Windy Hill
on the campus
where life, learning, and generations connect

1472 Roth Church Rd,
Suite 103,
Spring Grove, PA 17362
(717) 225-0733

Normal Business Hours:
Monday through Friday
8:30 AM - 2:30 PM

The Center will be closed on:
11/11 - Veteran's Day
11/26 & 11/27 - Thanksgiving Holiday

Volume 5, Issue 11 November 2026

Join us for These Upcoming Intergenerational Opportunities!

Windy Hill on the Campus is partnering with Spring Grove Area School District students to bring generations together. Sign up is required. Spaces are limited!

Spanish Language Course with Students
Tues., Nov. 3rd at 9:30 am
Learn Spanish basics alongside Spring Grove Area High School students in this fun, beginner-friendly class!

Fishing Rod Building Seminar with Students
Thurs., Nov. 5th at 10 am
Join students for a hands-on seminar and learn more about the process of building your own fishing rod!

ASL Lesson with Students
Fri., Nov. 6th at 1:15 pm
Learn American Sign Language with the help of Spring Grove Area School District students through this fun and educational partnership.

Tech Assist with Students
Mon., Nov. 9th & 23rd at 10 am
Need help with your phone, tablet, or other technology? Sign up on Copilot for one-on-one assistance from high school students!

Chair Volleyball with Students
Wed., Nov. 18th at 9 am
Get moving and have fun with Spring Grove 6th grade students during a friendly game of chair volleyball.

Membership to Windy Hill is FREE and open to active, independent Spring Grove & surrounding areas 60+. Help us refer others and spread the word about our vibrant, meaningful space.

Please only park in designated parking spaces.
Do not park in the fire lane or grass. Thank you!

Veteran's Program

Thursday, November 12th at 10 am

Join us as we honor Windy Hill members who have served in the United States Armed Forces. This special annual event will feature guest speaker Brandon Wiley, a U.S. Army Combat Veteran and York County Veterans Service Officer, along with performances by Spring Grove Area High School students. All members are welcome to attend! Veterans will receive a special invitation; if you don't receive one, please let a staff member know. We encourage our members to attend to show support & appreciation for those who served in the US Armed Foreces. Sign up on Copilot for "**Veterans Program**" to attend.

Healthy Steps for Older Adults: a Fall Risk Reduction Program

Thursday, November 19th & Tuesday, November 24th at 9:30 am

Join us for Healthy Steps for Older Adults, a free, two-session falls prevention program presented by the York County Area Agency on Aging. Learn about fall prevention, home safety, medication checks, and exercises to improve strength, stability, and balance. Registration is required. Contact Lauren at 717-855-0479 to sign up! Spaces are limited.

Thanksgiving Feast and Dessert & Craft Auction

Join us for Thanksgiving as a Windy Hill family! On **Thursday, November 19th** we can't wait to share a meal and a time of community together. Our meal will be served as eat-in & Grab & Go options. The meal will be a traditional turkey dinner with homemade stuffing. Sign up on Copilot for "Regular" or "Grab and Go" to attend. The **Thanksgiving Dessert & Holiday Craft Auction** will be held on **Wednesday, November 25th at 9:30 am.** We are seeking donations of baked goods and holiday crafts and also encourage you to attend & bid on donated items to help benefit our Center and our mission. You do not have to be a Windy Hill Member to attend!

Civil War Churches of York County w/ Historian Scott Mingus

Monday, November 30th at 10 am

Join published author and local historian Scott Mingus for an engaging presentation on the Civil War Churches of York County! Learn about the history of local churches during the Civil War, the role they played in their communities, and the stories that connect these historic landmarks to the events of the time. Don't miss this opportunity to learn more about our area's fascinating past! This presentation is open to the public! Sign up on Copilot for "**History Speaker**".



Snack & Paint Fundraiser w/ Artist Pat Isch

Saturday, January 9th at 2 pm

Join us for a Snack & Paint Fundraiser with artist Pat Isch at Windy Hill! Enjoy a fun and relaxing painting session as you create an adorable snowman painting to take home. The cost is $30 per person, and tickets can be purchased in person at Windy Hill on the Campus or by scanning the barcode above. All supplies included. Tickets are limited so sign up while seats remain open!

Donations

Thank you to those listed below and the anonymous donors who made donations during the month of September. Your support of our mission is truly appreciated.

Monetary Donations

Smokey & Patty Barley
Joan Book
Robert & Laura Connor
Janice & Michael Drew
John & Deb Freed
Brenda Heiner
Dennis & Sharon Myers
Linda Ness
Seven Valleys Borough
Bonita Stambaugh
Thrivent Choice Dollars
Gwendolyn Watkins and David Azopardi
Ms. Nancy Wentz
Carol Wilson

Item Donations

William & Deborah Allen
Stephanie Appler
Alvin & Theresa Bankert
Cupcakes by Jenn
Randal & Donna Barshinger
Vicki Becker
Jeanne Benner
Bernard Breighner
Campbell's Soup Co
Barbara Cosden
Country Meadows York
Henry & Caroline Duncan
Sharon Eveland
John & Deb Freed
Genova's of Spring Grove
Paula Glassman
Herb & Denise Hann
Hanover Chick-Fil-A
Brenda Heiner
Don & Dolores Hoover
Sue Howes
Larry Kress
Ken & Bonna Krout
Brent & Jenna Lawrence
Sharon Madenfort
Don & Gemma Martin
Martin's Potato Chips
Ed & Ruth Myers
Annie Myers
Debra Nixon
Jim & Linda Pentz
Perkins Restaurant & Bakery
George Pierce III
Skip & Kim Poncavage
Regina Rager
Leo & Sandy Reaver
Sam's Club
Donna Shaffer
Karen Shifflet
Al & Florence
Elaine Smeigh
Spring Grove YMCA
Barry & Beverly Strausbaugh
Debbie Street
dtr of Rick and Alma Dibble
Bob & Jan Szczechowiak
Weis Markets of Hanover #240
Gerald Yost

