



OLLI at UMass Boston - 2024 Winter Programs

The OLLI office is creating opportunities for all members (and future members!) to stay engaged during the winter. **The programs will be held via Zoom.** Most programs are free. If there are any costs associated with an event, it will be noted in the program description. Zoom links are sent out a day prior to each event.

Members are encouraged to use the OLLI online registration system to sign up for these events. *Winter events and programs are available on a first-come, first-served basis.* Please click [here](#) and use your OLLI username and password to sign into the system. Once you are logged in, all winter events are listed under **WINTER PROGRAMS**. Your username and password are still active even if your membership has expired. **Not an OLLI member?** Please email the OLLI office (ollireg@gmail.com) your requests (program titles) and we will register you so you can experience OLLI this winter.

Please note that the OLLI Office and UMass Boston will be closed on Mondays, January 15 and February 19.

Winter Programs At-A-Glance (with start times listed)

More details for each program listed below can be found within this document; start times are listed

- January 8 Monday Morning Coffee Chats (through February 26) – 9:00 a.m.
- January 8 Book Reviews and Recommendations – 1:30 p.m.
- January 9 OLLI Winter Film Series: *9 to 5* (1980) – 10:30 a.m.
- January 10 Walking on Water through Venice (live streaming tour) – 10:00 a.m.
- January 11 Why Should Exercise Be Boring? Let's Dance! (7-week Zumba class) – 1:30 p.m.
- January 16 OLLI Winter Film Series: *A Man Called Ove* (2015) – 10:30 a.m.
- January 17 Exploring the Colors of "White" in Watercolor Painting – 10:00 a.m.
- January 17 Broadway in the Seventies: A Personal Journey (7-week course) – 6:30 p.m.
- January 18 Understanding and Responding to Dementia Related Behaviors – 10:30 a.m.
- January 19 Your Ticket Out! Be Someone Else for a Day: An acting workshop – 10:00 a.m.
- January 23 OLLI Winter Film Series: *The Upside* (2017) – 10:30 a.m.
- January 25 Trivia Fundraiser for OLLI – 10:00 a.m.
- January 30 OLLI Winter Film Series: *The Peanut Butter Falcon* (2019) – 10:30 a.m.
- January 30 Dementia Conversations – 6:00 p.m.
- January 31 Wine & Cheese Pairings and Tastings from Rome – 3:00 p.m.
- February 5 Surfing Uncertainty – 12 noon
- February 6 OLLI Winter Film Series: *Fried Green Tomatoes* (1991) – 10:30 a.m.
- February 8 Tomb of the Unknown Soldier – 10:00 a.m.
- February 13 OLLI Winter Film Series: *Miss You Already* (2015) – 10:30 a.m.
- February 14 Writing Your Heart: Stories, Poems, or Fragments – 10:00 a.m.
- February 15 Cognitive Upgrade – 10:00 a.m.
- February 16 Gesture Drawing: Capturing the movement of people – 10:00 a.m.
- February 20 OLLI Winter Film Series: *Thelma & Louise* (1991) – 10:30 a.m.
- February 22 Managing Money: A Caregiver's Guide to Finances – 10:30 a.m.
- February 26 A World War II Story through Sketches – 12:00 noon
- February 27 OLLI Winter Film Series: *Victoria & Abdul* (2017) – 10:30 a.m.
- February 28 Making Waves: Capturing the beauty of water in watercolor – 10:00 a.m.

****More on the Winter Film Series – *The Ins & Outs* and *Ups & Downs of Friendship*****

Arthur C. Brooks (Family, Faith, Friends, Work) identified friendship as one of the four pillars of a happy life. Put in another way, Oprah Winfrey stated: “Lots of people want to ride with you in the limo, but what you want is someone who will take the bus with you when the limo breaks down; that’s a friend!” We all have thoughts, theories, and stories about friendship, and you are invited to come explore eight of them that are played out on the big screen during our Winter Film Series. Did the characters end up having a happy life due to their friends? Were they willing to ride the bus when the limo broke down? Let’s dive into the sometimes simple, but yet complicated, multi-directional rollercoaster that is friendship.

