**Prescription Information for**

**[STUDENT]**

Another component of Shwachman-Diamond Syndrome (SDS) is pancreatic insufficiency. **Pancreatic insufficiency** is the inability to properly digest food due to a lack of digestive enzymes made by the pancreas. [STUDENT] takes enzymes with his meals and snacks so that he can properly digest his food.

Name of Rx: Zenpep (5,000 units per capsule)

To be Given: **Immediately** before every meal or snack

How many enzymes:

* 3 enzymes for a snack
* 6 enzymes for a meal

How to give [STUDENT] the enzymes:

* [STUDENT] will take his own enzymes if given to him while eating. He can swallow them whole. He should drink water or juice when he takes them.
* If he doesn’t take them himself, you can give them to him.

Foods that he does **NOT** need enzymes for:

* Only sugar foods such as:
  + Water/fruit juice
  + Popsicles
  + Fruit snacks
  + Fresh fruit
  + Candy that’s all sugar like suckers, smartees, skittles, etc.
    - *If candy has nuts, chocolate, caramel, peanut butter, etc—he would need enzymes*

Should you have any questions, please contact his mom, at [PHONE NUMBER] or dad, at [PHONE NUMBER].

Thank You!

**[STUDENT] (DOB: ) Medication List**

**(Updated 5/2017)**

**Current Weight**:

**Current Height**:

1. **Hydrocortisone** (for low cortisol/Adrenal Insufficiency). 2.5 mg before bed.
2. **ZenPep** (*5000 units*) **Pancreatic Enzymes**. (*For fat malabsorption*). Six pills four times daily w/food throughout the day. Total= 24 capsules per day. **\*6 pills with meals; 3 pills with snacks**.
3. **Hizentra 20%** - 2gm/10 ml weekly - IGG Infusion at home.
4. **AquADEK Vitamin** (*for Vits A, D, E, K deficiency*): Take 1 gelcap in the morning.
5. **QVAR Inhalation Aerosol -** 2 times/day
6. **Albuterol Sulfate Inhalation Aerosol** - 3 times/day
7. **Children’s Zyrtec (Liquid)**: Take 1 tsp once a day. During Seasonal Changes (Fall/Spring).
8. **Hydrocortisone**: (*1% topical cream*) for eczema. As needed.
9. **Glucose Gel**. Use when sugar is <60.

**Discontinued**

1. **Norditropin Flex Pro** (*for Growth-Hormone Deficiency*): Inject 0.4 mg sub-cut before bedtime.
2. **Neupogen**/0.45 mcg-0.55 mcg (***only as needed and requested by [STUDENT]’s hematologist to help combat an infection/illness***): 15 mL-18 mL sub-cut every 2-3 days or as directed by hematologist based on ANC.