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## Girls on the Run of South Central Wisconsin is coming back to Stoughton and Sandhill Elementary/Lakeview Church this spring!

This 10-week program for 3<sup>rd</sup>-5<sup>th</sup> grade girls will be offered after school on Mondays and Wednesdays beginning the week of March 18th. We will meet outside near the playground behind Lakeview Church from 3:30-5pm.

The program teaches girls important life skills and self-confidence through a fun and interactive curriculum that creatively integrates running. By the end of the program, the girls will have trained for and will participate in a 5K run. The run will take place this season on Saturday, June 1.

You can learn more here: <a href="https://www.girlsontherunscwi.org/Our-Programs">https://www.girlsontherunscwi.org/Our-Programs</a> and participants can register here:

https://www.raceplanner.com/register/index/GOTRSpring2019?sid=6d3affce3ed74f7ebf51050d069f36ce.





### Summer Introductory Choir

#### Ages 7-10

9am-12pm Snack Included! 160 Westgate Mall, Suite I, Madison

#### Three One-Week Sessions:

- June 17-21
- June 24-28
- July 15–19



# Sing With Us!

madisonyouthchoirs.org/join-a-choir

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