Registration for the film series has changed slightly for this year. Folks will register for the entire series and not each individual film. We know that you may not be able to see all the films, but this will make registration a bit more streamlined for folks. The movies will be available to watch over Zoom or in-person at Thayer Public Library in Braintree or on UMass Boston campus (McCormack Hall, Room 617, 3rd Floor) starting at 10:30 a.m. on Tuesdays. Lively, post-film discussions will begin at approximately 12:30 p.m. with folks in Braintree and UMass Boston being able to participate via Zoom as well.



Monday Morning Coffee Chats – Starting January 8 through February 26 6 Mondays, January 8–February 26, 9:00–10:00 a.m.

Here is your opportunity to connect with other people over your morning cup of coffee! Every Monday in January and February (except Jan. 15 & Feb. 19).

Book Reviews and Recommendations

Monday, January 8, 1:30–2:30 p.m.

Curious to learn about what others are reading this winter (or have read during the summer and fall)? Did you get a great book over the holidays? Need a break from the computer screen and looking for a good book to pick-up? This event allows participants to share book titles and quick, personal reviews to help others build their winter reading lists. Don’t have a book to share? No problem! Join and listen to recommendations that might inspire you to check them out.

OLLI Winter Film Series: *9 to 5* (1980)

Tuesday, January 9

10:30 a.m. – Film showing via Zoom;

In-person viewing at Thayer Library, Braintree or UMass Boston

12:30 p.m. – Film discussion via Zoom

This comedy/farce film focuses on three secretaries who are tired of being mistreated by their sexist, egotistical, tyrannical boss. They join forces to carry out an outrageous plot to overthrow their boss and create a better workplace for all. The secretaries are played by Jane Fonda, Lily Tomlin, and Dolly Parton. *9 to 5* is Dolly Parton’s film debut; she also wrote the award-winning theme song for the movie. Runtime: 1 hour and 49 minutes.





Walking on Water through Venice (live streaming tour)

Wednesday, January 10, 10–11:00 a.m.

Venice, Venezia, Serenissima, City of Water, City of Masks, The Floating City. No matter what you call Her, She is simply mesmerizing. Meet your guide to Venice in Saint Mark's Square, in the heart of Venice. Learn of the history of this part of Northern Italy, of its unique geographical structure as we walk above the waterways to take in the impressive structures such as Doge's Palaces, the Clock Tower, the Bridge of Sighs, and of course the Rialto Bridge. Along our

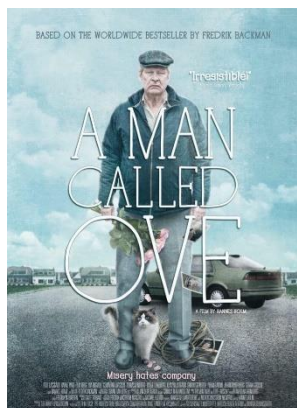
stroll above the canals, we will view the iconic Gondolas as they effortlessly maneuver their way through the water ways. Venice has played an instrumental part in art and culture both in Italy and worldwide through its celebration of mask making for Carnival as well as the exquisite Murano glass. Our tour of Venice would not be complete without viewing the mouth-watering snacks that Venetians have perfected, cichetti. Andiamo! **Presenter:** Cinzia Maestrini's love of language, travel, culture, and art started at a young age as she graduated from a Foreign Language High School then from the Venetian University "Ca' Foscari" with a degree in Chinese Language and Literature. Her ability to speak multiple languages allowed her to work with many groups throughout the world bringing them throughout Italy and Europe. However, her deep love of the arts and history of her hometown, Venice, brought her back from travelling the globe to focus on this. After studying for this specific exam, she became a Professional Tour Guide in Venice and works with travelers daily to introduce them to her beloved Venice.