Bus Trips/Outings



Trip Spotlight on South Dakota



May 28 - June 3, 2027

Trip with York County Association of Senior Centers

Pack your bags and get ready for wide open skies, breathtaking scenery, and unforgettable memories with the York County Association of Senior Centers! Take a trip to beautiful South Dakota — home to stunning landscapes, rich history, charming towns, and iconic sights like Mount Rushmore, Crazy Horse Memorial, and the Badlands. A portion of this trip's ticket sales through our office supports Windy Hill on the Campus senior center.

For more information or if you have any questions, please direct them to Jenna.

Bus Trips for 2027 will be Released Soon!



Decorate the Center and Secret Santa Sign Ups!



Decorate the Center with Us!
Tuesday, December 1st at 9 am



Help us get Windy Hill on the Campus ready for the holiday season on December 1st! Join us as we hang ornaments on our Christmas tree, decorate the café and cafeteria, and add festive touches throughout the center. Whether you enjoy hanging decorations, arranging holiday displays, or simply lending a helping hand, we would love to have you join us! Let's work together to make Windy Hill feel merry and bright for the season!



Sign up for Secret Santa Now through Tuesday, December 1st



It's time to sign up for our annual Secret Santa gift exchange! Those who decide to participate will need to purchase a gift for your secret person in the amount of $20. Forms are available in the office and are due by **December 1st**. Names will be distributed on **December 2nd** with a gift exchange date of **Monday, December 21st at 10 am.**

Ways to Support Windy Hill

Wish List



Disinfectant Wipes*
Clorox bleach bottles
Tissues
Toilet Paper*
Paper Towels*
13 Gallon Garbage Bags*
Bottled water*
Sticks of butter (salted)*
Heavy Duty dessert plates (6 in)*
Plastic Forks*
Postage Stamps*
Hand Sanitizer*
Printer paper
Salad Dressings*
Cans of soda: Coke*, Diet Coke, Pepsi, Diet Pepsi, Sprite, Orange, Root Beer*
Snacks & Chocolate for vending machines*
Sandwich-sized Ziploc bags*
Gallon Sized Ziploc bags
Quart-sized Ziploc bags
Snacks to share for parties & bingo

Ways to Support Our Cause

We're excited to share new ways to support Windy Hill on the Campus! Scan the QR Code to read more information on the following ways to donate.

- Community Aid (Partnership Code 50190)
- RaiseRight
- Walmart Round-up Program
- Legacy Program
- CARS Donation

Lunch is Better Together

Join us for lunch Monday through Friday at noon in our cafeteria! Every member who dines with us helps support Windy Hill by increasing the funding we receive to continue serving older adults in our community. Best of all, you'll enjoy a delicious meal, great conversation, and time with friends.

Grab & Go meals remain available Monday–Friday from 11:30 a.m.–noon; however, with recent funding challenges experienced in the aging services department, these meals will no longer be funded through YCAAA starting January 1, 2027. We are actively investigating options to be able to continue a grab and go service. More details to come.

The dine-in, congregate meal program will continue to be funded and offered. Please help keep this vital program strong by dining with us whenever you can! Lunch is free (donations are appreciated, but not required). Reservations for both dine-in and Grab & Go meals are required at least two days in advance through Copilot or by calling extension 105.



Lucky Lunch

Monday - Friday at 12:15pm

All active members within the past year are in the drawing to win, but only those who pay 50 cents and join us for lunch (Regular or Grab & Go) will be eligible to win! Sign up in the cafeteria at the back table. Who will be our next big winner?!

Coffee Bar

Mondays - Fridays
from 8:30 am - 11 am

Coffee, hot tea, and hot chocolate are available for purchase during our coffee bar hours. Please use the cups provided, even if you need to use it to fill the reusable cup you bring. The cost is 50 cents per 12 oz. cup that is provided in the coffee bar area. Please place your payment by the register.

Welcome New Members!

Ramona Avila
Elizabeth Ayre
Timothy Bowman
Terry Brown
Karen Childs
Kimberly Cole
Mary Cudjoe
Isabell D'Arcangelo
Robert Henke, Jr
Tammy Hildebrecht
Barbara Hoke
Ronald Holden
Dona Laslow
Ernest Laslow
Theresa Lillich
Daniel Martin
Laura Melfi
Brian Muir
Stephanie Muir
Kenneth Mummert
Clement Neiderer
Charles Rankin
Eli Rudisill
Judy Rummel
Natalie Shaffer
Anita Tharpe
Veda Thomas
Karen Trovalli
Donna Weber
Betty White
Charles White
JoAnn Williams
Roger Williams, Jr
David Winner
Judi Winner

DONATE

Volunteers Needed at Windy Hill

You do not have to be a member of Windy Hill to volunteer at our center! We are currently looking for Volunteers in the following areas: Cleaning, Kitchen (M, W, F), Center Tour Guides, & Home Delivered Meals Drivers (M, W, F flexible scheduling). Email Hannah Eveland at Evelandh@windyhillonthecampus.org for more information or stop by our office for an application.

