



EMPLOYEE ASSISTANCE PLAN (EAP)

All members of your household can utilize the benefits of this program.

All benefit eligible employees with CASA of Los Angeles are provided with employer paid Employee Assistance Plan (EAP) through Guardian. All eligible employees are automatically enrolled in the EAP.

Life is full of challenges and sometimes balancing it is difficult. The EAP is there when you need it. Guardian offers the appropriate assistance for a wide range of issues and provides referrals to professional counselors or services that can help you resolve emotional health, family and work issues.

Along with unlimited telephonic access, the EAP also offers 3 face-to-face visits with a counselor per person per issue.

Work or Life Needs, Clinical Counseling, Financial Information, Legal Information, etc.

TOTALLY CONFIDENTIAL



Member Services
Available 24/7

Online: **www.ibhworklife.com**

Toll free: **800-386-7055**

Username: **Matters**

Password: **wlm70101**