Why Should Exercise Be Boring? Let's Dance! (Zumba® class)

7 Thursdays, January 11–February 22, 1:30–2:30 p.m.

Join the ultimate dance-fitness party that beats a boring exercise workout any day! Zumba® Gold is part of the popular Zumba® dance-based fitness program and is specifically designed for active older adults. It includes the same wide variety of Latin and other international rhythms, but without any high impact moves.

However, it is not a dance class, so there are no right or wrong moves in Zumba® Gold. Stand, sit in a chair, or alternate between the two. Just let the music move you! Wear workout clothes and sneakers and have your water bottle handy. **Presenter:** Mary Ellen Reardon is a certified group exercise instructor and has taught Zumba® Gold classes in the Boston area for more than 13 years. Her dance background is primarily tap-dancing and Irish step, which allows her to include "Fake Irish Step Dancing" as one of her "Other International Rhythms"!



OLLI Winter Film Series: A Man Called Ove (2015)

Tuesday, January 16

10:30 a.m. – Film showing via Zoom;

In-person viewing at Thayer Library, Braintree or UMass Boston

12:30 p.m. – Film discussion via Zoom

Ove is the quintessential angry old man next door. An isolated retiree with strict principles and a short fuse, who spends his days enforcing block association rules that only he cares about, and visiting his wife's grave, Ove has given up on life. After a boisterous young family moves in next door and accidentally flattens Ove's mailbox, an unlikely friendship forms. Runtime: 1 hour and 56 minutes.

Exploring the Colors of “White” in Watercolor Painting

Wednesday, January 17, 10:00 a.m.–12 noon

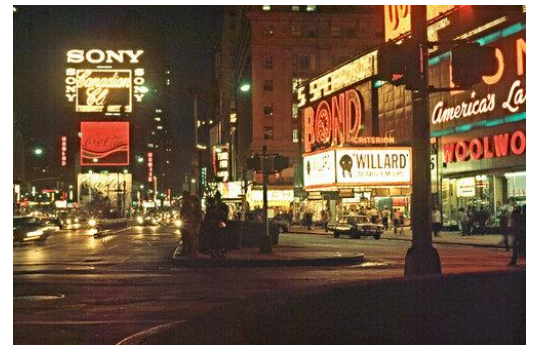
Have you ever asked yourself, “How would I paint a white coffee cup? Snow? A white boat?” This workshop is for anyone interested in exploring and painting objects that have a local color of white. This workshop will be divided into three parts. First, there will be a presentation of different artists’ interpretations of painting white objects. Next, the instructor will demonstrate, in watercolor, an example of painting a white object and lastly, students will practice for themselves. Students will leave with a newfound appreciation for the breadth of colors that are used to capture white. All levels are welcome. A list of art supplies will be sent out by the instructor a week prior to the workshop. This workshop is taught entirely online through the Zoom platform. **Presenter:** Kate Nordstrom is an artist and teacher based in Barrington, Rhode Island. Her true love of art started when she was a young child. She considers herself a lifelong learner who seeks out opportunities to be a student whenever and wherever she can. Subjects of interest in her own work continue to be the California landscape and architecture, the ruggedness of the New England coastline, and the concepts of light and space. She is thrilled to be teaching at OLLI.

Broadway in the Seventies: A Personal Journey

7 Wednesdays, January 17–February 28, 6:30–8:00 p.m.

This program is offered in partnership with OLLI at NC State.

In 1971, Cary Frederick began a 45-year association with the Current Broadway Theater Tour. In 1973, he became part of the staff. During the 1970s, Cary saw eight shows a year. In addition, he had backstage visits and luncheons with cast members and personnel. Cary ended the seventies by moving to NYC and eventually starting his own tour business called Rent-A-New-Yorker! This course is a year-by-year account of the Broadway shows and stars of the decade--Stephen Sondheim (*Company*, *Follies*), Neil Simon (*Prisoner of Second Avenue*, *The Sunshine Boys*), and revivals including *No, No, Nanette* with Ruby Keeler and *Irene*, starring Debbie Reynolds. Be ready to share your own memories of these shows! **Recommended Viewing (Optional):** One or more of the following plays: *Sleuth*, *Deathtrap*, *Equus* and *The Elephant Man*. **Facilitator:** Cary Frederick; B.A., MLS, Indiana University; film studies at College of Staten Island 1979-80; began a NYC tour company called Rent-a-New Yorker in 1982; from 1971-2006, helped run the Current Broadway Theater Tour; taught four classes covering these 45 years at UMass Boston via Zoom; married, two children; moved to N.C. from the Boston area in 2020.



