SOUTHWEST VIRGINIA

Find a local food pantry through the Federation of Virginia Food Banks.

Community Baby Shower
Power House YWCA & partners
Glade Spring Middle School, Abingdon VA
May 2, 10 AM to 1 PM

Legal Aid Presentation - Unemployment Benefits
VLAS
J. Robert Jamerson Memorial Library
157 Main Street Appomattox, VA, 24522
May 6, 2 PM - Representatives from VLAS will present information on these common issues including general guidelines, eligibility, and helpful tools.

Summer Semester of Programs
Blue Ridge Literacy Roanoke
May 7 through August 18.
*Available flyers Spanish and English - To register, learners need to make a registration appointment by : Calling our office: 540-265-9339, messaging on WhatsApp: 540-355-3187 or emailing our program director: sgeres@brlit.org

Stewards of Children Training
Southwest Virginia Legal Aid Society
The Bristol Envision Center
104 Oakview Avenue, Bristol VA 24201
May 11, 9:30 AM to 12:30 PM - Participants will receive a Workbook to use during the training with the steps of how to protect children. Participants will also receive a Training Certificate.

Legal Aid Workshop – Expungements
VLAS
Ruby B. Archie Library
511 Patton Street Danville, VA 24541
May 12, 1 PM - Representatives from VLAS will present information on this common legal issue including general guidelines, applicable eligibility, and helpful tools. Registration is required. Visit readdanvilleva.org or call 434-799-5195.

2026 WPTRCN Conference: From Surviving to Thriving, Across a Community
West Piedmont Trauma and Resilience Community
Institute for Advanced Learning and Research
150 Slayton Ave, Danville, VA
May 12, 9 AM to 4 PM
*Earn 5.5 CEUs for attending

Protect us Roanoke Virtual Meeting
Blue Ridge Literacy & partners
Virtual monthly meeting
May 13, 9 AM – Zoom Link
*Community updates and resources to support on refugee and immigrant populations.

Stewards of Children Training
Southwest Virginia Legal Aid Society
Christiansburg Recreation Center
1600 N. Franklin Street, Christiansburg, VA 24073
May 13, 9 AM to 12 PM
*Participants will receive a Workbook to use during the training with the steps of how to protect children. Participants will also receive a Training Certificate.

Community Resource Event
VLAS
Park View Community Mission
2420 Memorial Avenue Lynchburg, VA, 24501
May 14, 9:30 AM
*Representatives from VLAS staff will be on site the 2nd Thursday of every month to offer legal resources and provide information on our services.

Health Collaborative Monthly Meeting
Danville Chapter Meeting
First Baptist Church
871 Main St, Danville, VA 24541 US
May 14, 2026- Noon-1:30

2026 Local Colors Festival
Local colors
Elmwood Park
505 Williamson Road Southeast, Roanoke, VA, 24011
May 16, 11 AM

Community Resource Fair
1CommunityVoice
2029 Fort Avenue, Lynchburg, VA 24501
May 16, 10 AM to 2 PM

REVIVE! Learn How to Reverse an Opioid Overdose (In-Person)
Roanoke City and Alleghany Health District
Roanoke City Health Department - Virginia Department of Health
1502 Williamson Road Northeast #2nd Floor Roanoke, VA 24012
May 19, 5:30 PM to 7 PM
*Learn how to save a life! This class will teach you how to recognize and respond to an opioid overdose with naloxone.

2026 Southwest Virginia Economic Forum
UVA Wise
David J. Prior Convocation Center
437 Stadium Drive, Wise, VA 24293
May 21, 8 AM to 3 PM

Free Dental Care
VDA Foundation Virginia Dental Association & Mission of Mercy
Big Walker Dentistry
435 North Street, Wytheville, VA 24382
May 21 & 27 – Call 276-228-4711
For more information here.

Casa Latina Red de Salud/Health Network (in person & Virtual)

Casa Latina Roanoke

3110 Pioneer Rd NW, Roanoke, VA 24012, USA

May 26, 1 PM – Networking meeting- Share updates, events and services of your organization.

Zoom link Meeting ID: 882 0561 1803

*For more information reach out to Malinda at casalatinarv@gmail.com

Holler to Horizon Resource Fair

Healthy Families Southwest Virginia

335 Fairground Rd. Pennington Gap, VA 24277

May 29, 9 PM to 4:30 PM

Virginia Housing's free First-time Homebuyer Class

Virginia Housing

Dumas Center

108 Henry St NW, Roanoke, VA 24016

May 30, 8:45 AM-3:15 PM

*Check the calendar for available locations and dates, online or in person.

