



Just Drive

DELIVER DISTRACTION-FREE



A Program from UC San Diego Training, Research and Education for Driving Safety

Scope of the Problem

Distracted driving has been shown to be a major cause of large truck crashes and near-crashes, and the use of cell phones in particular can dramatically increase the risks of being involved in a motor vehicle collision. One research study commissioned by the FMCSA found that drivers who text have a 23 times greater chance of being involved in a safety-critical event, such as a crash, near-crash, or unintentional lane change.

Class Overview

Just Drive Deliver Distraction-Free is a free one-hour class designed to increase driving safety awareness and decrease distracted driving behavior, specifically the use of cell phones among commercial drivers.

Topics

- Scope of the Problem
- Risks and Consequences
- Practical strategies to promote safe driving
- State Laws/Regulations

Benefits

- Reinforcement of state laws & regulations regarding cell phone policies
- Safer employees on the road, both on and off the job
- Contribute to improving safety for all roadway users

Contact Us

For more information, visit treds.ucsd.edu, email treds@ucsd.edu, or call (858) 534-8386



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