



To Whom It May Concern:

It is time for the Department of Energy Joint Genome Institute's annual Safety, Health & Wellness, and Sustainability Fair. We will be hosting our 11th annual fair on **Wednesday, May 17 from Noon to 2PM** at our campus in the Shadelands Business Park and we would love to have you join us.

The JGI is a national user facility at Lawrence Berkeley National Laboratory. We have approximately 250 employees onsite that live as far east as Oakley and as far south as Fremont. Many of the employees live within the Oakland, Berkeley, Walnut Creek, & Concord boundaries. The JGI's Safety & Wellness (SWELL) Team has organized this event for more than a decade as we encourage employees to learn more about and get involved in Safety.

Our attendance grows each year as we provide more topics that spark interest surrounding sustainability, health and fitness, and wellness. This year, we are extending our invitation to the Walnut Creek Shadelands neighbors and anticipate upwards of 500 visitors from the local community.

If you would like to participate and host a booth at the JGI Safety, Health & Wellness, and Sustainability Fair, and can offer activities or information about safety, healthy living, wellness, or sustainability, please submit the following application for our consideration.

At recent Fairs, booths have covered topics including green efforts on water conservation, electrical safety, energy saving tips, fitness and healthy lifestyle choices, stress management, and more.

We look forward to having you contribute to a successful fair!

Thank you,

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## 2017 JGI Safety, Health, Wellness, and Sustainability Fair FACTS

- Fair Overview
  - Fair is hosted by the **JGI Safety and Wellness Team (SWELL)**.
    - **SWELL** is a group of employees focused on promoting safety and wellness in the workplace and at home.
  - Fair offers visitors a chance to learn more about and **engage** in safety, ergonomics, healthy living, wellness, and sustainability activities.
- Fair Highlights
  - **Safety is Healthy Living**
    - Healthy living includes eating healthy, being active, and protecting yourself and your family. This includes being prepared for emergencies and practicing safety in everything you do, including:
      - Washing hands to stop spreading germs.
      - Wearing personal protective equipment such as lab coats or gloves at work, seat belts when driving, and helmets when biking.
      - Using sunscreen when out in the sun.
      - Following safe driving practices, free of distractions.
  - **Safety is Wellness**
    - Employees that feel well are less stressed, more engaged, and more productive on the job. The JGI R&R room is a resource for JGI employees to take a few moments to take an ergo break and stretch or play some ping pong. We encourage stretch break walks, Bike to Work on Friday's, Pilates Classes, and Massage Therapy through Body Techniques. JGI front desk offers a selection of sports equipment for use during the day using onsite facilities.
  - **Wellness is Sustainability**
    - Sustainability is often used when categorizing something as "green". This can mean preserving energy, water, or materials. Promoting sustainability at work and at home includes recycling and reducing waste, composting, growing gardens, and water and energy conservation. Sustainability promotes a healthier environment.
- Fair Events
  - **12:00 PM** **SWELL FAIR START**
  - **12:15 PM - 12:45 PM** **Fitness Demo TBD**
  - **1:30 PM - 1:45 PM** **Active JGI Line Dance**
  - **2:00 PM** **CLEANUP**
- Recap of 2015 SWELL Fair [HERE](#)

