

**The following Fall courses have space available as of August 28.
 Register for additional courses online at www.umb.edu/olli/courses or
 by email at ollireg@gmail.com. Courses not listed are full.**

Monday Courses	Location	Start Time	End Time	Start Date	End Date	# of Sessions
Insects: A Closer Look at the Smaller Things!	In-Person at UMass Boston	10:00 AM	11:30 AM	9/11/2023	11/13/2023	8
Merchants and Medicine: The Archaeology of Seventeenth and Eighteenth Century Marblehead, MA	In-Person at UMass Boston	1:30 PM	3:00 PM	9/11/2023	10/23/2023	5
The Art of Breathing	ONLINE via Zoom	1:30 PM	3:00 PM	9/11/2023	10/2/2023	3
The Meaning of Life: A Socratic Dialogue of Purpose	ONLINE via Zoom	1:30 PM	3:00 PM	9/11/2023	10/23/2023	5
Tong Bei Exercises	ONLINE via Zoom	9:30 AM	10:30 AM	9/11/2023	11/27/2023	10
What could be worse than death? Public Speaking! A Doable Introduction to Speaking in Public	ONLINE via Zoom	10:00 AM	11:30 AM	9/11/2023	10/30/2023	6
What Family Traditions Look Like (and Do They Ever Change?)	In-Person at UMass Boston	10:00 AM	11:30 AM	9/11/2023	10/16/2023	4
Yang Style Tai Chi	ONLINE via Zoom	10:45 AM	11:45 AM	9/11/2023	11/27/2023	10
Can We Stop Climate Change?	In-Person at UMass Boston	10:00 AM	11:30 AM	10/23/2023	11/20/2023	5
Taming the Monkey Mind	ONLINE via Zoom	1:30 PM	3:00 PM	11/6/2023	11/27/2023	4
The Products That Make Us: How Design Shapes Our Lives	In-Person at UMass Boston	1:30 PM	3:00 PM	11/6/2023	12/4/2023	5
Tuesday Courses	Location	Start Time	End Time	Start Date	End Date	# of Sessions
Can We Stop Climate Change?	ONLINE via Zoom	6:30 PM	8:00 PM	9/12/2023	10/10/2023	5
Mahabharata: Great Epic of the Bharata Dynasty	In-Person at Braintree	1:30 PM	3:00 PM	9/12/2023	10/10/2023	5
The Inaugural Poets	In-Person at Hingham	1:30 PM	3:00 PM	9/12/2023	10/17/2023	6
Real Life Spanish Conversation	ONLINE via Zoom	1:30 PM	3:00 PM	9/19/2023	10/17/2023	5
Flickering Visions: A Film Appreciation Course	ONLINE via Zoom	1:30 PM	3:30 PM	10/10/2023	11/28/2023	8
Chair Yoga for Everyone	In-Person at Hingham	1:30 PM	2:30 PM	10/24/2023	11/14/2023	4
The Impact of Climate Change on Regional Economies in India and the United States: A Case Study of Telangana and Massachusetts	ONLINE via Zoom	10:00 AM	11:30 AM	10/24/2023	11/21/2023	5
Unsung Classical Composers Worth Hearing	ONLINE via Zoom	1:30 PM	3:00 PM	10/24/2023	11/28/2023	6

