mental health support for pregnant and postpartum mothers across Virginia. ITAV connects individuals with behavioral health providers **for telehealth and in-person counseling—offered in both English and Spanish. Services are available at low or no cost through participating organizations,** with all locations accepting insurance and offering sliding fee scales for those without coverage.

Tax Preparation Locations:

Volunteer Income Tax Assistance (VITA)

Volunteer Income Tax Assistance (VITA) is a free tax preparation program that offers help to individuals and families with low to moderate income. Trained and IRS-certified volunteers provide reliable assistance to ensure tax returns are completed accurately. To find a VITA site and view hours of operation near you, please visit the link here.

AARP Foundation Tax-Aide

AARP Foundation Tax-Aide is a free tax preparation service that helps individuals and families, especially those with low to moderate income, file their taxes accurately and confidently. IRS-certified volunteers provide assistance in a welcoming and trustworthy environment. To find a Tax-Aide site and view hours of operation near you, please visit the link here.

*Some locations can be found on your library's event calendar

Upcoming events:

Citizenship Info Session*

John Musante Porter Branch

2001 Parkway Boulevard, Stafford, VA 22554

April 1, 6 PM to 7 PM

Homeless Shelter Meal

CrossRoads UMC

43454 Crossroads Drive, Ashburn, VA 20147

April 4, 2:00 to 4:00 PM

Easter Egg Hunt & Spring Festival

CrossRoads UMC

19520 Meadowview Court, Lessburg, VA 20175

April 8, 5:00 to 7:00 PM

Northern Virginia Public Health Conference

George Masion – College of Public Health

Potomac Science Center, 650 Mason Ferry Ave, Woodbridge, VA 22191

April 10, 9:00 AM to 1:30 PM

2026 Special Education Family Conference

Fairfax County

George C. Marshall HS, 7731 Leesburg Pike, Falls Church, VA 22043

April 18, 8:00 AM to 2:00 PM

2026 Summers in Seven Corners Block Party

Infinite Legacy

Willston Multicultural Center,

6131 Willston Drive, Falls Church, VA 22044

May 9, 11 AM to 2:00 PM

Arlington County Libraries

Provides programs and events to the following communities in Fairfax County: Rosslyn, Clarendon, Ballston, and Crystal City and others. Check for Calendar Events Here.

Fairfax County Libraries

Provides programs and events to the following communities in Fairfax County: Alexandria, Annandale, Burke, Centerville, Falls Church Fairfax, Great Falls, Herndon, Lorton, McLean, Oakton, Reston, Springfield, and Vienna. Check for Calendar Events Here.

Loudoun County Libraries

Provides programs and events to the following communities in Loudoun County: Ashburn, Aldie, Brambleton, Lansdowne, Leesburg, Lovettsville, Middleburg, Purcellville, Sterling, and others. Check for Calendar Events Here.

Prince William County Libraries

Provides programs and events to the following communities in Prince William County: Bull Run, Dale City, Dumfries, Haymarket, Lake Ridge, Gainesville, Montclair, Nokesville, Potomac, Quantico, Triangle, Woodbridge and others. Check for Calendar Events Here.

Central Rappahannock Regional Library

Provides programs and events to the following communities in Fredericksburg, Stafford County, Spotsylvania County, and Westmoreland County. Check for Calendar Events Here.