APOYO de DUELO en ESPAÑOL GRATIS

EN PERSONA:

6PM
ÚLTIMO MARTES del **MES**
Centro Sagrado Corazón
1400 Perry Street, Richmond, VA 23224

2024
1/30.2/27.3/26
4/30.5/28.6/25
9/24.10/29.11/26

VIRTUAL:

7PM
los **MIÉRCOLES**

2024
2/7–3/27
4/3–5/22
9/11–10/30

INFORMACIÓN
REGISTRACIÓN
REFERIDOS:

Rev. **Igmara Sánchez Prunier**, BCC
Fundadora y Co-Directora

Duelo Latino@gmail.com

804.424.1996

FREE GRIEF SUPPORT in SPANISH

IN PERSON:

6PM
LAST TUESDAY of the **MONTH**
Sacred Heart Center
1400 Perry Street, Richmond, VA 23224

2024
1/30.2/27.3/26
4/30.5/28.6/25
9/24.10/29.11/26

VIRTUAL:

7PM
on **WEDNESDAYS**

2024
2/7–3/27
4/3–5/22
9/11–10/30

INFORMATION
REGISTRATION
REFERRALS:

Rev. **Igmara Sánchez Prunier**, BCC
Founder & Co-Director

Duelo Latino@gmail.com

804.424.1996

La Sabrosita Bakery
Pastries, Specialty Cakes and much more.

Grief & Counseling Support *for* Latinx *by* Latinx

Duelo Latino provides FREE general GRIEF SUPPORT in SPANISH.

MISSION

HEALING IN COMMUNITY.
We co-create inclusive, accessible, bilingual spaces to **share & heal our grief**.

VISION

We embrace our interculturality & strength in community.
WE LEARN ABOUT GRIEF TOGETHER.
We journey toward **healing, hope & joy**.

Duelo Latino provee APOYO de DUELO en ESPAÑOL gratuito.

MISIÓN

SANANDO EN COMUNIDAD.
Juntos creamos espacios inclusivos, accesibles, bilingües para **compartir y sanar nuestro duelo**.

VISIÓN

Acogemos nuestra interculturalidad y fortaleza en comunidad.
APRENDEMOS JUNTOS SOBRE EL DUELO.
Nos acompañamos hacia la **sanación, esperanza y felicidad**.

WHY

NO Spanish-language grief support exists in the state of Virginia. Duelo Latino meets a long-standing need in our growing Latinx population & effectively reduces disparities in healthcare. We accept self-referrals as well as referrals from local, state & national agencies, nonprofits, health care organizations, mental health professionals, academic & religious institutions, & community organizations. These include: Sacred Heart Center, Virginia Victims Assistance Network, Latinos in Virginia Center for Empowerment; Chesterfield, Hanover & Henrico County Public Schools, CSB, DSS; VCU, Bon Secours/Mercy Health System, CrossOver Healthcare Ministry, Mary Washington, UMFS, Daily Planet, Greater Richmond SCAN; Richmond Police Dept., & more. Duelo Latino screens clients to better serve them & to connect them with additional resources.

HOW

Because we are hurt in relationship, we can only truly heal in relationship. **Duelo Latino fosters safe, sacred spaces for Latinx grievers** to share their stories, relieve their pain, create community & **receive competent, FREE grief support & education**. For accessibility, **participants can choose either virtual or in-person groups**, for which **limited childcare & transportation assistance are available** thanks to our community partners.

WHO

Rev. Igmara Sánchez Prunier, Duelo Latino's Founder & Co-Director, **is a Board Certified Chaplain & Grief Counselor with 16+ years of experience** in critical care, community & hospice settings in central Virginia**. Yozaira León-Santiago**, Duelo Latino's Co-Director, **is a Licensed Professional Counselor with 15+ years of behavioral health experience** in community, educational, immigration & law enforcement settings. Over the years, Igmara & Yozaira recognized that the lack of Spanish-language counseling support has only grown more widespread due to Latinx population growth, culturally-specific barriers & lack of Spanish-speaking clinicians. As immigrants themselves, Igmara & Yozaira understand that the grief & loss experienced by Latinx communities is often multifactorial, generational & traumatic. All these factors make grief more intractable for an already-underserved population. Igmara felt moved to create an accessible & sustainable program that could begin to address this disparity in a culturally-relevant manner. To that end, Duelo Latino is in the incorporation process as a 501c3 nonprofit.

INFORMATION, REGISTRATION, REFERRALS:
DUELO LATINO@gmail.com
Igmara Sánchez Prunier *or* Yozaira León-Santiago
804.424.1996 540.280.1873