Understanding and Responding to Dementia Related Behaviors

Thursday, January 18, 10:30–12 noon

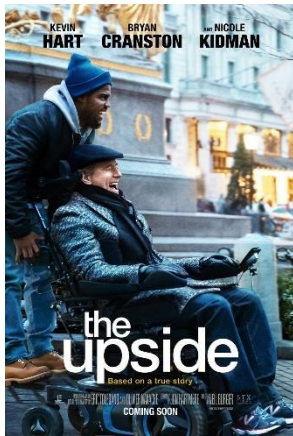
Review caregiver tips and strategies to respond to some common behaviors exhibited by individuals living with Alzheimer's and dementia, such as agitation, confusion and more. Presented by the Alzheimer's Association®. **Presenter:** Mark is a retired IT professional with a BSBA in Information Systems from the then-Western New England College. He gained dementia caregiver experience while caring for his mother throughout her 13-year struggle with Alzheimer's disease. Mark strives to stay current and expand his knowledge on Alzheimer's disease, dementia, and caregiver support through continuing education and industry training. In addition to helping caregivers via his practical handbook, *The Alzheimer's A to Z Caregiver's Handbook*, Mark also supports caregivers through speaking engagements and by facilitating support groups. As a trained Community Educator with the Alzheimer's Association and Dementia Friends

organizations, Mark presents education and information sessions to raise public awareness and understanding of Alzheimer's Disease.

Your Ticket Out! Be Someone Else for a Day: An acting workshop

Friday, January 19, 10–11:30 a.m.

Do you enjoy storytelling and conversations? Are you someone who loves characters? Do you secretly think you should be on stage or in the movies? Do you wonder if acting might be fun? This workshop may be just the ticket for you! The workshop is designed to be high energy, imaginative, and an introduction to acting work; prior experience is not necessary! We will focus on a variety of activities including: improvisation, creating characters, and working with short scripts. Participation and positive feedback will be central to our workshop. Be prepared to have your camera on, be ready to engage, and bring your unique imagination. Be ready for joy! **Presenter:** Margarita Bonifaz started her 33-year teaching career with a teaching fellowship at Smith College. She taught Drama in the Amherst Public Schools for over twenty years. She believes in the power of theater to create joy, strengthen individual voice, and encourage community. Margarita loves to write, sew, and embroider. She is delighted to be teaching at OLLI.



OLLI Winter Film Series: *The Upside* (2017)

Tuesday, January 23

10:30 a.m. – Film showing via Zoom;

In-person viewing at Thayer Library, Braintree or UMass Boston

12:45 p.m. – Film discussion via Zoom

Phillip is a wealthy quadriplegic who needs a caretaker to help him with his day-to-day routine in his New York penthouse. He decides to hire Dell, a struggling parolee who's trying to reconnect with his ex and his young son. Despite coming from two different worlds, an unlikely friendship starts to blossom as Dell and Phillip rediscover the joy of living life to the fullest. Runtime: 2 hours and 6 minutes.

