EAI PI 6/14/26 Meeting Notes

Action Items

1. Address the question about which digital websites to post on and what to post. (Tracey is already working with Angela). Sharon will present something on this next month.
2. Blast Day - what are next steps to make this happen in EAI?
3. Troubleshoot and prepare the video for next month
4. TriFold is available on the FA website. Please send it by Word to Kerri in Perth, AUS kerrielynch@westnet.com.au

PI Highlights

Each month EAI PI hosts the Early Call - The purpose is for attendees in the early call to share updates, upcoming events and questions.

Attendees:
Early Call: 9
Committee Call 9

• Members shared creative outreach efforts, including workplace wellness fairs, one even for the spouses of shipyard workers!, bringing literature to EAP (Employee Assistance Program) outreach, and appreciation of making the virtual trifold available in the chat of online meetings.

• Main body discussion today: Blast Day, similar to Al-Anon's Leaf Day—a once-a-year effort where meetings throughout EAI would participate in coordinated in-person and digital outreach.

• Resources available through EAI PI include trifolds, banners, tablecloths, projectors, and support for information sessions. Contact our chair, Joy or Helan at EAIPI@foodaddicts.org.

EAI PI Committee meeting notes

Chair: Helen P.

Note Taking: Sharon H.

Attendees:

Helen P., (ME) Chair – 207-485-2191 eaipi@foodaddicts.org
Marie R (MA) – 617-840-6697 – marierou@comcast.net
Tracey J (GA) – 202-853-7376 – traceyjarmon@gmail.com
Sharon H. (MA) 617-515-7292 - shayhamel37@gmail.com
Aieda D (MI) – 248-277-0628 – aiedajamil@hotmail.com
Joe P (ME) – 207-485-0420 – Joseph.pare@aol.com
Kerrie (AUS) Perth +61 407607436 kerrielynch@westnet.com.au
Scott B (FL) Scott.burden76@gmail.com
Joy W. (GA) 239-898-2471

1. Early Call update (Sharon)
2. Monthly Summaries

Event Calendar Announcements (Joy)

- July 18 In Person PI and fellowship lunch in Livonia, MI
- Wellness Fair (Maine) for spouses of shipyard workers (Helen) 💔

Discussion: Flyers / Outreach Discussion

i) Blast Day similar to Alanon's Leaf Day - 1x year
ii) Pharmacies and local bulletin boards

New Brochure ~ Helen showed us the brochure with columns on it to cover FA information and meeting information.

Announcements
Next Meeting: July 12, No August Meeting. September 20

Action Items

Closing
• Serenity Prayer

Early Call 7:30 - 8:00
Facilitating: Marie R.
Note Taking: Sharon

Marie R (MA) – 617-840-6697 – marierou@comcast.net
Tracey J (GA) – 202-853-7376 – traceyjarmon@gmail.com * reach out
Aieda D (MI) – 248-277-0628 – aiedajamil@hotmail.com
Angela L (OH) – 614-804-1373 – angelajeanlao@gmail.com
Sharon H (MA) – 617-515-7292 – shayhamel37@gmail.com
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Scott B FL Scott.burden76@gmail.com
Joy W. GA 239-898-2471

Purpose - Each attendee in the early call shares updates from the past month and questions.

Aieda MI -
PI for two in person meetings also part of the SE Michigan LSG - 6th or 7th PI meeting. Normally the Saturday meeting but this time, the Monday meeting. Business meeting - having a designated PI location to host a PI meeting. Doesn't have to wait 6 months. PI is the best way for me to stay abstinent and do service. Being here helps me stay away from my stinking thinking. As far as the trifold - she chooses to have a template - only the QR code and the 20 questions.

Joe - PI person for in person Augusta, ME meeting. Last month I shared that the work place was going to do a health screening fair. Reported a hundred employee spouses attended. He didn't attend it but was able to talk to some of the coaches and shared with them how he has lost close to a hundred pounds as a result of saying, "I've had enough of the food and reaching out to a fellowship.", who helps him take it off and keep it off. 7-8,000 people in his work - organization - even to reach one person.

Scott B. Florida - Been in FA 5 1/2 years. Was at convention - but went to the 12th step committee on both days. Accidentally called in but believes higher power led him here.

Tracey J. PI rep for two virtual meetings based out of Atlanta - working with Angela - working to align efforts with in person meetings in Atlanta. First task is to create a different tri-fold that includes the Atlanta on-line meetings. Locally in GA, we don't have capacity to do a PI information session. Digital postings - Eventbrite etc.

Kerri Perth Australia - PI rep for Perth virtual meeting - there are only a few locals - so picked up literature from convention - loved the idea of the digital postings, here to get ideas.

Joy GA - Blairesville 2 1/2 hours north of Atlanta - Joy helps PI reps coordinate information sessions, distribute trifolds, and stores banners, tablecloths, and projectors for meetings that need them.

Marie - PI rep for Tuesday virtual Cambridge. Thinking about the EAP Employee Assistance Program (EAP) - it would be a good idea to put some of our literature out to them. Suggestions were