

**FA Eastern Area Intergroup  
Public Information Committee Minutes  
September 8, 2024**

**Remotely:** Click [here](#) for the direct link on [Zoom.com](#)

Zoom Access – Use [www.zoom.com](#) or the Zoom App on your smartphone and enter Meeting Number 845 8695 6527 and password 2020. For phone only, call 646-558-8656.  
[eaipi@foodaddicts.org](mailto:eaipi@foodaddicts.org)

**7:30 - 8:45 AM**

Serenity prayer

( Kathryn W. Is the chair of this committee. She is not on this early meeting as she is meeting with all the EAI committee chairs.

**Early Call 7:30 - 8:00 AM FA members share PI activity done since the last meeting.**

**Moderator:** Joy W **Note Taker:** Angela L

**Attendees:** Joy, Angela, Lisa L, Jennifer Z, Aaida, MI

**Discussion:**

Lisa L, MD - last year participated in health fair. Women of NAACP. We just completed a famer's market event two weeks ago. Gaithersburg, hosted the farmer's market. They had spots on certain dates. We brought a table, chairs, and a tent. We couldn't find the table cloth. I used a black table cloth. A banner. It was a wonderful day and a wonderful experience. We are also doing the NAACP in September, other members are doing that. We passed out trifolds, with permission. The health fair was two 3 hour sessions with overlapping... For the farmer's market, there were 2 2 1/2 hour sessions, with no need to overlap. We went from 8:30-1:30 (market from 9-1), at least 2 people at the table all the time, three people per session. We're having the Service Support meeting in November.

Angela L - I'd like to be doing hybrid meeting.

Lisa L - I want to start meetings in NM when I move there. There's an AA club room. I'd like to go there and maybe start meetings through the AA fellowship meetings. I plan on bringing my laptop and doing my fellowship there.

Aieda, MI - we were going to try to do the healthfair. We had issues getting volunteers. We did one. But we didn't have many people come by. The person setting up drove 1 1/2 hours. We gave away 12-13 trifolds. I didn't see anybody from the in-person meetings come to the farmer's market. It was decided that because we didn't have many people it wasn't efficient for us to do farmer's market. There's a senior's summit in Canton on the 13th. They have volunteers. They have a person that goes to speak to people about the program. We have a men's health fair in October. It was highly attended and we gave more fliers. We had a couple people from health fair who

started coming but didn't stay. The local service group is helping the PI rep for both meetings to incorporate the panel or finding volunteers. Our LSG - one member is wondering if we are interested in the schools.

Jennifer Z - near Akron - I'm here for inspiration - i've been PI rep for 4-5 months. I started looking at baby steps. I found out there's an in person info meeting. I told my meeting in Cuyahoga falls - got the word out on that. You can give the blue brochures to the meetings. I'm a PI rep for Thursdays at 6:30pm.

Local Service Groups - Cleveland has a group .

Aeida - our zoom - they suggest to use the Food addiction and the FA solution, and the two chapters... I combine my resources for the zoom and the in-person meetings. Sometimes I make it my 7th tradition contribution for the month.

Shoshana, WSI PI subcommittee, I'm running a health fair at the end of September. We had a local service group before Covid. I miss having the local, focused opportunity to support the community. I'm in PA - in Philly area.

Joy - I am in GA, and I have one person here, and I go to zoom meetings. I've been going to a lady's AA meeting. It's an open discussion meeting, and I'm getting to know the ladies. It's good to have an in-person meeting. I've been here a year and a half, but it's going to take some time. My friend doesn't want to do the farmer's market any more. I'm hoping something will come up with the AA meeting. We have an LSG meeting that i'm still a part of.

### **VIRTUAL INFORMATION SESSIONS**

- 8/5/2024 Decatur, Ga 25 Attended - 17 New to FA, 8 FA members, 1 requested a sponsor. Event held at local Hair Salon

### **UPCOMING VIRTUAL INFORMATION SESSION**

- Perth, Australia - October 2024 Date to be determined

### **UPCOMING IN-PERSON INFORMATION SESSION**

- 9/15/2024 Solon, Ohio [Cleveland area] @ 2 PM
- 9/25/2024 Chelsea, Ma @ 6 PM
- 1/11/2025 Dorchester, Ma @ Boston Public Library Time: To be determined

### **UPCOMING PUBLIC INFORMATION WORKSHOP**

- **9/15 @ 1:15 pm email: [eaipi@foodaddicts.org](mailto:eaipi@foodaddicts.org) for Zoom Access Information. All are invited to attend.**

### Upcoming Health Fairs:

- NAACP Washington D.C. Sept 21 10 am - 2 pm
- Montgomery County Community College – Sept. 28 12-4 PM

### **FARMERS MARKET -**

- DC Local Service Group - Attended the Kentlands Farmers Market, Gaithersburg, MD on 8/24/2024 from 8:30 am - 1:30 pm.

### **Body Meeting: 8:00 - 8:45 AM**

**Moderator:** Kathryn W **Note taker:** Angela L

### **Roll Call:**

**Attendees joining the call:** Shoshana, PA, Ericka MD, Ketura DC, Sam Toronto,

### **Discussion:**

Health fairs require two coordinators, a 60 day notice at [EAipi@foodaddicts.org](mailto:EAipi@foodaddicts.org).