Trivia Event – Fundraiser for OLLI

Thursday, January 25, 10:00 a.m. – 12 noon

Come test your knowledge on the year 1999! The Friends of OLLI Committee invites you and your friends to join in on the fun with OLLI's virtual fundraising event! OLLI at UMass Boston turns 25 in 2024 and trivia questions will focus on the year that our lifelong learning community was founded! Participants will be randomly assigned to groups of 5 participants, and will use breakout rooms to discuss and decide their answers to trivia questions. The winning team will receive prizes! **Event cost: \$25.** Event fee is tax deductible and all proceeds go toward the Friends of OLLI fund, which keeps OLLI vibrant! Membership fees and interest from the Osher Foundation endowment finance a large part of the program, but they do not fully fund our costs. The Friends of OLLI funds go toward events, scholarship assistance, OLLI Scholar stipends, and other needs that OLLI has throughout the year. Participants can [register and pay online](#), or can mail a check made out to "Friends of OLLI" to the OLLI office: OLLI at UMass Boston, 100 Morrissey Blvd, Boston, MA 02125.





OLLI Winter Film Series: *The Peanut Butter Falcon* (2019)

Tuesday, January 30

10:30 a.m. – Film showing via Zoom;

In-person viewing at Thayer Library, Braintree or UMass Boston

12:30 p.m. – Film discussion via Zoom

The film follows a young man with Down syndrome who escapes from an assisted living facility and befriends a wayward fisherman on the run. As the two men form a rapid bond, a social worker attempts to track them. This comedy-drama film is written and directed by Tyler Nilson and Michael Schwartz, in their directorial film debut, and stars Zack Gottsagen, Shia LaBeouf, Dakota Johnson, and John Hawkes. Runtime: 1 hour and 37 minutes.

Dementia Conversations

Tuesday, January 30, 6–7:00 p.m.

If you know someone who is experiencing changes in memory, thinking and behavior, this program provides tips and strategies for difficult (but important) conversations about changes that may be related to dementia. Presented by the Alzheimer's Association®. **Presenter:** During the 12 years since his retirement, Charlie Zoeller has made numerous educational presentations each year for the Massachusetts/New Hampshire Chapter of the Alzheimer's Association, as an Education and Community Representative Volunteer in southern New Hampshire and Massachusetts. Before retiring, Charlie served as Alzheimer's Care Director at Golden LivingCenter (GLC) in Lexington, MA. In prior years he served as Associate Program Director for the VT/NH Alzheimer's Association Chapter, as an Administrator in two residential care/assisted living homes in New Hampshire, one specializing in dementia-care, and in private geriatric care management, specializing in Alzheimer's. He has trained professional caregivers and Support Group leaders.



Wine and Cheese Pairings and Tasting

Wednesday, January 31, 3–4:30 p.m.

Join our resident cheese expert, Eleonora, and our natural wine lover, Gina, as they share their knowledge of cheese and wine pairings straight from Rome, Italy. In this live tasting, Eleonora and Gina will pair three cheeses with three wines from varying regions in Italy taking you on a full sensory journey as they share their love of cheese and wine, as well as tales of their culinary travels throughout Italy.

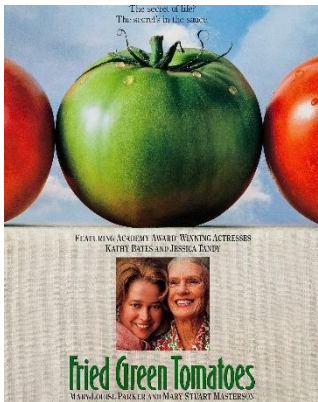
Presenters: American-born and Italian-raised Eleonora Baldwin is a TV celebrity, bilingual journalist, and culinary connoisseur. She is the creator of the popular food, travel, and lifestyle blog *Aglio Olio e Peperoncino*, which has subscribers in over 100 countries. Eleonora is the host and creator of prime-time TV hits “ABCheese” and “Uazz’America”, broadcast by SKY TV for Gambero Rosso Channel, Italy's number one food network. Gina Tringali is a travel and food writer, culinary guide, and natural wine lover. Born into an Italian-American family, she fell in love with all things Italian at a young age. Time spent in kitchens with her Neapolitan and Sicilian grandparents, watching, cooking, and tasting every dish, fed this love and dream of living in Italy. Gina has an MBA from New York University, a master's degree in Italian gastronomic culture from the Università degli Studi di Roma Tor Vergata, holds the WSET Advanced Certificate in Wines and Spirits, and is a certified sommelier and member of the Associazione Italiana Sommelier (AIS).

