

FREE

2026 DIABETES EXPO

ADVOCACY · EDUCATION · EMPOWERMENT · PREVENTION

DIABETES COALITION OF YORK COUNTY

SAVE THE DATE

Saturday, November 7, 2026

10:00 AM – 2:00 PM
Spring Grove YMCA
1472 Roth's Church Rd
Spring Grove, PA

Healthy Body, Healthy Mind!

Discover how physical health and mental wellness work together to support better diabetes management and overall well-being.

For more information: www.diabetesyork.org