# EAI PI 4/12/26 Minutes

**I. EAI PI Meeting Notes**
Helen P, , Chair
Sharon H., Note taker

Greetings & Serenity Prayer ~ Helen, Chair

Sharon reports on the Early Call

Joy explains her role as PI Resource Person

**Role Call:**
Helen P EAI PI Chair
Jamie H. (MI, USA)
Joy W 239-898-2471 (GA)
Rob (Toronto) (416)616-4553
S-Chrystl C. FL (727) 412-1963
Aieda D. MI 248 277 0628
Angela L OH 614-804-1373
Jane 207.219.9820 Maine/USA East…
Jess she/youngin' DC
Joe P. ME 207-485-0420
Margaret R. Buf, NY 716-361-0146
Marie R
Pierrette L Ottawa Canada 613 229…
Tracey J GA 202-853-7376
Sharon H. MA 617-515-7292

**Discussion:**

Health Fairs

- Presentation available on how to participate in health fairs
- Standardized reporting form still needed
- Suggestion: create an online form to capture data (e.g., number of contacts, outreach impact) after each event
- Goal: simplify and standardize reporting

**Healthcare Professional Outreach Video**

- EAI PI collaborating with WSI PI and WAI PI to develop a global outreach video for healthcare professionals (variety of fields represented)
- Will include a Q&A discussion component
- Goal: completion by the World Service Convention

**Instructional Video for Fellows**

- EAI PI collaborating with WSI and WAI to create a step-by-step video on:
    - Participating in a health fair
    - Organizing and running an information session

**Funding and Upcoming Opportunities**

- Most EAI PI funds currently designated toward printing tri folds
- International Physicians Health Fair for healthcare professionals planned in Puerto Rico in July
- For upcoming PI sessions, refer to the FA Events Calendar

**Closing:**

Helen closed with the serenity prayer and reminder:  PI meetings continue to highlight the purpose of this work: reaching and supporting newcomers

**II. For the Newsletter:**

Health fair outreach continues to grow, with helpful resources already available to guide fellows in participating. Upcoming developments include:

- A simple, standardized reporting form in development to help capture outreach impact
- A global outreach video for healthcare professionals, created in collaboration with WSI PI and WAI PI, with a goal of completion by the World Service Convention
- A short instructional video to support fellows worldwide, offering step-by-step guidance on participating in health fairs and organizing and leading information sessions

Public Information meetings continue to remind us why this work matters. Again and again, they bring us back to the heart of outreach—connecting with and supporting newcomers.

All are welcome to join the Early Call—whether you are simply curious or actively involved in PI work. The link can be found on the EAI homepage: https://foodaddicts.org/eai-home

**III. EAI PI Early Call Notes**

Facilitating: Angela L. (OH) – 614-804-1373

NoteTaker: Sharon H. (MA) – 617-515-7292

Attendees & Sharing (in order of speaking)

**Joe P. (ME)** – 207-485-0420 – Joseph.pare@aol.com
PI for in-person Augusta, ME (Sunday 2 PM – Fit for Life meeting).

- Hosting PI sessions to attract newcomers
- Support from fellows in other meetings (panel speakers)
- Managing tech setup (TV)
- Small group doing what they can
- Reaching out to healthcare workers and asked what others are doing to engage this group

**Chrystal C. (FL)** – 727-412-1963 – chrystlchessher@gmail.com
PI for Wednesday South Carolina virtual meeting

- Second PI meeting
- Attending to learn what others are doing
- Question about where to access literature and resources

**Christine Parker (NH)** – Nashua, Thursday in-person meeting

- New to the call
- Observed PI sessions attract newcomers and support service mindset
- Asked about best ways to distribute flyers/trifolds without being intrusive
- Angela suggested discussing outreach approaches within meetings

**Barbi(e) Jo (FL)** – Barbiejosea@aol.com

- Interested in taking on PI role
- Wants guidance on how to be effective and successful
- Asked about PI guidelines
- Angela shared resource: https://foodaddicts.org/PI-rep-info

**Marie R. (MA)** – 617-840-6697 – marierou@comcast.net
Represents Cambridge virtual meeting (4:30 PM)

- Recently held a strong PI session
- Attendees came from various places, including a participant's physical therapist

**Aieda D. (MI)** – 248-277-0628 – aiedajamil@hotmail.com
PI rep for two in-person meetings

- Hosts two PI sessions per year (January and June/July)
- Recently moved meetings to Livonia, MI due to stronger attendance
- Planning Fellowship + PI Session on July 18

**Jeanne D. (MA)** – Concord Thursday evening virtual meeting

- PI rep seeking foundational guidance
- Goal: 1 PI session per year, eventually increasing to 2

**Linda C. (Ontario, Canada)** – Mississauga Saturday morning meeting

- Downloaded flyer, added color
- Posted on community boards as outreach

**Magda (South Florida)** – 305-868-2141 – Msaltz9708@aol.com

- Visiting the call

**Joy W. (GA)** – 239-898-2471 – jdw1947@comcast.net

- Resource for sending out literature

**Angela L. (OH)**

- Co-started an LSG meeting (meets every third Thursday)
- Running PI sessions
- Shared VPIS invitation link for outreach

Resources Shared:

- PI Rep Guidelines: https://foodaddicts.org/PI-rep-info