
Bus Trips
Windy Hill
Save the Date!
CHOPTANK RIVERBOAT CRAB CRUISE
Bayside Bridge Restaurant
Hurlock, MD
Wednesday, September 3rd
Depart: 8:00 am
Return: 8:00 pm
Cost: $150 per person
Includes: bus fare, crab feast, cruise, tagged lunch
Arts & Crafts
Windy Hill
DOMINOES
FREE PLAY
TUESDAYS AT 11AM
Think you've got a winning hand? Join in on the fun, Dominoes at Windy Hill on the Campus starts Tuesdays in January at 11am.
Check Out Our
Upcoming Events
Windy Hill on the Campus
Windy Hill's Pool Room
Open Mondays – Fridays
8:30 am – 2:30 pm
Windy Hill's Fitness Room
Mon - Fri
8:30 am - 2:30 pm
Resources
Windy Hill
Property Tax/Rent Rebate Application Assistance
1st Tuesday of each month
Property Tax/Rent Rebate Program
CALL (717)767-3447 FOR APPT.
LINE DANCING
MONDAYS & TUESDAYS
Introduction Line Dance: Mondays @ 10:15
Intermediate Line Dancing: Tuesdays @ 10
and
Advanced Line Dancing: Tuesdays @ 11
Bible Study
DISCUSSION GROUP
1st & 2nd Wednesday of each month at 10 am
Facilitated by: Pastor Josh
Spring Grove Area CAB Church
TURNING 65?
NEW TO MEDICARE?
65
Appointments available
Now You Have It!
($5 Gift)
Tuesday, January 28th at 10am
Bring a wrapped or bagged $5 gift and get ready to steal a present or two (or have your present stolen from you!) in Now You Have It.
Everyone ends up with a present at the end, but there's no telling whose you'll get!
Sign up in Copilot under "Now U Have It 1$"
Learn and Play with Pat
Wednesday, January 29th at 9:15am
Looking for a fun, low-pressure way to learn something new? Join us for Learn & Play with Pat where we will be exploring a variety of games and learning how to play them!
This month's Game is...
5 Crowns
Sign up on Copilot for "Games" to attend
JOIN US!
Wii Bowling
THURS, JANUARY 9TH AT 10 AM & WED., JANUARY 29TH AT 11:30AM
Come on out for some friendly competition. This is virtual bowling, so no bowling shoes needed. This can even be played from a seated position. All are welcome!
Music and Movement at Windy Hill
Thursday, January 23rd at 10 am
Facilitated by: Taylor Hood, board certified Music Therapist
"My goal for this business is to provide music therapy services to individuals within central Pennsylvania who are looking to enhance overall quality of life through music. For group music therapy sessions, I like to include client preference regarding themes, types of music, and activities because really - it's all about you!"
Yarn Workers
1st & 3rd Thursday monthly
at 12:30 pm
Open to all experience levels from beginner to advanced
SCRAPBOOKING WITH BEV
JANUARY 27TH, AT 10 AM
Let your creativity shine and create something truly special. This is a wonderful way to preserve memories. Bring your own photos to personalize your work!
Join us January 30th @ 10AM for our Birthday/Anniversary party featuring Jerry Overby
Join us for Coffee & Discussion
February 3rd @ 10 am
in the cafeteria.
The Woman in the Library
WINDY HILL'S BOOK CLUB
The Woman in the Library is a murder mystery that takes place in the Boston Public Library. Sulari Gentill weaves a twisty, thrilling tale of friendship, deception, and explores the dangerous power of words.
Come out to discuss the book with Windy Hill friends
Thursday, February 20th at 10am
The Woman in the Library by Sulari Gentill
Pick up your copy to borrow in the office today!