Wednesday Courses	Location	Start Time	End Time	Start Date	End Date	# of Sessions
Digital Money: Prospects and Challenges	ONLINE via Zoom	10:00 AM	11:30 AM	9/13/2023	10/11/2023	5
Why Should Exercise Be Boring? Let's Dance!	ONLINE via Zoom	1:30 PM	2:30 PM	9/13/2023	11/1/2023	8
Exploring Identity: An Analysis of Internal and External Influences That Impact Identities	In-Person at Braintree	10:00 AM	11:30 AM	9/27/2023	11/15/2023	6
Thursday Courses	Location	Start Time	End Time	Start Date	End Date	# of Sessions
The Environment and Islam: A Philosophical and Religious Perspective on Sustainability	In-Person at UMass Boston	1:30 PM	3:00 PM	9/7/2023	10/5/2023	5
Post Standing for Beginners	ONLINE via Zoom	10:45 AM	11:45 AM	9/14/2023	11/16/2023	10
Shaolin Qi Gong	ONLINE via Zoom	9:30 AM	10:30 AM	9/14/2023	11/16/2023	10
Understanding the Power of Nonviolent Resistance	ONLINE via Zoom	10:00 AM	11:30 AM	9/14/2023	10/12/2023	5
Unraveling the Mahabharata: Discovering Timeless Lessons for a Modern World	In-Person at UMass Boston	10:00 AM	11:30 AM	9/14/2023	10/12/2023	5
Zero Waste: A Catalyst to Achieving Low Carbon Circular Cities	ONLINE via Zoom	10:00 AM	11:30 AM	9/14/2023	10/12/2023	5
A Few More of Our Favorite Reads	ONLINE via Zoom	10:00 AM	11:30 AM	9/21/2023	11/2/2023	7
Marginalized Histories of American Music in the Twentieth	ONLINE via Zoom	6:00 PM	7:30 PM	9/21/2023	10/19/2023	5
Survival French for Travelers (or for Fun)	In-Person at UMass Boston	10:00 AM	11:30 AM	9/21/2023	11/16/2023	8
The United States in the Middle East: Roots of a Quagmire	In-Person at UMass Boston	1:30 PM	3:00 PM	9/28/2023	11/16/2023	8
Sociophysics Approach to the Dynamics of Jewish Communities and Their Resilience	In-Person at UMass Boston	10:00 AM	11:30 AM	10/12/2023	11/30/2023	7
Dutch Golden Age: Landscapes, Seascapes, and Still Life (Seventeenth Century)	In-Person at UMass Boston	1:30 PM	3:00 PM	10/19/2023	11/16/2023	5
Exploring Longevity (Series Five)	ONLINE via Zoom	1:30 PM	3:00 PM	10/19/2023	11/2/2023	3
Sustainable Development: Sustainable Living in the Twenty-First Century	ONLINE via Zoom	10:00 AM	11:30 AM	10/19/2023	11/16/2023	5
The Silenced Voice: The Contribution of Women to Latin American History	ONLINE via Zoom	1:30 PM	3:00 PM	10/19/2023	11/16/2023	5

Friday Courses	Location	Start Time	End Time	Start Date	End Date	# of Sessions
"Class" Struggle: The State of Schooling in America	ONLINE via Zoom	10:00 AM	11:30 AM	9/15/2023	10/20/2023	5
Great Conversations: Immigration Fact and Fiction	ONLINE via Zoom	10:00 AM	11:30 AM	10/13/2023	11/17/2023	6
Exploring Longevity (Series Five)	In-Person at Braintree	10:00 AM	11:30 AM	11/3/2023	11/17/2023	3
Saturday Courses	Location	Start Time	End Time	Start Date	End Date	# of Sessions
Around the World in Thirty-Five Days	ONLINE via Zoom	10:00 AM	11:30 AM	9/23/2023	10/28/2023	5
Behind the Gunsmoke: Literature of the Soldier	ONLINE via Zoom	10:00 AM	11:30 AM	9/23/2023	11/4/2023	6
When History Binds Us: A Journey into the Captivating Massachusetts-Haiti Historical Ties	ONLINE via Zoom	10:00 AM	11:30 AM	9/23/2023	10/21/2023	4
Supporting Transgender Children and Grandchildren	ONLINE via Zoom	10:00 AM	11:30 AM	10/21/2023	11/18/2023	5
Building Resilience	ONLINE via Zoom	10:00 AM	11:30 AM	11/4/2023	12/2/2023	4