Prayer List

Suzy Allshouse
Barry Anderson
Rich Arnold
Larry E. Bankert
Patty Barley
Robert Brenneman
Patricia Broadhurst-Stone
Jim Decker
Alma Dibble
Mary Doan
Charles Ford
Dean Fuhrman
Marquette Garvick
Fabienne Gladfelter
Linda Haberkam
Loretta Hamme
Jerry Henning
Pat Hoff
Val Iwancio-York
Debra "Deb" Kapp
Lorraine Knaub
Mary Landsperger
Donna Long
Walter Lobodinsky
Bob Maher
Joyce McDermitt
Doris Meckley
Roger Meyers
Barbara Miller
Mary Morgan
Kass Moubrey
Ella Murphy
Fran Nace
Robin Orlando
Byron Pomraning
Patsy Pomraning
Diana Putman
Leo Reaver
Darlene Redding
Lyrian Schuchart
Brenda Shaffer
Fred Shultz
Louise Slade
Elaine Smeigh
Janice Smith
Nancy Smith
Violet Sollenberger
Pat Strouse
Regina Swords
Sam Thieret
George Turner
John Watson
Mae Wagner
Nancy Wagner
Sandy Wagner
Charlie Ward
Donald Wolfe
Richard Ziegler

Memorials

Clyde Livingston 09/12
John Forry, Sr. 09/25
Geneva "Peach" Epley 09/30
Richard Stahl 12/24/25
Gerald Myers, Sr 10/10

If there is a member you'd like added to the prayer list, please contact a staff member in the office.

In an effort to inform our Windy Hill family of the passing of our members, we are placing names of those who we're aware have passed in our monthly newsletter. Please let the front office know if we missed someone. Thank you.

The families & loved ones of these members are in our thoughts and prayers.

November Newsletter Sponsors

Carol Wilson ~ In Memory of her husband, Robert Wilson.

Help us to offset the cost of printing our newsletter. The cost is $25 each month that you choose to dedicate or honor anyone or any occasion that you wish. Contact Windy Hill for more info.

Fall Donation Drive

We are officially kicking off our annual Fall Donation Drive with a goal to raise $15,000. These essential funds directly cover our core operating costs, ensuring we can keep providing the programs and community support you rely on. As a 501(c)(3) organization, your gift to Windy Hill is tax-deductible. Scan the QR code to make your donation.
Tax Tip for 2026: Under current rules, individuals who file with standard deduction, can deduct up to $1,000 and couples up to $2,000 annually!
We are deeply grateful for your continuous generosity. Quite simply, we couldn't do any of this without you.

Happy Birthday to...

1st- Leslie Aumen
Michael Danfelt
Geraldine Ernst
Brenda Heiner
Bertha McClellan
Lyn Overmiller
Gail Plank

2nd- Judith Harewood

3rd- William George
Deborah Henry
Susan Howes
Larry Mummert

4th– Carol Brenneman
Cynthia Madoushek
John Watson

5th– Richard Armstrong
Randall Gingrich
Debra Nixon
Shari Sheffer

6th– Robert Aims
Larry Forbes
Charmaine Shearer

7th– Pamela Altland
Leanna Bankert
Cheryl Breault
Hope Herrington
Sharon Hyser
Robin Orlando
Richard Penley
Kay Riley

8th– Lorna Elliott
Darlene Krout
James Malone
Brian Muir
Betsy Roth
Violet Sollenberger

9th– Paul Guevin III
Robert Hebert
Theresa Klineyoung
David Smith

10th– Donald Crumble
John Greco
Sandra Ruppert
Geraldine Sweitzer

11th– Dana Edsall
Susan Rankin
Barry Strausbaugh

12th– Mary Doan
Jacqueline Mabe
Karen Reever
Barry Shivery

13th– Roy Westerback
Helen Westerback

14th– Ann Hayes
William Myers
Barbara Ness
Gary Toner

15th– Frederick Garman
Paula Knouse
Helen Livingston

16th– Caroline Duncan
Margaret Rea
Vicki Wynegar

17th– Scott Becker
Paul Breault
Richard Harmer
Jane Reinaman

18th– Donald Hartlaub
Joann Rohrbaugh
Mark Staub

19th– Leonard Meckley
Donald Rodgers
Dennis Searle

20th– Cynthia Elicker
Cecile Fetters
Carol Harrold
Gail Smethers

21st– Carole German
Steven Miller

22nd– Michael Bouchard
Catherine Clarton
William Knisley
Duane Noel

23rd– Larry Bankert
Ray Caputo
Jacqueline Dial
Thomas Harleman
Allen Tosten

24th– Robert Brenneman
Karen Hale
Linda Hopkins
Nancy Klimon
Deborah Olphin
Jill Priebe
Dale Reever
Gloria Zimmerman

25th– Linda Baker
Mary Fringer

26th– Theresa Carr
Hazel Hamme
Karen L. Miller

27th– Joanne Geiman
Pamela Jansen
Leo Nolin
Phyllis Steiner

28th– Sandra Grove
Chris Kessler
Steve Myers
Bruce Stambaugh

29th– Donna Adams
Audra Cothran
Thomas Miller
Roland Riebling
Helen Trimmer
Sandy Wagner
Joan Wolfe

30th– Marion Bortner
Christina Brown
Beth Laughman
Denise Markle
Charles Wildasin

Happy Anniversary to...

