



# Save a life. Learn CPR.

UCSF Benioff Children's Hospital Oakland presents

## Community CPR Certification Program

Register now: [www.bitly.com/bch-cpr](http://www.bitly.com/bch-cpr)

### Learn the skills that could save a life with this quick and comprehensive blended certification class

The CarePlus Infant, Child and Adult CPR and AED certification class is an at your own pace blended online and 1.5 hour in person certification.

- The online platform gives parents, coaches, and students easy access to the online class content that fits into your schedule.
- Watch and complete the online videos and learn the necessary skills to save a life at your own pace
- Register for a 1.5 hour live skills event to practice and get certified in Adult, Child, and Infant CPR & AED
- Live event includes Hands on training in Adult, Child, and Infant CPR, AED, Choking Victim, and Rescue Breathing

#### Course includes:

- Infant, child, and adult CPR and choking.
- Hands-on automated external defibrillator (AED) training.
- Digital certification card and course content that you can access anytime for the length of your 2 year certification.
- This course does not have a **First Aid component**.



UCSF Benioff Children's Hospital Oakland is a Level I pediatric trauma center, verified by the American College of Surgeons (ACS). As one of only five ACS Level I pediatric trauma centers in California, UCSF Benioff Children's Hospital Oakland provides highly-specialized pediatric emergency services 24 hours a day, 7 days a week, with over 45,000 Emergency Department visits every year.

#### Pre-registration required

[www.bitly.com/bch-cpr](http://www.bitly.com/bch-cpr)

#### Cost \$30

#### Dates

##### Walnut Creek (all classes are 7-8:30 pm):

|        |        |
|--------|--------|
| Jan 21 | Jul 22 |
| Mar 18 | Sep 16 |
| May 20 | Nov 18 |

##### Oakland (all classes are 7-8:30 pm):

|        |        |
|--------|--------|
| Feb 18 | Aug 19 |
| Apr 15 | Oct 21 |
| Jun 17 | Dec 16 |

#### Two convenient locations

##### Oakland Campus

Outpatient Center basement, Conference Room A  
744 52nd St., Oakland, CA 94609

##### Walnut Creek Campus

2401 Shadelands Dr., Conf. Room A  
Walnut Creek, CA 94598

#### More information

925-979-3420 or  
[sportsmedicine@mail.cho.org](mailto:sportsmedicine@mail.cho.org)