Invitation for organizations in SouthWest VA

Catchafire Southwest Virginia is a free program that connects nonprofits in Southwest Virginia with skilled volunteers through a virtual platform & virtual volunteers to help complete projects important to your organization. This program is available at no cost to nonprofits across the region. For more information visit their website or to register access request form here.

Join the West Piedmont Trauma and Resiliency Community Network

Join West Piedmont Trauma and Resiliency Community Network (WPTRCN)

WPTRCN is a network of community leaders who promote empathy, equity, and trauma responsive approaches. Meetings are held on the 4th Tuesday of each month at 2:00pm. Danville VA.

Other ongoing services and resources:

Ballad Health Mobile Health Clinic

Ballad Health's mobile clinics are bringing the doctor's office to your doorstep. We are on a mission to provide rural areas of the Appalachian Highlands with easy and low-cost access to primary care, mammograms and preventive services.
Call (423) 915-5200 to find out where our mobile unit is today or to schedule an appointment.
If you are an organization and would like to partner and bring the mobile clinic to your event, please visit here.

Maternal Mental Health Counseling

The It Takes a Village (ITAV) program, launched by the Virginia Health Care Foundation in 2025, provides vital mental health support for pregnant and postpartum mothers across Virginia. ITAV connects individuals with behavioral health providers **for telehealth and in-person counseling—offered in both English and Spanish. Services are available at low or no cost through participating organizations,** with all locations accepting insurance and offering sliding fee scales for those without coverage.

Maternal Mental Health Counseling

Health Brigade

The It Takes a Village (ITAV) program, launched by the Virginia Health Care Foundation in 2025, provides vital mental health support for pregnant and postpartum mothers across Virginia. ITAV connects individuals with behavioral health providers **for telehealth and in-person counseling—offered in both English and Spanish. Services are available at low or no cost through participating organizations,** with all locations accepting insurance and offering sliding fee scales for those without coverage. Flyer.

Citizen Recovery Program (CRP)
Hurricane Helene and Winter Storm Jett

The United Way of Southwest Virginia's Citizen Recovery Program (CRP) application is only for disaster assistance needs related to Hurricane Helene and Winter Storm Jett. Immediate needs qualify as short-term financial assistance such as: rent and utility assistance, food assistance, assistance with replacing vital documents, personal property replacement, etc. For more details and eligibility. Here. Available flyer.

PowerHouse YMCA Parenting programs (Free)
YMCA Powerhouse & Partners
204 Town Square St, Glade Spring, VA 24340
Different dates and times check flyer here

Health Wagon Mobile Clinics
Different Locations. Calendar scheduled and services Here
* The Health Wagon visits sites in Southwest Virginia's Buchanan, Dickenson, Lee, Russell, Scott, and Wise counties on a weekly basis.

Do you need Insurance? Medical, Dental and Vision
The Health Wagon
Find assistance Southwest: Application for Medicaid, Denials or Renewals
Call Megan Clark Medicaid Outreach Worker 276-328-9950 or 276-870-2379 email: mclark@thehealthwagon.org

Upcoming Programs & events (vendor opportunities):

Blue Ridge Literacy Roanoke
Learners enrolled in Leveled ESOL classes will also participate in our English and Health Literacy program, which includes workshops such as:

- **June 2026:** Health Careers Showcase and Fair (in partnership with Radford University, Carilion, and Virginia Western Community College)
- **August 2026:** Mental Health Awareness Workshop (in partnership with local providers)

Free Dental Care
VDA Foundation Virginia Dental Association & Mission of Mercy
Wytheville Meeting Center
333 Community Blvd. Wytheville, VA 24382
June 26 and 27 – Optional pre-screening dates June 17
For more information here.

Resource Fair

Healthy Families Southwest

Clintwood Community Park

472 Chase St, Clintwood VA, 24228

July 2, 9 AM to 4 PM

Celebration of African Cultures

Local Colors

Harrison Museum of African American Culture

2502 Melrose Avenue Northwest, Roanoke, VA, 24017

August 8, Noon to 4 PM

*Contact our office (540) 904-2234 if you wish to be a vendor with a culturally appropriate booth.

SOVALA Festival Latino

Patrick and Henry Community College

645 Patriot Ave, Martinsville, VA 24112

Sep 19 – Vendor registration open here – Spanish and English Flyers

Galax Senior Day

Galax Park and Recreation

Upper Gymnasium

601 S Main Street, Galax, VA 24333

Sep 23, 11 AM – Community Flyer – Vendor Flyer

Hispanic Heritage Month Celebration

Local Colors

John Nolen Plaza

26 Salem Avenue Southeast, Roanoke, VA, 24011

Oct 3, Noon to 4 PM

*Vendor applications will be available around mid-June