Luz Maria & Randall Gingrich
November 7th, 1982

Patricia & Smokey Barley
November 8th , 1980

Betty & Todd Chronister
November 9th

Cynthia & Donald Elicker
November 10th, 1990

Lawrence & Bonnie Altland
November 11th, 1967

Jane & Timothy Reinaman
November 11th, 1967

Mary Jane & Jerry Overby
November 12th, 1996

Barbara & Dennis Velard
November 12th, 1977

Michael & Diane Weller
November 14th

James & Linda Pentz
November 17th, 1995

Jennifer & Don Trout
November 17th

Barry & Risa Anderson
November 18th, 2004

Joyce & George McDermitt
November 18th, 1989

Marian & Andrew Luther
November 21st, 1981

Melissa & William Welsby
November 21st, 1997

Gerald & Theresa Rohrbaugh
November 22nd

Gary & Carol Richardson
November 26th, 1965

Joseph & Pat Isch
November 28th, 1986

November Birthday & Anniversary Party

Tuesday, November 17th at 10 am

All members are encouraged to come out to celebrate November's birthdays and anniversaries with us featuring entertainment by **DJ Chris**. Those who attend will enjoy cupcakes courtesy of Windy Hill sponsor, Country Meadows. RSVP to attend on Copilot by registering for "**Birthday/ Anniversary Party**" & sign up for a "**Regular Lunch**" if you're interested in having a FREE lunch with us! Lunch that day will be a Barbecue Pork Rib Sandwich. Come on out to celebrate with us!

Windy Hill on the campus
where life, learning, and generations connect

1472 Roth Church Rd, Suite 103
Spring Grove, PA 17362

WEEKDAYS 8:30-2:30
717 225-0733

November 2026

Monday	Tuesday	Wednesday	Thursday	Friday
2 9- Chair Yoga $ /A 9:30- **Canning Ring Pumpkin Craft w/ Linda $** /CR **10- Mind Matters: Snack Stronger & Heart Health /CA** 10-**Intermediate** Line Dancing $ /A 10- **Creative Writers Group** /CO 11-**Beginner's** Line Dancing $ /A 11:15- Chair Exercise /D-CA	**3** 8:30- Tai Chi Chih $ / A 8:30- Silver Sneakers $ /D-CA **9:30- Spanish Language Course w/ Students** / CA 10- Pinochle /C 11- **Advanced** Line Dancing $ /A 11- **Dominoes** /C 11:15- Chair Volleyball /D-CA 1- Hatha Yoga $ /TM	***Winter Wonderland Trip*** **4** 9- Chair Yoga $ /A 9- **Trivia Challenge** /WA 9:30- **Christmas Card Making w/ Sue** /CA 10:15- Walking Club /C 10:15- Bible Study Disc. w/ **Pastor Josh** /TM 10:15- Chair Exercise /D-CA 11- Show Me Your Muscles /D-CA 12:30- Chair Volleyball /A	**5** 8:30-Silver Sneakers $ /D-CA 10- 500 Bid Card Game /C 10- **Fishing Rod Building SEMINAR w/ HS Students**/ CA 11- **Dominoes** /C 11:15- Chair Volleyball /A 12:30- **Yarn Workers Club** /CA 1- Sew for a Cause / D-CA 1- **Silver Triangle Meeting** /WA	Bingo! **6** 8:45- Chair Yoga $ /A 9- **Parkinson's Exercise** /TM 9- Friday **Bingo** $ /CA 10- Tap Dancing $ /A 10:15- Cardio/Dance /TM 1:15- **ASL lessons w/ HS Students** /CA
9- Chair Yoga $ /A 9- **Book Folding Class $** / CR **9** 10-**Intermediate** Line Dancing $ /A 10- **Tech Assist w/ Students** /CA 11-**Beginner's** Line Dancing $ /A 11:15- Chair Exercise /D-CA 5- **Quilts for Kids** /D-CA	8:30- Tai Chi Chih $ / A **10** 8:30- Silver Sneakers $ /D-CA 10- Pinochle /C 9:30-**Make & Take: Christmas Ornament $** /CA 11- **Advanced** Line Dancing $ /A 11- **Dominoes** /C 11:15- Chair Volleyball /D-CA 1- Hatha Yoga $ /TM	***Center is Closed*** **11** VETERANS DAY	**12** 8:30-Silver Sneakers $ /D-CA 10- 500 Bid Card Game /C 10- **Veteran's Day Program** / A 11- **Dominoes** /C 11:15- Chair Volleyball /A 1- Sew for a Cause / D-CA	Bingo! **13** 8:45- Chair Yoga $ /A 9- Friday **Bingo** $ /CA 10- Tap Dancing $ /A 10:15- Cardio/Dance /TM
Bingo! **16** 8:50-**Chair Massage** $ (by appt) 9- Chair Yoga $ /A 9:15- **Monday Bingo** $ /CA 10- **Creative Writers Group** /CO 10-**Intermediate** Line Dancing $ /A 10- **Scrapbooking with Bev** /CR 11-**Beginner's** Line Dancing $ /A 11:15- Chair Exercise /D-CA 12:30- **New Member Orient.** /CA	8:30- Tai Chi Chih $ / A **17** 8:30- Silver Sneakers $ /D-CA 10- **Birthday/Anniversary Party fea. DJ Chris** /CA 10- **Grief & Loss Support** /WA 11- **Advanced** Line Dancing $ /A **12:30- Chair Volleyball /A** 1- Hatha Yoga $ /TM 1- **Quilts for Kids** /D-CA	8:30- **Wellness Checks** /W **18** 9- Chair Yoga $ /A 9-**Chair Volleyball w/ Students!** / D-CA 9:30- **Paint with Pat** $ CA 10:15- Walking Club /C 10- Bible Study Disc. w/ **Pastor Jonas** /TM 10:15- Chair Exercise /D-CA 11- Show Me Your Muscles /D-CA 12:30- Chair Volleyball /A 1- **Miniatures Club** /CR	***Holiday Meal*** **19** 8:30-Silver Sneakers $ /D-CA 9:30-11:30-**HSOA w/ YCAAA**/WA 10- 500 Bid Card Game /C 10- **Book Club** /CO 11- **Dominoes** /C 11:15- Chair Volleyball /A 12:30- **Yarn Workers Club** /CA 1- Sew for a Cause / D-CA 1- **Silver Triangle Meeting** /WA	Bingo! **20** 8:30- **Blood Pressure Checks** 8:45- Chair Yoga $ /A 9- **Parkinson's Exercise** /TM 9- Friday **Bingo** $ /CA 10- Tap Dancing $ /A 10:15- Cardio/Dance /TM 1:15- **ASL lessons w/ HS Students** /CA
9- Chair Yoga $ /A **23** 9- **PA Medi Open Enrollment Day** (by appointment only) 10- **Watercolor Class** $ /CR 10-**Intermediate** Line Dancing $ /A 10- **Tech Assist w/ Students** /CA 11-**Beginner's** Line Dancing $ /A 11:15- Chair Exercise /D-CA	8:30- Tai Chi Chih $ / A **24** 8:30-Silver Sneakers $ /D-CA 8:30-**Veteran's Outreach** (by appt) 9:30-11:30-**HSOA w/ YCAAA** / WA 10- Pinochle /C 10-**Now You Have It... ($5 Gift)** /CA 11- **Advanced** Line Dancing $ /A 11- **Dominoes** /C 11:15- Chair Volleyball /D-CA 1- Hatha Yoga $ /TM	9- Chair Yoga $ /A **25** 9:30-**Holiday Dessert & Craft Auction $** /CA 10:15- Walking Club /C 10-Bible Study Disc. w/ **Pastor Jonas** /TM **11:15**-Show Me Your Muscles /D-CA 12:30- Chair Volleyball /A	***Center is Closed*** **26** HAPPY Thanksgiving DAY	***Center is Closed*** **27** Black Friday Shopping
30 9- Chair Yoga $ /A 10- **"Civil War Churches of York County" Presentation w/ Scott Mingus** /CA 10-**Intermediate** Line Dancing $ /A 11-**Beginner's** Line Dancing $ /A 11:15- Chair Exercise /D-CA	DAILY 8:30-11:00 - Coffee Bar 8:30-2:30 - Fitness Room 11:30 - Grab & Go Lunch 12 - Congregate Lunch Pool table is located in the Café	LEGEND: = Sign up REQUIRED A = Auditorium C = Café, CA = Erlemeier Cafeteria CO = Conference Room D-CA = Dance Floor of CA CR = Craft Room TM = Tammy Miller Glass Room W = Wellness Room WA = Waltersdorff Progam Space	GLATCO Credit Union Mini Branch Open Thursdays 9:30-11:30 am Located in the Wellness Room	Reminder! Sign up by **Tuesday December 1st** to participate in the Secret Santa Gift Exchange!