### Upcoming Health Fairs:

- NAACP Washington D.C. Sept 21 10 am - 2 pm
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Shoshana - I have my bags and bins ready. Most people are an hour away from where I live. They're coming after the live meeting (driving an hour) to be with me. I'd say a lot of the information seemed over-kill to me. I felt like it could make one feel very overwhelmed. We've got literature and stuff. We saw we have 4 new spanish pamphlets, and we'll bring one of them. There are four of us total. I have 7 1/2 yrs of abstinence and the other has 10-15 yrs, and 1 person has just 90 days. It's a good group. Not a lot of people are willing to drive an hour from a live meeting to spend the time.

Lisa L - I wanted to comment about it being overwhelming. All the forms and everything seem overwhelming - as time went on I was able to see the gathering of all the info in one place, and see the method to the madness. When it was put into a notebook, it was easy to hand off to someone else. When I handed it off, the new person found it extremely helpful.

Sho-we had 3 people at each shift... we have a large FA community. A lot of people didn't stop by, and we planted the seed. There were two farmers who were very interested as well.

A - asking about when and where to have in person meetings. Once we had a meeting outside and some fellows were uncomfortable - anonymity is important - churches, temples or aa community buildings.

Joy - Find a library with rooms that are more private. I'm looking into a church where there's an AA meeting.

Sh - I'd highly recommend looking at the churches and synagogues. Library is a good place for signs and/or information, or a table, if they have a sign-up thing. When Covid ended and I started an in-person meeting again. I had myself and one other person... I recommend a minimum of 3 people to open it up... if you have an AA home house... a lot of AAs have not heard of FA - it's a great opportunity to find people who are used to the 12-steps - and you can share our information. Some buildings or churches require you to have insurance. Ours is \$400 / year. I prepaid, expecting the meeting to pay me back, but we didn't have enough people.

We only had random people coming... by the time we bought literature, and gave the church some money, we weren't getting anything back.

Ericka - I'm a PI in Kalamazoo mtg. I was asking if they'd be willing to put some racks out in their local . Joy says to order racks and get reimbursed, and encourage your people to do that. Also to offer VPIS. Call me if you need anything.

Angela - encourage the meetings to do 2 vpsi / year and post it on calendar and advertise for other people's vpsi's ...

Lisa - we put our books in the libraries and

Ericka - check the calendar to see what meetings are around the same time - maybe we can work together to do a vpsi - if there are many meetings at the same time - then clump groups to put a PI session together. It would also build community online.

Sam - Toronto - We held a PI in June. We had some success. We had a good turnout and some people who came to meetings after that. I think some have not stayed. We focused on physical flyers, we had some online blogs we were working with. I do have a question around health fairs. We've been involved in a women's health care. If there's financial reimbursement - some of these booths are up to \$2k ... make sure you're looking for NON-PROFIT options.

Sh - Usually health fairs offer booths for less money and some times for free.

Joy / Lisa - Healthfair and farmer's market have tables that are free.

J - there is reimbursement up to \$200 for fairs. For the brochures, ads, venue.

Ketura - I've done ZERO in health fairs. I always think I've got to call Lisa. What I have done - bring racks and trifolds to my meeting every week. I explain what to do. Ours puts the DC meetings on the flyers. During the announcements, we talk about where to put the trifolds in community boards - and I have to ask them how their boards are doing. The AA meeting place is not seeing any action in their racks.

J - you're doing a great job! Just keep trying. Make sure you have permission to put the flyers.

Ketura - a big bookstore said they don't agree with it, and wouldn't allow it.

J - they're entitled to their opinion...

Ericka = Where? Ket - Politics and Prose

Joy -guide to organizing a VPIS - EAI PI committee is here to support you in doing that.

Announcing the upcoming in-person sessions.

Sunday sept. 15 Cleveland 2pm .... vpis sunday sept 15 1:15pm email eaipi.org for zoom info.... any questions?

Sam - PI sessions in PERTH – Sunday October TBD...

Ericka - For trifolds?

J - you can pick which meetings you want to put on the trifold.

Lisa - We've gotten the 1k trifolds including the in person and the virtual meetings in our area. When we re-did it, we got it done by the LSG. On the very front we have to code for FA website. CALL THE CONTACT before you go to the meeting. For the most up to date info, check the website.

Joy - help needed - service opportunities! The list is at [www.foodaddicts.org/service-opportunities](http://www.foodaddicts.org/service-opportunities).

**Next EAI PI Meeting** October 6

**Next EAI PI Meetings in 2024: Oct 6, Nov 3, Dec 8**

**JOIN the EAI Body Meeting at 9:00 am**

**Link:** <https://us02web.zoom.us/j/847548759>

**Meeting ID:** 847 548 759 **Passcode** 2020

**Join the EAI Body Meeting at 9:00 am:**

For **Audio only** 646 558 8656

8:48am Close with the [Serenity Prayer](#)

**God, grant me the serenity to accept the things I cannot change, courage to change the things I can, and wisdom to know the difference.**

Notes respectfully submitted by Angela L