WINDY HILL ON THE CAMPUS
MEET & GREET
OUR SPONSORS
THURSDAY, FEBRUARY 20TH
9AM TO 11AM
Thank you to the sponsors who have already RSVP'd
COUNTRY MEADOWS
GLATCO CREDIT UNION
M&T Bank
SAVANT
STRONGER TOGETHER
Silver Triangle Support Group
2nd & 4th Thursdays each month at 1 pm
Well-Check
Friday, January 31st at 8:30 AM Jill Kaylor from Visiting Angels will conduct blood pressure checks in the cafeteria.
Quilts for Kids
CHECK THE NEWSLETTER FOR MONDAYS AT 1:00 PM AND THURSDAY OF THE MONTH AT 9:30 AM
Make quilts for children who are admitted to local hospitals. No experience is necessary; all are welcome to join! This is a wonderful way to help others while learning new art skills like sewing and design.
CARD MAKING WITH SUE
Tuesday, February 4th at 9:00 am
Valentine's Card Making
All materials needed are supplied. This is free to join in!
SPRING GROVE LIONS CLUB & WINDY HILL SENIOR CENTER PRESENT...
Gift Cards & Cash
BINGO
FUNDRAISER
Purchase your tickets here
JOIN US FOR $1,000 WORTH OF CARD & GIFT CARD PRIZES, DIGITAL RAFFLES, FULL-CARD, & SPECIAL GAMES.
FOOD SALES WILL BE AVAILABLE.
SATURDAY, MARCH 8, 2025
LIVE BUTTER CHICKEN DOGS
SPRING GROVE, PA 17362
Spring Grove Lions Club is a part of Lions International. Lions exist to empower local volunteers to meet community needs and challenges and improve the world through kindness. The Lions Club mission is to serve communities, give hope, and support lives.
Windy Hill on the Campus is a thriving, independent adult community. Windy Hill is committed to creating a diverse, welcoming community that celebrates individuality and encourages social engagement and well-being of its participants.
January 2025
SMARTPHONE TECH CLASS
With Spring Grove Area High School Tech Buddies
Tuesdays, March 4th - April 8th from 9:30 am - 10:30 am
Windy Hill will once again be offering a no-smartphone course for beginners on Tuesdays starting in March. The participants will meet weekly for a 1 hour session over a 6 week period at Windy Hill. This course will be taught by Dr. Daniel L. with the help of Spring Grove High School students who will serve as mentors. These "tech buddies" to help guide the participants through the topics.
There IS a limit to the # of participants who register.
Items IS on the list that we are limited to our front office and when it's reserve your spot!
SKILLS LEARNED:
Learn how to Download Apps
Tech Communication (Video calling, Social media)
Internet Searching
Learn Camera Controls
COMING SOON...
SR. HOPE SQUAD
INSPIRE. UPLIFT. EMPOWER.
The Mission of Sr. Hope Squad is to prevent suicide and save lives. This is done through education, training, and peer support. Windy Hill now has 3 trained advisors to lead this program: Jenna, Alison, and Amanda.
We will begin the search for members to join the squad to foster hope, provide support, and extend compassion within our Windy Hill community.
More information coming soon!
Grief and Loss
Support Group
Third Tuesday of each month at 10 am
Visiting Nurses Association of Hanover & Spring Grove (VNA of Hanover & Spring Grove) will be joining us here at Windy Hill, facilitated by Jamie Keller, a social worker.
This group is for any member who is experiencing grief from the loss of a loved one.
Reading Wednesdays
2nd & 4th Wednesday of each Month at 10 am
Volunteer to read to preschoolers at Spring Grove Regional Parks & Rec. Center
Sign-up sheet is in the office
Every Cent Counts
DESIGNATE WINDY HILL AS YOUR CHARITY OF CHOICE WHEN SHOPPING WITH WALMART ONLINE
Sign up online at walmart.com
Parkinson's Exercise
THINK, MOVE, IMPROVE
This class focuses on:
Large movements & increasing size of movements
Gait
Coordination
Voice production
Facial Expression
Fine motor skills
Dual-tasking - combining cognitive challenges with physical tasks
2nd & 4th Fridays at 9 am
Instructed by Vickie Bailey, Certified Fitness Instructor
Country Meadows