November 2026

Monday	Tuesday	Wednesday	Thursday	Friday
2 Potato Crusted Fish (3.6oz) Potatoes w/Peppers & Onions (1/2c) Lima Beans (1/2c) WG Dinner Roll Milk/Margarine	**3** Meatball Hoagie (3) Seasoned Sweet Corn (1/2c) Orange Juice (1/2c) WG Hot Dog Bun Milk	**4** Chopped Steak in Gravy (2oz) Buttered Noodles (1/2c) Steamed Carrots (1/2c) Fresh Orange Milk	**5** Turkey Chef Salad Coleslaw (1/2c) Fresh Banana Dressing Packet WG Dinner Roll Milk/Margarine	**6** Chili Con Carne (1/2c) w/Cheese (1oz) Brown Rice (1/2c) Mandarin Oranges (1/2c) Cornbread Milk
9 Ham Steak (3oz) w/BBQ Glaze Lima Beans (1/2c) Applesauce (1/2c) WG Hamburger Bun Milk/Margarine	**10** Cheeseburger w/Carmelized Onions (2oz) Cream of Broccoli Soup Vegetable Medley (1/2c) WG Hamburger Bun Milk/Mayo	**11** Center Closed 	**12** Pot Roast (3oz) w/Gravy (2oz) Mashed Potatoes (1/2c) Steamed Carrots (1/2c) Diced Peaches (1/2c) Vanilla Pudding (1/2c) WG Dinner Roll Milk/Margarine	**13** Sausage, Egg, & Cheese English Muffin Homestyle Roasted Potatoes (1/2c) Sunrise Orange Juice WG English Muffin Milk/Ketchup
16 Meatloaf w/Gravy (2oz) Mashed Potatoes (1/2c) Sweet Peas (1/2c) WG Dinner Roll Milk/Margarine	**17** BBQ Pork Rib Sandwich Potato Au Gratin (1/2c) Seasoned Sweet Corn (1/2c) Mandarin Oranges (1/2c) WG Hamburger Bun Milk	**18** Veggie Lasagna Roll-Up in Cream Sauce Peperonata w/Tomatoes (1/2c) Diced Pears (1/2c) Breadstick Milk	**19** Roast Turkey (3oz) w/Gravy (2oz) Windy Hill's Stuffing Balls Whipped Potatoes w/Chives (1/2c) Steamed Corn (1/2c) Cherry Pie (Individual) WG Dinner Roll Milk/Margarine	**20** Krabby Cake Cheesey Rice (1/2c) Sweet Potato Casserole (1/2c) Diced Beets (1/2c) Milk
23 Crispy Chicken Cutlet Garlic Parsley Potatoes (1/2c) Roasted Cabbage w/Bacon (1/2c) Milk/Margarine	**24** Crispy Fish Sandwich Creamy Tomato Soup Steamed Peas (1/2c) Applesauce (1/2c) WG Hamburger Bun Milk	**25** Sweedish Meatballs (4) in Cream Sauce Buttered Pasta (1/2c) Seasoned Green Beans (1/2c) Fresh Orange Milk	**26** Center Closed 	**27** Center Closed We are thankful for you! Have a blessed Thanksgiving!
30 Roast Beef (3oz) w/Gravy (2oz) Mashed Potatoes (1/2c) Steamed Mixed Veggies (1/2c) WG Dinner Roll Milk/Margarine			SCAN ME	Make your reservation on Copilot 2 days before you plan to join us (unless indicated otherwise) using the QR code and entering your email address and Copilot barcode letters and numbers as the password or call 717-225-0733 ext. 105. See a staff member with questions.

