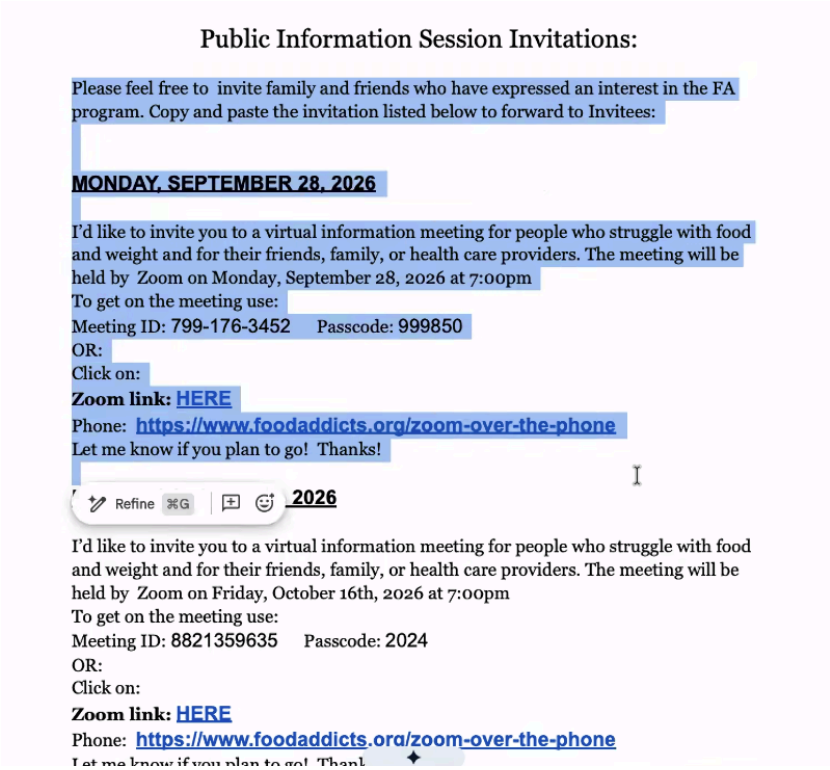
EAI PI 9/20/26
https://foodaddicts.org/eai-public-information - find link to our meeting hostkey: 724693
https://foodaddicts.org/eai-home find link to EAI body meeting Meeting ID: 847 548 759 passcode 2020

EAI PI Meeting Notes
September 20, 2026

Early Call:

Facilitation: Marie

Notes: Sharon



Public Information Session Invitations:

Please feel free to invite family and friends who have expressed an interest in the FA program. Copy and paste the invitation listed below to forward to Invitees:

MONDAY, SEPTEMBER 28, 2026

I'd like to invite you to a virtual information meeting for people who struggle with food and weight and for their friends, family, or health care providers. The meeting will be held by Zoom on Monday, September 28, 2026 at 7:00pm
To get on the meeting use:
Meeting ID: 799-176-3452 Passcode: 999850
OR:
Click on:
Zoom link: HERE
Phone: https://www.foodaddicts.org/zoom-over-the-phone
Let me know if you plan to go! Thanks!

Refine ⌘G

2026

I'd like to invite you to a virtual information meeting for people who struggle with food and weight and for their friends, family, or health care providers. The meeting will be held by Zoom on Friday, October 16th, 2026 at 7:00pm
To get on the meeting use:
Meeting ID: 8821359635 Passcode: 2024
OR:
Click on:
Zoom link: HERE
Phone: https://www.foodaddicts.org/zoom-over-the-phone

Angela: PI project: 1) PI weekly and business meeting announcements sheet. Finishing it and getting it approved. Can schedule a time off this meeting.

Dean ON Canada: Mississauga meeting. New to PI - not sure what to do except put out the FA trifolds.

Pierrette, CA: Blast Day - FA Outreach Day. Our group invited everyone at the meeting to purchase the PI Card. Meetings will be active to distribute: yoga classes, doctor's office, starbucks with permission of course.

Joann - Waterford MI. New to PI - Aeida has done a lot - trifolds. Planning a PI in Feb.

Joy from GA. EAI subcommittee coordinator for outreach has sent banner and table cloths out to two different groups. Joy has sent out 11,000 trifolds - exciting to see so much action

Joe Maine - This past Sunday their regular meeting had a community information session. No newcomers. See it as practice in front of their own meeting. Discussed what they can do better to fill the room envisions it so full to have it at the civic center. We reminded Joe that it is important to remember that the session was held in the event a newcomer showed up.

Stoney - MI - member of the LSG - three healthfairs, Men's healthfair - attendance up to 700 will be busy getting the word out. 2. Costic Center Wellness fair 70-150 3. Costic Center Wellness fair 70-150

Tracey - PI Rep for Atlanta - table at a large baptist and a health fair Eventbrite - free site posted all 5 in person meetings.

Pamela FL Lake Wales FL - just listening -

Today at our committee meeting, Helen and I will present the slide the board will vote this morning for.

Committee Meeting:

Chair: Helen P.
Note Taking: Sharon H.

Attendees:

I. Opening

Serenity Prayer

Roll Call
• Anyone new? Joanne from MI - new to PI. Dean Ontario Canada

- **Helen - ME Chair**
- **Sharon H.** — MA — 617-515-7292
- **Chrys P.** — Silver Springs Video Meeting — phone not shown
- **Aieda D.** — MI — 248-277-0628
- **Angela L.** — OH — 614-804-1373
- **Dean A.** — ON, Canada — 647-406-1123 New to PI
- **Jamie H.** — MI, USA — phone not shown
- **Joe P.** — ME — 207-485-0420
- **Joy W.** — GA — 239-898-2471
- **Marie R.** — MA — 617-840-6697
- **Pierrette** — Ottawa, Canada — 613-229-3823
- **Shoshanah** — PA — 408-836-3227

What we don't do: reimburse transportation or lodging but can help you be creative. Motion to use the money to up to 100 to support new and existing meetings and also up to $100 meetings for LSG or meeting groups participating in health fairs. The motion was tabled to discuss what the amount would be that would be allocated to each meeting, bearing in mind, we have 184 meetings in the EAI PI fellowship.

Early Call Recap
Joy, our subcommittee chair, reported that 11,000 trifolds have been distributed, along with banners and tablecloths being sent to several groups. One LSG has three upcoming health fairs, including a men's health fair. For Blast Day/FA Outreach Day, the Acton online meeting has organized members to distribute PI cards in their communities. And in Georgia, Eventbrite is being used to publicize five FA meetings.

II. Discussion

1. International Physicians Health Fair – Puerto Rico
   • Update: July 2026 - PI provided literature and table cloth. One provider has requested an information session at their medical office in MI
2. FA Resource Day – October 10, 2026
   • Possible annual date
   • Worldwide distribution of FA materials
   • EAI PI self supporting - if a meeting particularly needs, contact PI Chair helen at for reimbursement

Updates/Discussion:

Suggests the Connection card - QR code brings up 11 stories. PI Card - attractive or the trifold. Contact eaipi@foodaddicts.org

3. Flyers / Community Outreach
   • Why are locations turning down requests to post FA flyers?
   • Would a script for volunteers help?
   • What types of businesses/locations should we target?
   • Do we need smaller or more colorful materials for in-person outreach?
   • Connection postcards / orange PI cards / trifolds
   • One-click PI Kit printing option on FA website
   • Discussion:

4. Letter to Healthcare Professionals
   • Updated

5. Community/Public Information Slide
   • Interest in offering the slide to places that can add it to their networks
   • Simple slide designed by Sharon

6. 2026 Budget Report & Review
   • Literature for Health Fairs
   • New brochure
   • Materials for October 10 Community Awareness/Action Day

Discussion: 2 places to disperse the budget - world service starts with a beginner packet. 1. Health fair support 2. Support new and existing meetings in need to help beyond the trifolds - newspaper.

