SHENANDOAH VALLEY

Note: Albemarle County, Charlottesville, Louisa county and Culpeper are not geographically within the Shenandoah Valley, they are just east of the Blue Ridge Mountains, but are included here due to their close community and cultural connections with the Valley region.

Find a local food pantry through the Federation of Virginia Food Banks.

Community Mental Health and Wellness coalition
Prevention Region Ten
500 Old Lynchburg Road, Charlottesville, VA 22903
June 2, For additional meeting details, consider signing up for our mailing list.
Email cmhwc@regionten.org

Community Connection Open Doors
Open Doors Shelter
1111 N. Main Street, Harrisonburg VA
June 4, 10 AM
*Learn about services and programs provided at the navigation center. Vendors welcome.

Festival of Cultures
Piedmont Virginia Community College
Brooks Family YMCA
151 McIntire Park Drive, Charlottesville, VA
June 6, 12 – 3 PM

Free Screening of Refuge + Special Guest
Host Committee to Screen Refuge in Charlottesville
Light House Studio at Vinegar Hill Theatre
220 West Market Street Charlottesville, VA 22902
June 9, 6:30 PM

Join Bilingual Professional Support Networking group
Restaurante El Sol 29 S. Carlton, Harrisonburg VA
June 16, 12:00–1:00 PM
* If you would like to join please contact: Brooke Garcia at nbgarcia@sentara.com or Cindie Hunter cynthiaahunter@gmail.com

6th Annual Free Community Fun Day Kid Event

North Park

800 Bridge Avenue, Waynesboro 22980

June 6, 2 PM to 8 PM

Equity Coalition Hybrid Meeting

Move2Health

UVA Center for Community Partnerships

201 W. Main Street, Charlottesville, Virginia

June 10, 8:30 to 10 AM

*Monthly large group coalition meeting that is hosted hybrid over zoom and in person at the UVA Center For Community Partnerships.

PUTT-PUTT Community Event – Best Weekend ever

Harrisonburg Downton Renaissance

Downtown Harrisonburg

June 13, 1 PM to 5 PM – Vendors registration

Access to Healthcare Meeting

Move2Health

UVA Center for Community Partnerships

201 W. Main Street, Charlottesville, Virginia

June 18, 9 AM - Hybrid

Summer Conversational English Classes

Skyline Literacy

Emmanuel Episcopal Church, 660 S Main St, Harrisonburg, VA.

June 23rd to July 28th, 6:00 to 8:00 PM

***** For more information or to register, please contact us at 540-433-0505 or email Kabdalrahman@skylineliteracy.org

Addressing the Impact and Trauma of Migration (AITM) Training

CWS Harrisonburg

June 25th and 26th, 8:00 AM – 4:00 PM (attendance required both days)

*To register, please RSVP by June 8th via email to acruz@cwsglobal.org - This is a free training

Estacion de Salud Comunitaria- Clínica de Salud

UVA Iniciativa de Salud Latina

Iglesia Encarnacion – Salón de conferencias

1465 Incarnation Dr, Charlottesville, VA

June 28, 2:30 PM to 4:30 PM

Iniciativa Latina Clínicas de Salud – Health Clinics

UVA Health Charlottesville

See June calendar for more information, services, time and locations Spanish and English

Augusta Health Mobile Clinic

Augusta Health

Shenandoah Valley region – Different locations (Grottoes, Weyes Cave, Waynesboro, Craigsville, Churchville)

June, Different times see calendar

*See June to August Calendar for other dates and locations for mobile clinics: Verona, Grottoes, Waynesboro, Craigville, and Weyers Cave. For more information about services of these mobile clinics here.

4th Annual Women's Empowerment Day 2026

Beyond Fitness

Jefferson School City Center

233 4th Street Northwest, Charlottesville, VA 22903

June 27, 8 AM

Other on-going events and services:

Neighboorhood Primary Health Clinic
Augusta Health
Deerfield Community Center
64 Marble Valley rd. Deerfield, VA 24432
First Monday of each month, 10 AM to 2 PM – Registration close at 1 PM

Women Mental Health Support Group Finally Happy
Augusta County -Fishersville Library
1759 Jefferson Hwy, Fishersville, VA 22939
Every first and third Thursday of every month, 6:30 PM to 7:30 PM

Free HIV & Hepatitis C testing
Strengths in peers
917 N. Main Street, Harrisonburg, VA 22801
Mondays – Fridays 9 AM – 4 PM- Walks-in Welcome

Free HIV & Hepatitis C testing
Strengths in peers
9560 S. Congress St, New Market, VA 22844
Thursdays 9 AM – 4 PM- Walks-in Welcome

SMJH-Free-Mammograms | Martha Jefferson Hospital Foundation
Sentara Martha Jefferson Hospital is offering free screening mammograms for women who are: Uninsured, Under-insured--no insurance coverage for mammograms, 40 years of age or older To schedule an appointment, please contact our **Breast Health Nurse Jessica Cooper, RN at 434-654-4483**. If you are experiencing any breast issues, such as a lump or unusual skin changes, please let Jessica know at the time of scheduling.

