

Young Onset Parkinson's Disease Virtual Lecture Series

Designed to support people living with young onset Parkinson's disease (YOPD) and their care partners, this three-part series will feature expert speakers and individuals with YOPD, addressing both the practical and emotional challenges faced by those impacted by YOPD and offering actionable tools and guidance for navigating daily life and long-term planning.

FREE
WEBINAR
SERIES!



March 25, 2026 | 4:00 – 5:30 PM ET

Lifestyle Interventions and Living Well With PD

Discover how to meaningfully impact quality of life through diet, exercise, mindfulness, and more.

April 22, 2026 | 4:00 – 5:30 PM ET

Financial, Legal, and Employment Planning

Explore financial planning, insurance considerations, legal documentation, and long-term care strategies that support proactive planning for the future.

May 13, 2026 | 4:00 – 5:30 PM ET

Medication and Research Updates

Learn about newly available medications, clinical trials, and promising research advances.



**Register by scanning the QR code
or visit qrco.de/YOPDseries.**

Questions?

Email gbray@apdaparkinson.org
or call 646-899-0556.

Presented in partnership by:

