

**FA Eastern Area Intergroup
Public Information Committee Minutes
October, 05, 2025**

Meeting Notes EAI PI October 05, 2025

Summary of the EAI Public Information (PI) Early Call (7:30–8:00 AM), facilitated and noted by Sharon H. 9 participants total

Early Call (7:30–8:00 AM)

Serenity Prayer

Participants

Angela

Susan

Aeida

Carol K MA

Angela shared her actions - information session and fellowship meeting; My Friday morning meeting at 7am (Iowa) scheduled a PI meeting to happen Jan 9th. We set date and picked two coordinators.

Aeida - i'm a public I rep... We are preparing for our next PI meeting. At our business meeting - Dates: In person: Jan 17 of 2026, 9-10:30; and virtual - Friday, Feb 6, 2026 7-8:30; At the meetings, I announce if anyone is going to go to their primary care physician;

Susan asked how to be PI virtually; Aeida and Angela talked about announcements, blue pamphlet and trifold. Aeida - we had 2 healthfairs, we put a picture of the FA logo and "Are you having trouble controlling the way you eat?"

CHALLENGE OF THE MONTH: Every one commit to inviting 5 people to any FA meeting before our time next month.

I look on the events calendar and I share the next PI session, and encourage them to come

We talked about using an invitation to have meeting fellows invite their friends to PI sessions using this [LINK](#)

Carol - nothing to report.

The regular monthly EAI PI Committee meeting will then follow from 8:00 am – 8:45 am EDT.

FOR 8AM CALL

Meeting ID: 847 548 759

Passcode: 2020

Transition to EAI PI Committee Meeting (8 - 8:30 AM)

EAI Body Meeting Info

Zoom ID: 847 548 759, passcode: 2020

<https://us02web.zoom.us/j/847548759#success>

There were 10 participants (After roll call, two more joined.) present on the EAI PI call today. In attendance were

Helen P. EAI PI Chair, Joy W. Georgia, Aaida D. MI; Marilyn NJ, Kerrie, Perth; SusanT Chicago; Karen K FL; Joy W GA; Joe P ME; Sharon H MA; Carol K MA; Carol NH; Linda C Ontario;

Helen - our sub committees - to tell you about our sub-committees - Joy to do resources, booklets/trifolds/banners table cloths, etc;

Angela shared about her service to support Virtual Public Information sessions online. Encouraged people to access this [link](#) to share it in their meetings, and to invite

Helen - if we're going to do big events, we need money. Request an 8K meeting.

We want to know how many people we want to bring to FA in Helen's two year term.

Next EAI PI Meetings in 2025: Nov 2, Dec 14

Closed with Serenity Prayer.

God, grant me the serenity to accept the things I cannot change, courage to change the things I can, and wisdom to know the difference.