NORTHERN VIRGINIA

Find a local food pantry through the Federation of Virginia Food Banks.

Free Legal Immigration consultations (for Arlington County Residents only) *
Legal Aid Justice Center
6402 Arlington Boulevard Suite 1130, Fall church VA 22042
Tuesdays afternoon- Call 703-778-3450

Parent Education Support Weekly Virtual Support Sessions In English and in Spanish!*
NVFS
Check dates for upcoming sessions (Sessions are hosted every Tuesday until May)
Registration

Homeless Shelter Meal
CrossRoads UMC
43454 Crossroads Drive, Ashburn, VA 20147
April 4, 2:00 to 4:00 PM

Free Tax preparations Clinics*
Cooper Branch
20 Washington Avenue, Colonial Beach, VA 22443
April 4, 8, 11, 15 – APPOINMENT REQUIRED. Different times check calendar here

Free Health Assessments*
Germanna Community College
Salem Branch
2607 Salem Church Road, Fredericksburg, VA 22407
April 6,13,27, 9:30 AM to 2 PM
*Nursing students from Germanna Community College offer basic health checks, educational resources, and wellness tips.

Haircuts in the Library*
Faded & Co. Barber Academy
1201 Caroline St, Fredericksburg VA 22401
April 6 and 20, 10 AM to 12 PM

Virtual English Conversations*
Central Rappahannock Regional Library
April 7, 14, 21, 28 1 PM to 2 PM – Virtual

Lawyer at the Library*
Legal Aid Works
1201 Caroline St, Fredericksburg VA 22401
April 7 and 21, 1 PM to 3 PM

Fredericksburg DSS in the Community*
The Fredericksburg Department of Social Services (DSS)
1201 Caroline St, Fredericksburg VA 22401
April 8 and 22, 10 AM to 12 PM

Easter Egg Hunt & Spring Festival
CrossRoads UMC
19520 Meadowview Court, Leesburg, VA 20175
April 8, 5:00 to 7:00 PM

Northern Virginia Public Health Conference
George Masion – College of Public Health
Potomac Science Center, 650 Mason Ferry Ave, Woodbridge, VA 22191
April 10, 9:00 AM to 1:30 PM

Mobile Free Food Event
Love in Action
329 N. Cameron Street, Winchester, VA
April 11, 11 AM to 2 PM

Alexandria Health Fair / Feria de Salud
Alexandria Spanish SDA
2812 Franklin St, Alexandria, VA 22306
April 11, 1:30 PM to 4:30 PM – English and Spanish flyer

NCBW PWCC Community Health & Wellness Expo
Gar-Field Senior High School
14000 Smoketown Road, Woodbridge, VA 22192
April 11, 10 AM

Community Health and Wellness Expo (Healthy Relationships Seminar)
Gar-Field Senior High School
14000 Smoketown Road, Woodbridge, VA 22192
April 11, 10 AM

When Food Access Meets Mental Health
Rock Recovery
Northern Virginia Food Rescue
10535 Battleview Parkway, Manassas, VA 20109
April 16, 10 AM

Handley Library Resume Workshop & Job Fair
Virginia Career Works
Handley Regional Library
100 West Piccadilly Street, Winchester VA 22601
April 16, 1 PM

2026 Special Education Family Conference
Fairfax County
George C. Marshall HS, 7731 Leesburg Pike, Falls Church, VA 22043
April 18, 8:00 AM to 2:00 PM

YMCA Reston Healthy Kids Day 2026
YMCA Fairfax County Reston
12196 Sunset Hills Road, Reston, VA 20190
April 18, 10 AM

YMCA Alexandria Healthy Kids Day 2026
YMCA Alexandria
420 East Monroe Avenue, Alexandria, VA 22301
April 18, 10 AM

FREE Medical Clinic (RAM)

RAM

Mubarak Mosque

4555 Ahmadiyya Dr, Chantilly, VA 20151

April 18 and 19, Clinic doors open at 6 a.m.