**Please note that OLLI members will need to purchase their own cheese and wine if they wish to do the tastings along with Gina and Eleonora. Wine and cheese lists will be made available ahead of time. The actual tasting part of the program is not a required element to participate; it simply enhances the experience.*

Surfing Uncertainty

Monday, February 5, 12–1:30 p.m.

The world has recently been turned upside down with a worldwide pandemic that never seems to end and a surge of violence and the threat of war. All of these events are making many of us feel disconnected, fearful and unsure about the future. Connecting to others is such an important part of staying healthy and keeping our brain resilient. "The prefrontal cortex where judgement and sound decision-making occur, is strengthened in response to human interaction." A stronger prefrontal cortex can lower activity in the amygdala, which is the fear center of the brain. When we are isolated, the opposite happens and our brain and health and emotions can become imbalanced. In this presentation, learn how to accept the moment and learn coping strategies to help you surf the waves. **Presenter:** Katherine Robinson majored in psychology and anthropology at the University of Vermont. She did graduate training in mental health counseling and is certified by the McLean Meditation Institute (AZ), YOGABODY, and the Alzheimer's Research and Prevention Foundation. Katherine's passions: teaching meditation, breathwork, and energy techniques to calm the body; exploring the healing vibrations of sound; and motivating and inspiring others to be the best that they can be.



OLLI Winter Film Series: *Fried Green Tomatoes* (1991)

Tuesday, February 6

10:30 a.m. – Film showing via Zoom;

In-person viewing at Thayer Library, Braintree or UMass Boston

12:45 p.m. – Film discussion via Zoom

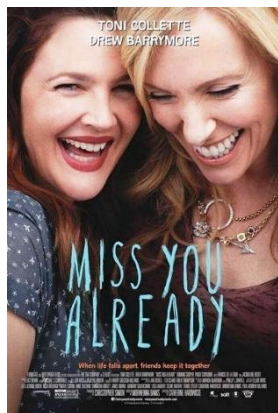
Based on the book, *Fried Green Tomatoes at the Whistle Stop Café* by Fannie Flagg, this intergenerational film weaves together the life of an unhappy wife and stories told by a nursing home resident of a friendship which defies all obstacles. Starring Kathy Bates and Jessica Tandy, this Alabama tale is just as fresh today. Runtime: 2 hours and 10 minutes.

Tomb of the Unknown Soldier

Thursday, February 8, 10–11:30 a.m.

Join Gerry, a former sentinel, for a history of the Tomb of the Unknown Soldier as he shares the duties and responsibilities of those who guard the Unknowns. This will be a PowerPoint presentation with time for questions at the end. **Presenter:** Gerry Mansell was a Sentinel and Assistant Relief Commander at the Tomb of the Unknown Soldier from April 1982 to September 1983. Gerry was awarded the Guard, Tomb of the Unknown Soldier Identification Badge # 259. He has given this presentation in person and via ZOOM numerous times. Gerry retired from the US Army in July 1995 at the rank of Sergeant First Class.





OLLI Winter Film Series: *Miss You Already* (2015)

Tuesday, February 13

10:30 a.m. – Film showing via Zoom;

In-person viewing at Thayer Library, Braintree or UMass Boston

12:30 p.m. – Film discussion via Zoom

The friendship between two life-long girlfriends is put to the test when one starts a family and the other falls ill. Jess and Milly meet at the age of 10 and become inseparable, but their lives take very different paths. Milly (Toni Collette) undergoes treatment to battle breast cancer while Jess (Drew Barrymore) tries to get pregnant. Runtime: 1 hour and 52 minutes

Writing Your Heart: Stories, Poems, or Fragments

Wednesday, February 14, 10–11:30 a.m.

