

HOURS OF SERVICE SEMINAR

November 4, 2020 9:00am

Seminar will discuss the four key revisions to the existing HOS Rules:

- **The 30-minute break rule requiring a break after 8 hours of cumulative driving**
- **The sleeper-berth exception to allow drivers to split their required 10 hours off duty into two periods**
- **The adverse driving conditions exception**
- **Changes to the short-haul exception available to certain commercial drivers**

To Register for the Seminar, go to:

**[https://forms.gle/
w1rbHEPXBRWdfasd6](https://forms.gle/w1rbHEPXBRWdfasd6)**

On June 1, 2020, the Federal Motor Carrier Safety Administration published the Hours of Service (HOS) final rule that revises the HOS regulations in 49 CFR Part 395, which prescribe driving limits for commercial motor vehicle drivers. Drivers and carriers must now operate under the HOS final rule effective September 29, 2020.

In support of its mission to improve truck and bus safety on our nation's highways, the Federal Motor Carrier Safety Administration Pennsylvania Division is offering FREE education seminars designed to help carriers familiarize themselves with the changes to the revised Hours of Service regulations.

No Cost To Attend

Did you miss out on participating in any of our prior Hours of Service Seminars?

Here is your chance to participate in our last seminar of the year where we will outline the changes to the HOS Rules.

- **Must register 3 days prior to the session**
- **MS Teams online platform will be used for the seminar**
- **Link to the seminar will be provided after registering**

Date & Time

**November 4, 2020
9:00am to 10:00am**

Speakers:

**Safety Investigator
Michael Appolonia**

&

**Safety Investigator
Shawn Updegrave**

**Email Us With Any Questions At:
MCPA0FF@DOT.GOV**