

**FA Eastern Area Intergroup
Public Information Committee Minutes
September, 14, 2025**

Meeting Notes EAI PI September 14, 2025

Summary of the EAI Public Information (PI) Early Call (7:30–8:00 AM), facilitated and noted by Sharon H. **9 participants total**

Early Call (7:30–8:00 AM)

Serenity Prayer

Participants Sharon H. Cambridge, MA

Anna MD EAI/PI Health Fair Chair

Linda P. Novi, MI

Carol K.

Patti T. Philadelphia

Beryl B. Ottawa, Canada

Pierrette L. Canada

Helen P. EAI Chair

Aieda D. Walled Lake, MI

Sharon's Update:

- Reflected on how EAI operated before COVID-19, emphasizing the increased importance of video conferencing and virtual service work.
- **Current Outreach:**
 - Health fairs and Public Information (PI) sessions are ongoing.
 - Trifolds (from the FA website) and flyers are being distributed.
 - Information is also being shared through community papers (free postings) and announcements.

- **Upcoming Events:**

- Participating in a large, annual pop-up session in an area without an FA meeting.
- Next month, the Springfield local service group will host an information session.

Linda: Linda shared **“We hold PI meetings but don’t get many newcomers, which can be frustrating. Where can we share information online without spending too much money? Is there a good, low-cost place on the internet where people can learn about our program? At a recent health fair, we were able to connect with many community members and share what we offer.”**

Carol K. is eager to learn how to submit the letter to the Faith Community Leader. Sharon provided guidance and offered ongoing support for future assistance.

Anna: Anna shared that we just need to show up, do service, and leave the rest to our Higher Power. She noted at the FA Conference that the Food Addicts in Recovery site had received 230,000 visits.

Pierrette: Mentioned that our FA program has not grown.

Beryl B. first time at the 7:30 a.m. meeting

Transition to EAI PI Committee Meeting (8 - 8:30 AM)

EAI Body Meeting Info

Zoom ID: **847 548 759**, passcode: **2020**

<https://us02web.zoom.us/j/847548759#success>

There were 10 participants (After roll call, two more joined.) present on the EAI PI call today. In attendance were

Helen P. EAI PI Chair, Joy W. Georgia, Carol K. MA/FL, Sharon H. MA, Carol NH, Anna MD Health Fair, Jennifer Z. Ohio, Pierrette Canada, Rebecca R. CA

Each participant introduced themselves and shared their role in Health Fairs, Public Information Sessions and how we can help the suffering food addict.

Anna: Sharing on Health Fairs:

Documents and resources are available on the FA PI page. Anyone planning a Health Fair should contact Anna, complete the required forms, and schedule a virtual meeting to prepare for the event.

Suggestions:

Comment by Helen: FA needs to strengthen its online visibility. Currently, FA appears as the seventh result in web searches, and we need to work toward moving it to the top of the search rankings.

“Let’s come up with a creative idea that can touch lives and help more struggling food addicts find FA.”

One liner from Dr. Lowe to present to let Health providers know about FA. Joy indicated speaking to Dr. Lowe and highlighted what Dr. Lowe indicates to others about FA without mentioning the FA name.

We have a video created by the 12 Step committee and are considering adding Dr. Lowe’s voice to it.

Helen shared: There were two FA e-forums: WSI on Health Fairs in August and EAI on Public Information in September. Today, during the EAI session 'Body: A Deep Dive on PI,' Helen was honored for her service as our PI Chair.

“Let’s come up with a creative idea that can touch lives and help more struggling food addicts find FA.”

Next EAI PI Meetings in 2025: Oct 5, Nov 2, Dec 14

Closed with Serenity Prayer.

God, grant me the serenity to accept the things I cannot change, courage to change the things I can, and wisdom to know the difference.