Socialization Opportunities

Silver Triangle Support Group

Thursdays, November 5th & 19th at 1 pm

Attendees will have the opportunity to discuss personal experiences & challenges related to aging with Pride. What is said in group stays in group. This group is in partnership with Rainbow Rose Center. Sign up on Copilot for "**Silver Triangle**" to attend.

Quilts for Kids

Monday, November 9th at 5 pm &
Tuesday, November 17th at 1 pm

This group is always looking for more help to make a difference for those in need by making quilts for children in need. No experience necessary. Sign up on Copilot for "**Quilts for Kids**"

Bible Study Discussion

Wednesday, November 4th at 10:15 am w/ Pastor Josh from CABC.
Sign up on Copilot "Bible Study-Pastor JOSH"
Wednesdays, November 18th & 25th at 10 am w/ Pastor Jonas from Spring Grove Alliance Church.
Sign up on Copilot for "Bible Study-Pastor JONAS" to attend.

Yarn Workers Club

Thursdays, November 5th & 19th at 12:30 pm

Do you love knitting, crocheting, or working with yarn? Join the Yarn Workers Club! Whether you're a seasoned pro or just starting out, this group is the perfect place to share your passion. Sign up on Copilot for "**Yarn Workers Club**"

Miniatures Club Meeting

Wednesday, November 18th at 1 pm

Join us for our next Miniatures Club meeting at Windy Hill! Whether you enjoy Warhammer, model building, painting, miniature dollhouses, model trains, or other small-scale projects, there's a place for you!
Come share your interests, exchange ideas, and connect with others who enjoy the world of miniatures. All interests and experience levels are welcome!
Sign up on Copilot under "**Miniatures Club**."

New Member Orientation

Monday, November 16th at 12:30 pm

New members & those wanting a refresher are invited to join us for our quarterly new member orientation. Join our Executive Director, Jenna, in a presentation on the history of Windy Hill, the programs and resources we have available, and some training on our Copilot system. Join us for lunch before - Meatloaf with Gravy. Call to RSVP 717-225-0733 ext. 105 or sign up on Copilot "**New Member Orientation**" & "**Regular Lunch**".

Book Club: My Friends By: Fredrik Backman

Thursday, November 19th at 10 am

My Friends follows Louisa, an orphaned graffiti artist who crashes an elite auction for a glimpse of a painting she treasures. A chance meeting with its dying creator propels her onto a train with his old friend, unraveling a summer of four teens bound by survival in a harsh harbor town.
Book Club members may pick up your copy to borrow in the office!

Games in the Café

Pinochle—Tuesdays at 10am
500 Bid card game—Thursdays at 10am

Games in the Cafeteria

Now You Have It (bring $5 gift) - 11/24 at 10 am
Dominoes - Tuesdays & Thursdays at 11am

Cash Bingo

Bingo every Friday starting at 9:00 am
$10 for a pack of 40 games
(3 cards per game)
Cash payout - 41st game jackpot prize!
Sign up on Copilot for "Friday Bingo" to attend.
Monday Bingo - November 16th at 9:15 am
$10 for a pack of 30 games
Sign up on Copilot for "Monday Bingo" to attend.

Trivia Challenge

Wednesday, November 4th at 9 am

Test your knowledge and have some fun at Trivia! Gather your friends, form a team, and compete to see who can claim a title as a trivia champion. There will be a variety of categories, it is the perfect way to spend an engaging morning. Sign up on Copilot "**Trivia Challenge**" to preregister.

The Creative Writers Group

Monday, November 2nd & 16th at 10 am

This is a drop-in group for writers and anyone curious about creative writing. Group meets will be twice a month to share ideas, playfully write in meeting exercises, and encourage one another. Sign up on Copilot under "**Creative Writers Group**"

Sew for a Cause

Every Thursday at 1 pm

Create fabric items designed to help those in our community from newborns to seniors. Open to all skill levels. There are more areas to contribute than just sewing. Working meetings to be held on Thursdays at Windy Hill from 1:00 - 3:00 PM.
Stop out to learn more & join in on making a difference. All are welcome to join us!

Holiday Cheer Bags

Now through **December 11th**, we are collecting items to make Holiday Cheer Bags for the homebound older adults who qualify for Home-Delivered Meals. Please reach out to Connie or Jenna to determine what items still need purchased. Thank you to each of you who help to brighten the lives of those who are homebound!