Next Meetings
• October 18
• November 8
• December 13

Action Items
• Helen brought cable network slide to EAI Committee
• Helen will send the slide to Ana - Design Committee

Closing
• “We” version of the Serenity Prayer

Highlights For EAI Body Meeting

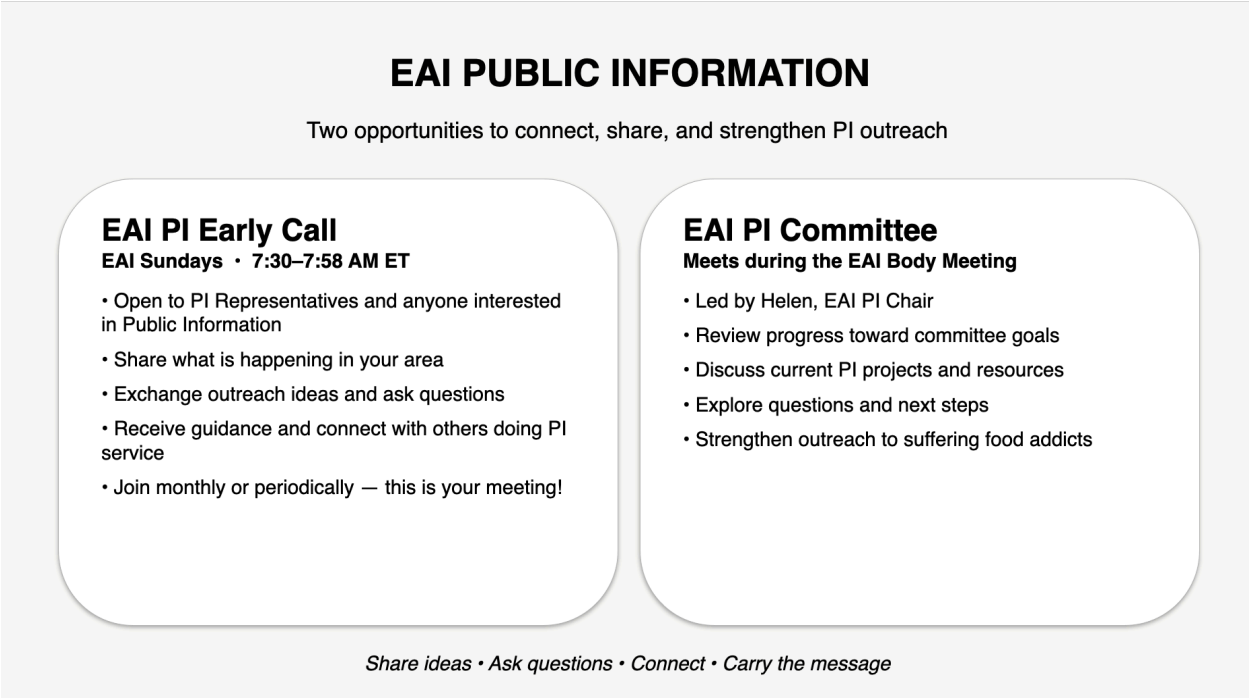
Early Call Attendance: 11

Committee Call Attendance: 12

Attended both: 7 people — Sharon, Angela, Dean, Joe, Joy, Marie, Pierrette

Early Call only: 4 people — Joann, Stoney, Tracey, Pamela

Committee Call only= 4 people — Chrys, Aieda, Jamie, Shoshanah



Deep Dive Slide Script

The monthly EAI PI Early Call takes place on EAI Sundays from 7:30–7:58 AM ET. EAI PI holds an early call to serve as an open forum for EAI PI Representatives, any local service group members, and/or anyone interested in Public Information work to share what is happening in their areas, exchange outreach ideas, ask questions, receive guidance, and connect with others doing PI service.
Whether you join monthly or periodically, you are welcome—this is your meeting! Find the early call link on the EAI PI page: https://foodaddicts.org/eai-public-information
the FA Calendar page: https://foodaddicts.org/fa-events-calendar

The EAI Public Information Committee then meets during the Body Meeting as do the other EAI committees. Led by our chair, Helen, this meeting follows an agenda and focuses on progress toward committee goals including how we use our budget, current PI projects and resources, the importance of Public Information, and questions or next steps that can help strengthen our outreach to the still suffering food addicts.