Do you love words? Conversations? Books? Plays? Ever wonder about the stories or poems or fragments caught in your heart and mind? Give yourself the gift of time to write! Experience a writing workshop this winter with OLLI. Through writing prompts, silly and serious, and writing sessions, (short and medium, up to 20 minutes) your imagination will be invited to the page. Participants will be encouraged to share their work and offer positive comments to others. Prior creative writing experience is not necessary. Please come ready to write, please keep camera on during sharing and prompts to encourage our special community. **Presenter:** Margarita Bonifaz has been writing since childhood. She was first published at age 7 in *The Phoenix*, with her poem “Fairy Toast.” She started her 33-year teaching career with a teaching fellowship at Smith College. For many years, Margarita took writing workshops with Pat Schneider, the magical creator of Amherst Writers and Artists. Margarita has a novel in the drawer and many stories on her desktop. She believes everyone has stories in them: in our post it notes, in old letters, in our conversations; we just need to listen and write. She is delighted to be teaching at OLLI.

Cognitive Upgrade: Latest research & practical applications for a more resilient brain

Thursday, February 15, 10–11:30 a.m.

(This presentation will have new information if you have already taken the Brain & Memory Activation course). Many people think that the aging process is only about decline and deterioration which can lead to a fearful and depressing outlook about growing older. The newest research offers a much more positive outlook about the amazing potential of the brain to grow, change, rewire and upgrade. In this presentation, Katherine will be combining the latest research about the brain along with stimulating

exercises to activate the brain. **Presenter:** Katherine Robinson majored in psychology and anthropology at the University of Vermont. She did graduate training in mental health counseling and is certified by the McLean Meditation Institute (AZ), YOGABODY, and the Alzheimer's Research and Prevention Foundation. Katherine's passions: teaching meditation, breathwork, and energy techniques to calm the body; exploring the healing vibrations of sound; and motivating and inspiring others to be the best that they can be.



Gesture Drawing: Capturing the movement of people

Friday, February 16, 10:00 a.m.–12 noon

This workshop is for anyone interested in learning how to draw the human figure in motion. Through quick “gestural” drawings, students will focus on capturing the essence of the figure in motion while paying attention to accurate proportions. This is a fast-paced workshop where students are challenged to draw

quick studies ranging from 1 minute to 10 minutes in order to capture different postures and movement. There will not be a live model. Instead, students will draw from reference photos of the clothed human form projected on the computer screen. All levels are welcome. A list of art supplies will be sent out by the instructor a week prior to the workshop. This workshop is taught entirely online through the Zoom platform. **Presenter:** Kate Nordstrom is an artist and teacher based in Barrington, Rhode Island. Her true love of art started when she was a young child. She considers herself a lifelong learner who seeks out opportunities to be a student whenever and wherever she can. Subjects of interest in her own work continue to be the California landscape and architecture, the ruggedness of the New England coastline, and the concepts of light and space. She is thrilled to be teaching at OLLI.



OLLI Winter Film Series: *Thelma & Louise* (1991)

Tuesday, February 20

10:30 a.m. – Film showing via Zoom;

In-person viewing at Thayer Library, Braintree or UMass Boston

12:45 p.m. – Film discussion via Zoom

The movie offers the audience a mix of genres; a crowd-pleasing blend of action and humor, but in the end, it is much more. It is often described as two women who go on the lam, or “just” a female road movie, or a Butch Cassidy and The Sundance Kid movie for women. But not so; the screenwriter, Callie Khouri, tapped into a story about women becoming fully in charge of their own fate. The feminism presented in *Thelma and Louise* is one that emphasizes friendship, love and unity between women as much as it depends upon a vigilante response

against the men who abused and oppressed them. Runtime: 2 hours and 10 minutes.

Managing Money: A Caregiver's Guide to Finances

Thursday, February 22, 10:30–11:30 a.m.

If you or someone you know is facing Alzheimer’s disease, dementia or another chronic illness, it’s never too early to put financial plans in place. Join us for this free program that will feature tips for managing someone else’s finances, how to prepare for future care costs, and the benefits of early planning.

Presented by the Alzheimer’s Association®.



A World War II Story through Sketches

Monday, February 26, 12–1:30 p.m.

