SHENANDOAH VALLEY

Note: Albemarle County, Charlottesville, Louisa county and Culpeper are not geographically within the Shenandoah Valley, they are just east of the Blue Ridge Mountains, but are included here due to their close community and cultural connections with the Valley region.

Find a local food pantry through the Federation of Virginia Food Banks.

Community Spring Festival
Waynesboro Mennonite Church
1801 Monroe St, Waynesboro, 22980
May 2, 8 AM to 3 PM

Dia del Nino
Celebration & Co LLC
Brix & Columns Vineyards
1501 Dave Berry Road, McGaheysville, VA 22840
May 2, 11:30 AM

2026 Health & Wellness Fair
Staunton Redevelopment housing authority
Booker T. Washington, Community Center
1114 W. Johnson St. Staunton VA
May 2, 10 AM to 2:30 PM

Save the Date! ReadyKids is partnering with UVA Teddy Bear Clinic and hosting a Block Party –
May 2, 2026, 10:30 am – 1:30 pm – Charlotteville, VA - if you are interested is setting up a table for the event contact Melissa Cohen her email is below: you can find their website at www.readykidscville.org - Contact Information: mcohen@readykidscville.org

Augusta Health Mobile Clinic
Augusta Health
Deerfield Library Station
59 Marble Valley Rd, Deerfield VA 24432
May 4, 10 AM to 2 PM
*See May to August Calendar for other dates and locations for mobile clinics: Verona, Grottoes, Waynesboro, Craigville, and Weyers Cave. For more information about services of these mobile clinics here.

2026 Shenandoah Valley Prayer Breakfast
JMU Festival Conference & Student Center
1301 Carrier Dr, Harrisonburg, VA 22807
May 6, 6:50 AM

Shenandoah Valley Baby Expo
Rockingham County Fair
4808 South Valley Pike, Harrisonburg, VA 22801
May 9, 12 PM to 3 PM
*Free resources, giveaways, and education for growing and expecting families in the Shenandoah Valley.

Community Mental Health and Wellness coalition
Prevention Region Ten
500 Old Lynchburg Road, Charlottesville, VA 22903
May 12, For additional meeting details, consider signing up for our mailing list.
Email cmhwc@regionten.org

The Employer Expo Regional Hiring Fair
Shenandoah University | James R. Wilkins Athletics & Events Center
May 13, 1PM to 5 PM

REACH FOR YOUR DREAMS IN VIRGINIA HOUSING'S FREE HOMEBUYER CLASS!
Virginia Housing
Lucy Simms Continuing Education Center
620 Simms Avenue, Harrisonburg, VA 22802
May 16, 9:30 AM

Trauma-Informed Training (CRI Course 1)

Prevention Region Ten

500 Old Lynchburg Road, Charlottesville, VA 22903

May 19, 9 AM to 4 PM

***** Please follow this link: **HERE** to sign up for an account in Region Ten's Learning Academy.

May Symposium 2026

JMU

The Union, James Madison University, Harrisonburg, VA

May 6, 8 AM to 4 PM - Walk-ins are welcome.

Trauma-Supportive Training (CRI Course 2)

Prevention Region Ten

500 Old Lynchburg Road, Charlottesville, VA 22903

May 26, 9 AM to 4 PM

*You must complete CRI Course 1 in order to take Course 2

Please follow this link: **HERE** to sign up for an account in Region Ten's Learning Academy. Once you have registered, you can log in to enroll in our community training

Winchester / Shenandoah Valley VA-PLA Networking Luncheon

Virginia PLA

Paladin Downtown

31 East Piccadilly Street, Winchester, VA 22601

May 21, 12:30 PM

* The Virginia PLA (Professional Liaison Association) is a place to share news, events, programming updates, resources and connect with colleagues who work in Behavioral Health and Substance Use Disorders.

Massanutten Regional Library

Provides programs and events to the following communities in the Shenandoah Valley: Bridgewater, Broadway, Grottoes, Luray, Shenandoah, Elkton and Harrisonburg.

Check for Nov Calendar Events Here.

