

"Is **PALEOVENTURES** still doing outdoor teambuilding?" That's the questions Chamber member, Trudy Triner, most often hears these days. The answer is YES!

After two years of not being able to gather in groups, many organizations are looking for fun and creative ways to get their teams together and what better place to do it than in one of our beautiful Walnut Creek parks. And what better group than the Walnut Creek business, PALEOVENTURES Outdoor Teambuilding, to design activities suited your team's specific needs.

Since 2014, Trudy Triner and Jack Foley have been leading outdoor offsites where colleagues build relationships, learn outdoor survival techniques and hone communication skills. Triner is quick to point out this is not your old-fashioned teambuilding – no trust falls (for sure!) nothing difficult, no competition – it's not even messy! It's more like a fun day in nature with your friends!

If teambuilding is on your mind this summer or fall, and you'd like to know more about PALEOVENTURES, please see their website at www.paleoventures.org or give Triner a call at 925-899-0809.

Wrixon, Executive Director of CASA of Contra Costa County said of her team's day with PALEOVENTURES,

"I'VE BEEN TO 25 OR 30 OR SO SIMILAR TEAM BUILDING EXERCISES, BUT THIS ONE WAS THE BEST I HAVE EVER BEEN TO!"

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