*****Free Dental, Vision, and Medical Services. All services are free and offered on a first-come, first-served basis. Open to everyone. No ID needed. No insurance needed. No income requirements. The parking lot opens no later than 11:59 p.m. (midnight) on 4/17/2026. It stays open all night.–Spanish and English flyers.

Arab American Heritage Month Cultural Market

House of culture Arts

Fair Oaks Mall

11750 Fair Oaks Mall, Fairfax, VA 22033

April 25, 11 AM

Ongoing services:

$35 Teeth Cleaning (All ages)

Northern Virginia Community College Medical Education Dental Hygiene Students.

6699 Springfield Center Dr., Springfield

Mondays: 9:00 AM to 12:00 PM, 1:00 to 4:00 PM & Thursdays 9:00 AM to 12:00 PM

For more information call or text Ren on 703-622-6863. See services include on Flyer here.

Limited Pre-K & Early Head Start Program space for Fairfax County residents is available for children aged 3 or 4 by Sept. 30 in PreK -- Please contact Caro Cadena cacadena@fcps.edu for more information! Please see Flyer here.

No tiene Seguro Medico?/Don't Have Health Insurance? *

CASA

2359 Research, Woodbridge, VA 22192 VA

Monday to Friday – 9 AM to 12 PM – 1 PM to 5 PM

*Services offered: Primary care services, Acute and chronic care, Preventive health screenings Medication access program, Family planning.

Maternal Mental Health Counseling*

The It Takes a Village (ITAV) program, launched by the Virginia Health Care Foundation in 2025, provides vital mental health support for pregnant and postpartum mothers across Virginia. ITAV connects individuals with behavioral health providers **for telehealth and in-person counseling—offered in both English and Spanish. Services are available at low or no cost through participating organizations,** with all locations accepting insurance and offering sliding fee scales for those without coverage.

Tax Preparation Locations:

Volunteer Income Tax Assistance (VITA)

Volunteer Income Tax Assistance (VITA) is a free tax preparation program that offers help to individuals and families with low to moderate income. Trained and IRS-certified volunteers provide reliable assistance to ensure tax returns are completed accurately. To find a VITA site and view hours of operation near you, please visit the link here.

AARP Foundation Tax-Aide

AARP Foundation Tax-Aide is a free tax preparation service that helps individuals and families, especially those with low to moderate income, file their taxes accurately and confidently. IRS-certified volunteers provide assistance in a welcoming and trustworthy environment. To find a Tax-Aide site and view hours of operation near you, please visit the link here.

*Some locations can be found on your library's event calendar

Upcoming events:

4th Annual Career and Opportunities Fair

English empowerment Center

James Lee Community Center

2855 Annandale Road, Falls Church, VA 22042

May 6, 4 PM

2026 Summers in Seven Corners Block Party

Infinite Legacy

Willston Multicultural Center,

6131 Willston Drive, Falls Church, VA 22044

May 9, 11 AM to 2:00 PM

Arlington County Libraries
Provides programs and events to the following communities in Fairfax County: Rosslyn, Clarendon, Ballston, and Crystal City and others. Check for Calendar Events Here.

Fairfax County Libraries
Provides programs and events to the following communities in Fairfax County: Alexandria, Annandale, Burke, Centerville, Falls Church Fairfax, Great Falls, Herndon, Lorton, McLean, Oakton, Reston, Springfield, and Vienna. Check for Calendar Events Here.

Loudoun County Libraries
Provides programs and events to the following communities in Loudoun County: Ashburn, Aldie, Brambleton, Lansdowne, Leesburg, Lovettsville, Middleburg, Purcellville, Sterling, and others. Check for Calendar Events Here.

Prince William County Libraries
Provides programs and events to the following communities in Prince William County: Bull Run, Dale City, Dumfries, Haymarket, Lake Ridge, Gainesville, Montclair, Nokesville, Potomac, Quantico, Triangle, Woodbridge and others. Check for Calendar Events Here.

Central Rappahannock Regional Library
Provides programs and events to the following communities in Fredericksburg, Stafford County, Spotsylvania County, and Westmoreland County. Check for Calendar Events Here.