Fitness & Wellness



Mondays
9 am - Chair Yoga - *$2/Free
10 am - Intermediate Line Dancing - $2
11 am - Beginner's Line Dancing - $2
11:15 am - Chair Exercise - Free

Tuesdays
8:30 am - Silver Sneakers** -*$2/free
8:30 am - T'ai Chi Chih - *$5/$2
11 am - Advanced Line Dancing - $2
11:15 am - Chair Volleyball - Free (11/17 at 12:30 pm)
1 pm – Hatha Yoga - *$5/$2









Wednesdays
9 am - Chair Yoga - *$2/Free
10:15 am - Walking Club - Free
10:15 am - Chair Exercise (No class 11/25) - Free
11 am - Show Me Your Muscles (11:15 on 11/25) - Free
12:30 pm – Chair Volleyball - Free

Thursdays
8:30 am - Silver Sneakers**- *$2/Free No class 10/15
11:15 am - Chair Volleyball - Free



Fridays
8:45 am – Chair Yoga - *$2/Free
9 am - Parkinson's Exercise (11/06 & 11/20)-Free
10 am - Tap Dancing - $5
10:15 am - Cardio Dance - Free



Fitness Room



Open Monday through Friday from 8:30 am—2:30 pm
Our Fitness Room features treadmills, weights, stationary bike, etc. It is free to use.
The fitness equipment is located in the cafeteria storage area.

*Cost without Silver Sneakers, Renew Active, or Silver & Fit Insurance/Cost with Silver Sneakers, Silver & Fit, or Renew Active Insurance
**Offered on Zoom

Check Out our Billiards Table!



Available to all during business hours (8:30 am—2:30 pm)
The Billiards table located in the Café is open to all members of Windy Hill and is free to play. Get a group together to play or plan to play solo!

Rent a Locker at Windy Hill

Lockers are assigned for individual use, and members provide their own lock. Rental options include $5 per month, $50 per year, or a volunteer-in-lieu option by completing five approved volunteer hours per month. Stop by the office to learn more or sign—up!

MindMatters: Snack Stronger & Heart Health

Monday, November 2nd at 10 am

Join us for an informative video presentation on how smarter snack choices can support a stronger heart! Learn simple tips for healthy snacking and making heart-healthy choices to support your overall wellness. Sign up on Copilot for "**WiTF Mind Matters: (series)**".



Chair Massages By Regina



Monday, November 16th
Appointment starting at 8:50 am

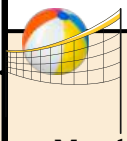
Chair massage by Registered Massage Therapist, Regina Rager. $10 for 10 mins or $15 for 15 mins; last appt ends at 12:10 pm. Please limit yourself to only one appointment time per month. Sign up for an appointment in our office or call (717) 225-0733 to schedule.

Parkinson's Exercise



Fridays, November 6th & 20th at 9 am

Country Meadows fitness instructor, Vickie Bailey, will be here to lead the Parkinson's Exercise class. Sign up on Copilot for "**Parkinson's**" to attend.



Chair Volleyball with Students!

Wednesday, November 18th at 9 am

Members will team up with Spring Grove Area School District 6th grade students for a fun game of chair volleyball! It's a great way to get moving, laugh together, and enjoy some intergenerational fun.

Grief & Loss Support Group

Tuesday, November 17th at 10 am

Jamie, a Social Worker from VNA of Hanover & Spring Grove, will be here to facilitate the group. This group is intended to help people who have experienced grief from the loss of a loved one. Sign up on Copilot for "**Grief & Loss Support Group**" to attend.



Family First Health Wellness Checks

Wednesday, November 18th at 8:30 am

Family First Health conducts free Wellness Checks for our members here at Windy Hill, including blood pressure checks, health assessments, and providing referrals. Sign up on Copilot for "**Wellness Checks**".

Blood Pressure Checks



Friday, November 20th at 8:30 am

Jill Kaylor from Visiting Angels will conduct free blood pressure checks in the cafeteria prior to bingo. Sign up on Copilot for "**Blood Pressure Check**".



Feed-a-Friend

Windy Hill is once again collecting items for **New Hope Ministries** this year to support those in need. We are collecting non-perishable items **Nov. 9th - Dec. 7th**. Contact our office for more information.

Lifelong Learning



Pumpkin Craft w/ Linda

Monday, November 2nd at 9:30 am

Create adorable pumpkins decorated with candles, fall leaves, and glitter accents made from mason jar rings! This fun seasonal craft is a perfect way to add a little autumn charm to your home décor. Join us and make something beautiful to take home! Craft cost is $10 and seats are limited so sign up is required! Sign up on Copilot under "**Craft**".



Christmas Card Making w/ Sue

Wednesday, November 4th at 9:30 am

Bring your creativity to life and use Sue's expert guidance to help you create stunning, personalized Christmas cards! Sign up on Copilot under "**Card Making**".

Book Folding Class



Monday, November 9th at 9 am

Join us for a creative book folding class with Dawn! The four beautiful book folding options are a Bell ($20), a Star ($20), an Angel ($25), and a Christmas Tree ($30). Book folding will take place in the Craft Room. Payments are due at the time of the class. The sign up is located in the cafe and the deadline to sign up is **November 2nd**.

Make & Take Christmas Ornament Craft

Tuesday, November 10th at 9:30 am

Join us for a fun Christmas ornament craft! Create your own festive ornament to take home and enjoy for years to come, and make another to be sent to the Harrisburg Capitol building for display. The cost is $5 per person, all materials provided, and seating is limited to just 10 participants, so be sure to sign up early! Sign up on Copilot under "**Holiday Craft $**".

