

CORONAVIRUS COVID-19

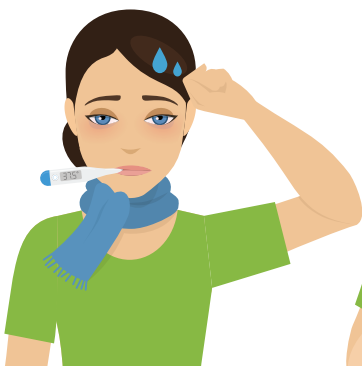
FACTS, SYMPTOMS & PREVENTION



COVID-19 is a new virus that spreads from person to person.

- It can cause mild illness, like the common cold.
- It can cause severe illness like SARS.
- Currently, no treatment or vaccine is available.

SYMPTOMS:



FEVER



SHORTNESS
OF BREATH



COUGH

HOW IS IT SPREAD?

BY AN INFECTED PERSON:

- Within 6 feet of you.
- That coughs or sneezes near you.

FROM SURFACES:

- Touching an object that has the virus on it, then touching your face



PLAN AHEAD:

- Have an emergency plan in case children can't go to school or you can't go to work.
- Talk to your employer about alternative work arrangements.

updated 3/11/2020

STAY UP-TO-DATE WITH THESE TRUSTED SOURCES:

www.cdc.gov

www.co.somerset.nj.us/health

www.nj.gov/health

www.who.int

PREVENTION STAY HEALTHY



WASH HANDS OFTEN
WITH SOAP & WATER,
AT LEAST 20 SECONDS



COVER YOUR COUGHS AND
SNEEZES WITH A TISSUE OR
THE INSIDE OF YOUR ELBOW



CLEAN & DISINFECT
SURFACES FREQUENTLY



STAY HOME IF YOU ARE SICK