Free diapers- Family Resource Center
115 Jefferson Highway, Suite 101, Louisa VA 23093
Wednesdays 11 AM to 2 PM – For more information call 540-603-2125
*Available while supplies last.

¿Necesitas ayuda con tu seguro médico? Té ayudamos a inscribirte a Medicaid or ACA
Sin Barreras & LAJC
Oficina Sin Barreras, Charlottesville, VA
Llame para hacer su cita, es gratis: 571-288-3953 o 434-531-0104

Poderes Legales/Power of Attorney
Sin Barreras
Todos los martes de 2PM a 4 PM – Solo con Cita
Llamar 434-531-0104
* Llámanos o envíanos un mensaje para saber cómo el Poder Notarial te puede ayudar y para hacer una cita (¡también por WhatsApp!)

Massanutten Regional Library
Provides programs and events to the following communities in the Shenandoah Valley: Bridgewater, Broadway, Grottoes, Luray, Shenandoah, Elkton and Harrisonburg.
Check for Nov Calendar Events Here.

Maternal Mental Health Program
Arrow Project
Waynesboro and Staunton VA
For more information & referrals Here

Low- or no-cost mental health services in Spanish
The Blue Ridge Free Clinic
831 Martin Luther King, Jr. Way, Harrisonburg, VA 22801
*Currently offers a limited number of Spanish-language mental health sessions.
To contact Lisa Hawkins, LCSW, directly: socialwork@blueridgefreeclinic.org

Nelson County – NCCDF Family Assistance Funds
Are you in need of financial assistance with certain basic household needs and interested in applying for help? NCCDF has limited funds to assist qualified Nelson County residents with some of their emergency needs. Assistance provided for: Rent or mortgage, utilities, medications. Eligibility: Serving Nelson County residents only & available only to qualified households.
OTHER EMERGENCIES MAY BE CONSIDERED
Contact: (434) 263-8074 ask for Georgia Brown ext. 103 or email contact@nccdf.org
Applications available at The Nelson Center.

Upcoming events:

The Nelson Community Health Fair
Blue Ridge Medical Center
Tye River Elementary School
5198 Thomas Nelson Hwy, Arrington, VA 22922
July 18th, 10:00 AM to 2:00 PM
*Join us for a great day featuring sports physicals and immunizations for Nelson County students, community resources, food trucks, health education, and more! The goal of the health fair is to set students and Nelson County residents and families up for success for the upcoming school year, while creating a place for discussion, connection, and access to local health and social services. Additionally, if your organization provides support services to Nelson County, Virginia, we would love to have you join us as an exhibitor.
If you are interested in joining us as an exhibitor, please contact **Noelle Stenson at n.stenson@brmedical.com by June 16th**. As the Nelson Community Health Fair is free to the public, exhibitors are not permitted to sell any products or services at this event.

2026 WPS Back-to-School Bash
Kate Collins Middle School
1625 Ivy Street, Waynesboro
July 26 and August 2, 1PM to 6 PM
* If your organization is interested in taking part this year, please complete **this electronic form.**
More information: Dr. Barber at 540-470-8440 (best contact for July 26 & August 2; calls/texts welcome) email: rbarber@waynesboro.k12.va.us-

Join Bilingual Professional Support Networking group Spanish-speaking human service professionals and mental health providers are invited to a casual support and networking gathering. TBD, Harrisonburg. The group's purpose is to connect local Spanish-speaking professionals, check in about wellbeing, and explore interest in a bilingual support network, there's no budget or sponsor, just peers supporting each other. Please invite other Spanish-speaking colleagues if you wish to grow the network **– Upcoming meetings : August 18, 5:00 PM -October 20, 12:00–1:00 PM** – If you would like to join please contact: Brooke Garcia at nbgarcia@sentara.com or Cindie Hunter cynthiaahunter@gmail.com

African-American Heritage and Multicultural Festival

Staunton city and Staunton Parks & Recreation

Gypsy Hill Park Bandstand in Staunton

Sep 19- 20 – Vendor and non-profit application here