SOUTHWEST VIRGINIA

Due to the ongoing government shutdown, many families may experience disruptions in federal benefits. If you or someone you know needs food assistance during this time, you can find a local food pantry through the Federation of Virginia Food Banks.

The Annual Ginkgo Tree Festival
Roanoke Valley Sisters Cities
Century Plaza, Roanoke VA
Nov 1, 11 AM

RISE Summit for Entrepreneurs
SOVA RISE Collaborative
Institute for Advanced Learning and Research
150 Slayton Avenue Danville, VA 24540
Nov 1, 8 AM

A Festival of Remembrase : Celebra día de los muertos
Latinas Network
Taubman Museum of Art
110 Salem Ave SE, Roanoke, VA 24011
Nov 2, 1 PM to 4 PM
*Music, culture, art and remembrance

Cafecito con Promotores de Salud
Nov 3, 6:30 PM to 7:30 PM - primer lunes de cada mes- Registrarse
Conoce más recursos de promotores de Salud aquí.

Adult Mental Health First Aid (free)
Mount Roger CSB
Powerhouse, 204 Town Square St, Glade Spring, VA 24340
Nov 3 and Dec 3, 9 AM to 4 PM – More information here

Clínica Pediátrica
Bradley Clinic
1240 3rd Street SW Roanoke, VA 24016
Nov 4, para programar una Cita comuníquese con Kortney 804-508-4096

Roanoke Higher Education Center Open House

Roanoke Higher Education Center

108 North Jefferson Street

Nov 6, 4 PM to 6 PM

SAFETALKS Free Training

CSB

Southwest Virginia Higher Education Center

1 Partnership Cir, Abingdon VA 24210 Room #230 #231

Nov 7, 1 PM to 4 PM

Appalachian Community Health Fair - Free Services for All!

The Health Wagon & Partners

Appalachian College of Pharmacy

1060 Dragon Road, Oakwood, VA

November 8, full day of free healthcare, wellness, and community support.

Registration begins at 9:00 AM.

*****Event offers free medical, dental, and preventive services designed to help our Appalachian neighbors access the care they deserve. Services are provided on a first-come, first-served basis ***- no insurance or appointments required.***

Free Medical & Preventive Care:

Physical exams, Pap smears, mammogram registrations, oral and skin cancer screenings, flu vaccines, blood pressure and diabetes testing, EKGs, and dermatology consultations. We'll also offer facials with red light therapy, liver and lung testing, and more.

Free Pharmacy & Chronic Disease Management:

Medication therapy management, pharmacy consults, diabetes and hypertension education, comprehensive medication reviews, weight management, and nutrition counseling.

Social Support Services:

Free clothing, shoes, hygiene items, feminine hygiene products, non-perishable Thanksgiving food boxes, and YMCA day passes. Staff will assist with Medicaid/FAMIS enrollment, SNAP benefits, and heating/cooling assistance applications.

Southwest Virginia Cancer Advisory Board Networking group

UVAHealth

Southwest Virginia Higher Education Center

1 Partnership Cir, Abingdon VA 24210 Room #222

Nov 13, 10 AM to 2 PM

*Networking, share updates and local discussion cancer prevention.

2025 Southwest Virginia CSA Vendor Fair
Southwest Virginia CSA Coordinators Group
Holiday Inn Roanoke-Tanglewood-Rt 419&I581 by IHG
4468 Starkey Road Roanoke, VA 24018
Nov 14, 8:30 AM

Community Wellness Resource Center Celebration
YMCA – PowerHouse
204 Town Square St, Glade Spring, VA 24340
Nov 14, 12 PM to 2 PM

Consulado Móvil de el Salvador
3706 Peter Creek Rd, Roanoke VA 24019
Nov 15, 8 AM to 3 PM
*Atención por orden de llegada

REVIVE! Learn How to Reverse an Opioid Overdose (In-Person)
Roanoke City and Alleghany Health District
Roanoke City Health Department - Virginia Department of Health
1502 Williamson Road Northeast #2nd Floor Roanoke, VA 24012
Nov 18, 5:30 PM
*Learn how to save a life! This class will teach you how to recognize and respond to an opioid overdose with naloxone.

Making the Ask (workshop for Non-profits)
Dan River Nonprofit Network
Pittsylvania County Community Center
115 South Main Street Chatham, VA 24531
Nov 19, 10 AM
*Learn tools for preparing for and conducting successful donor conversations.

"It Takes a Village" Parent support Group
YMCA Powerhouse & Partners
204 Town Square St, Glade Spring, VA 24340
Nov 20, 12 PM, every Third Thursday- Upcoming Workshop "Legal Custody, Benefits and advocacy" Registration Here

Free ThanksGigiving Dinner Giveaway

The HealthWagon

Dickenson Center for Education and Research

818 Happy Valley Dr, Clintwood, VA 24228

Nov 20, 2 PM to 4 PM - Call (276) 328-8850 for more info

*All while supplies last. First come, first served!

RVCA Priority-Setting Workshop

Resilient Virginia

Dec 2, 10 AM to 12 PM - Virtual

* The discussions will inform the development of the Rural Regional Resilience Roadmap for Central and Southwest Virginia that will strengthen the voices of rural, underserved communities both at the state level and with funding sources.

Other resources and ongoing Services:

PowerHouse YMCA Parenting programs (Free)

YMCA Powerhouse & Partners

204 Town Square St, Glade Spring, VA 24340

Different dates and times check flyer here

Health Wagon Mobile Clinics

Different Locations. Calendar scheduled and services Here

* The Health Wagon visits sites in Southwest Virginia's Buchanan, Dickenson, Lee, Russell, Scott, and Wise counties on a weekly basis.

Do you need Insurance? Medical, Dental and Vision

The Health Wagon

Find assistance Southwest: Application for Medicaid, Denials or Renewals

Call Megan Clark Medicaid Outreach Worker 276-328-9950 or 276-870-2379 email: mclark@thehealthwagon.org