Other on-going events and services:

Neighboorhood Primary Health Clinic
Augusta Health
Deerfield Community Center
64 Marble Valley rd. Deerfield, VA 24432
First Monday of each month, 10 AM to 2 PM – Registration close at 1 PM

Augusta Health Mobile Clinic
Augusta Health
*See May to August Calendar for other dates and locations for mobile clinics: Verona, Grottoes, Waynesboro, Craigville, and Weyers Cave. For more information about services of these mobile clinics here.

Immigration Legal Services
Just Neighbors & Free Clinic Culpeper
610 Laurel St STE 3, Culpeper, VA 22701
Second Monday of the month from 1 PM to 3 PM
Four Wednesday of the month from 9 AM to 2 PM
See flyers English and Spanish – Questions? Call 540 829-5032

Women Mental Health Support Group Finally Happy
Augusta County -Fishersville Library
1759 Jefferson Hwy, Fishersville, VA 22939
Every first and third Thursday of every month, 6:30 PM to 7:30 PM

Free HIV & Hepatitis C testing
Strengths in peers
917 N. Main Street, Harrisonburg, VA 22801
Mondays – Fridays 9 AM – 4 PM- Walks-in Welcome

Free HIV & Hepatitis C testing
Strengths in peers
9560 S. Congress St, New Market, VA 22844
Thursdays 9 AM – 4 PM- Walks-in Welcome

SMJH-Free-Mammograms | Martha Jefferson Hospital Foundation

Sentara Martha Jefferson Hospital is offering free screening mammograms for women who are: Uninsured, Under-insured--no insurance coverage for mammograms, 40 years of age or older
To schedule an appointment, please contact our **Breast Health Nurse Jessica Cooper, RN at 434-654-4483**. If you are experiencing any breast issues, such as a lump or unusual skin changes, please let Jessica know at the time of scheduling.

Free diapers- Family Resource Center

115 Jefferson Highway, Suite 101, Louisa VA 23093
Wednesdays 11 AM to 2 PM – For more information call 540-603-2125
*Available while supplies last.

¿Necesitas ayuda con tu seguro médico? Té ayudamos a inscribirte a Medicaid or ACA

Sin Barreras & LAJC
Oficina Sin Barreras, Charlottesville, VA
Llame para hacer su cita, es gratis: 571-288-3953 o 434-531-0104

Poderes Legales/Power of Attorney

Sin Barreras
Todos los martes de 2PM a 4 PM – Solo con Cita
Llamar 434-531-0104
* Llámanos o envíanos un mensaje para saber cómo el Poder Notarial te puede ayudar y para hacer una cita (¡también por WhatsApp!)

Massanutten Regional Library

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Maternal Mental Health Program

Arrow Project
Waynesboro and Staunton VA
For more information & referrals Here

Nelson County – NCCDF Family Assistance Funds

Are you in need of financial assistance with certain basic household needs and interested in applying for help? NCCDF has limited funds to assist qualified Nelson County residents with some of their emergency needs. Assistance provided for: Rent or mortgage, utilities, medications. Eligibility: Serving Nelson County residents only & available only to qualified households.
OTHER EMERGENCIES MAY BE CONSIDERED
Contact: (434) 263-8074 ask for Georgia Brown ext. 103 or email contact@nccdf.org
Applications available at The Nelson Center.

Upcoming events:

Join Bilingual Professional Support Networking group Spanish-speaking human service professionals and mental health providers are invited to a casual support and networking gathering. TBD, Harrisonburg. The group's purpose is to connect local Spanish-speaking professionals, check in about wellbeing, and explore interest in a bilingual support network, there's no budget or sponsor, just peers supporting each other. Please invite other Spanish-speaking colleagues if you wish to grow the network. **Upcoming meetings: June 16, 12:00–1:00 PM -August 18, 5:00 PM -October 20, 12:00–1:00 PM** – If you would like to join please contact: Brooke Garcia at nbgarcia@sentara.com or Cindie Hunter cynthiaahunter@gmail.com

6th Annual Free Community Fun Day Kid Event

North Park
800 Bridge Avenue, Waynesboro 22980
June 6, 2 PM to 8 PM

Summer Conversational English Classes

Skyline Literacy
Emmanuel Episcopal Church, 660 S Main St, Harrisonburg, VA.
June 23rd to July 28th, 6:00 to 8:00 PM
***** For more information or to register, please contact us at 540-433-0505 or email Kabdalrahman@skylineliteracy.org.