Explore a World War II story through S. Sgt. Jacob John de Vries’ sketches of people, landscapes, and churches in France, Austria, and Germany in 1944-45. de Vries served in the US Army 103rd Infantry (Cactus) Division in Europe and First Allied Air Borne Army occupying forces in Berlin. Even before his formal art training, he was always sketching, including during his four years in the Army. The storyteller is John’s daughter, Janet, who lives in Casper, Wyoming, and is retired from Casper College. This lecture includes her travels to France to locate some of the sites her father sketched. **Presenter:** Janet de Vries is happily retired after 21 years providing career counseling to students at Casper College in Casper, Wyoming. A native of

Akron, Ohio, she moved to Wyoming as quickly as she could after earning a BS in Geology. When the oil boom busted, she earned an MS in Counseling. She is a netweaver, human rights activist, world traveler, and a life member of Girl Scouts.

OLLI Winter Film Series: *Victoria & Abdul* (2017)

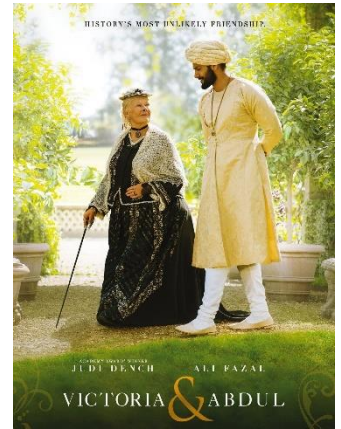
Tuesday, February 27

10:30 a.m. – Film showing via Zoom;

In-person viewing at Thayer Library, Braintree or UMass Boston

12:30 p.m. – Film discussion via Zoom

In 1887 Abdul Karim, a handsome young Indian clerk is ordered to sail to London and bestow upon Queen Victoria a gold medal that celebrates the Golden Jubilee of her reign. Abdul attracts Victoria's interest with his audacious but innocent violations of Royal protocol and perhaps his good looks. She orders him to be made a Queen's footman and over time brings Abdul deeper into her confidence. A bond grows as Abdul provides comforting companionship and unquestioning support. Victoria's intellect is invigorated as Abdul teaches her the Urdu language and his perspective of the culture of India. There is a lingering question. Was this a friendship or is it the story of a monarch's appreciation of a loyal servant who never had a choice about his role in her life? Runtime: 1 hour and 51 minutes.



Making Waves: Capturing the beauty of water in watercolor

Wednesday, February 28, 10:00 a.m.–12 noon

This workshop is for anyone interested in learning how to effectively capture the essence of the ocean in watercolor painting. We will examine the value structure of the ocean to realistically show the vastness of space in your paintings. Additionally, there will be a live demonstration of a step-by-step painting of a cresting wave. Students will have time to paint from reference photos projected on the computer screen as well as from their own inspirational images. All levels are welcome. A list of art supplies will be sent out by the instructor a week prior to the workshop. This workshop is taught entirely online through the Zoom platform. **Presenter:** Kate Nordstrom is an artist and teacher based in Barrington, Rhode Island. Her true love of art started when she was a young child. She considers herself a lifelong learner who seeks out opportunities to be a student whenever and wherever she can. Subjects of interest in her own work continue to be the California landscape and architecture, the ruggedness of the New England coastline, and the concepts of light and space. She is thrilled to be teaching at OLLI.



at UMass Boston

Learning For The Love Of It! – About OLLI at UMass Boston

The Osher Lifelong Learning Institute at UMass Boston is an inclusive, member-powered organization that offers educational and cultural programs to inspire adult learners ages 50+. Our non-credit courses are taught by volunteers with no homework, tests, or grades. The organization is funded by The Bernard Osher Foundation and is part of a nationwide network of 125 OLLI programs. At UMass Boston, OLLI is housed in the Gerontology Institute, a part of the McCormack Graduate School of Policy and Global Studies. For more information, please visit our [website](http://ollireg@gmail.com) or contact our office via email (ollireg@gmail.com).