HEART ATTACK SYMPTOMS: MEN VS. WOMEN

By American Heart Association News

The most common symptom of a heart attack for both men and women is chest pain. But women may experience less obvious warning signs.

MEN

- Nausea or vomiting
- Jaw, neck or back pain
- Squeezing chest pressure or pain
- Shortness of breath



WOMEN

- Nausea or vomiting
- Jaw, neck or **upper** back pain
- Chest pain, **but not always**
- Pain or pressure in the **lower chest** or **upper abdomen**
- Shortness of breath
- **Fainting**
- **Indigestion**
- **Extreme fatigue**

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