Scrapbooking with Bev



Monday, November 16th at 10 am

Member, Bev Strausbaugh, will lead the scrapbooking class. Please remember to bring your own photos (Other materials are supplied free of charge). Sign up on Copilot for "**Scrapbooking w/ Bev**".



Paint with Pat

Wednesday, November 18th at 9:30 am

Join Windy Hill member, Pat, for the November painting of a **Fall landscape**. The cost of the class is $5. All supplies and materials are included in the cost. Limited seating- Max of 20 participants. Pre-register on Copilot for "**Paint with Pat**".

Watercolor Class w/ Bonita

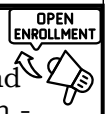
Monday, November 23rd at 10 am

Watercolor returns at Windy hill! Join Bonita from Blissful Bonita in creating a seasonal fall leaves watercolor piece. All materials will be provided. Cost is $15 per person, and the class size is limited to 12 people, so make sure to sign up ahead of time on Copilot for "**Watercolor $**".

In an effort to make Windy Hill more enjoyable for all, please refrain from wearing strong fragrances. Thank you!

Resources

PA MEDI



Open enrollment for Medicare Advantage and Prescription Drug plans is from October 15th - December 7th this year. Windy Hill will once again be a site for PA MEDI appointments. Our last open enrollment appointment will be on **Monday, Nov 23rd**. To schedule, please call 717-771-9042. Windy Hill on the Campus is not able to schedule appointments, so you must call the above number.



Free Transportation

Did you know free, door-to-door transportation is available for people ages 65+ through Rabbit Transit? Save gas money and ride the Rabbit. Call Windy Hill to get more details about this service.

Veteran's Outreach



Tuesday, November 24th appointments from 8:30 am - 1 pm

Sign-Ups are Available!

The 4th Tuesday of every month York County Veterans Affairs will be at Windy Hill to provide and talk through the resources available to Veterans. These could include surviving spouse benefits, local discounts, VA health care enrollment, connections for local food and housing, claim denials, national cemetery burial information, education benefits, property and school tax exemption, and more! If you're a Veteran, you'll want to learn the benefits that are potentially available to you. Schedule your appointment in the Windy Hill office today.



Eyeglasses Donations

Windy Hill is a drop-off location for Spring Grove Lions Club's Recycle for Sight program. Used eyeglasses are sent to optical missions around the world. We're happy to allow our community to support this program.

Senior Hope Squad

HOPE SQUAD

Windy Hill has a group of members who are here to be active listeners in your time of need called the Senior Hope Squad. If you ever feel like you just need to get something off your chest or need a sounding board, we are your people.

Every Wednesday Sr. Hope Squad members wear their special t-shirts and lanyards to identify who they are. You are not alone.



Property Tax / Rent Rebates

In partnership with Representative George Margettas's office, the 1st Tuesday of each month, starting at 11:30 am, you can schedule an appointment with a staff member from the 196th legislative district's office for assistance with filling out the application for property tax or rent rebates. Appointments are required. Call 717-767-3947 to schedule your appointment.

Windy Hill on the campus
where life, learning, and generations connect

Mission: *The mission of Windy Hill on the Campus is to create a diverse and supportive community dedicated to lifelong learning, social interaction, and the well-being of its participants.*

Vision: *To be a vibrant, inclusive, sanctuary that supports our members' independence and living their best life.*

Our Core Values:
Socialization
Healthy Lifestyle
Intergenerational Programming
Lifelong Learning
Dignity
Independence
Diversity

Scan Below to make a donation to show your support of Windy Hill!

Glatco Credit Union Mini-Branch

GLATCO CREDIT UNION

Hours at Windy Hill
Thursdays from
9:30 am - 11:30 am
in Windy Hill's Wellness Room

Thank you to our Sponsors!

Beck Family Funeral Homes and Crematory — Spring Grove | East York | McSherrystown
Ginnie Kite Team lpt realty
Bellomo & Associates, LLC — Estate Planning & Elder Law
M&T Bank
CBS Community Benefits Solutions, LLC — Where clients send their friends
Minnich's Pharmacy — Your Health Advocates.
Country Meadows Retirement Communities
Darrell M. Sipe Opticians and Hearing Aids
oasis Senior Advisors
Edward Jones
Phoenix Physical Therapy
Encompass Health Rehabilitation Hospital of York
Savant Wealth Management
Glatco Credit Union
Visiting Angels Living Assistance Services

2026 Board of Directors

President - Ron Ruman
Vice President - Bob Aims
Secretary - Alice Einsig
Treasurer - Jill Morisi

Directors

Larry Albright
Joan Book
Jermayn Glover
Dr. Steven Guadagnino
Pat Isch
Ginnie Kite
Betty Markle
Scott Miller
Sharon Myers

Windy Hill Staff Members	Ext.	Email Address
Hannah Eveland - *Marketing & Communications Coordinator*	**102**	evelandh@windyhillonthecampus.org
Connie Hemingbrough - *Home Delivered Meals & Food Services Coordinator*	**105**	cheming@windyhillonthecampus.org
Margo Ilgenfritz - *Bookkeeper*	**101**	ilgenfritzm@windyhillonthecampus.org
Jenna Lawrence - *Executive Director*	**103**	lawj@windyhillonthecampus.org
Sharon Madenfort & Debbie Nixon - *Food Services Coordinators*	**107**	
Alison Mummert - *Program Manager*	**104**	mummerta@windyhillonthecampus.org
Office Volunteers	**100**	info@windyhillonthecampus.org