

## **DAWSON COUNTY SENIOR SERVICES**

### **RESPITE CARE PROGRAM**

#### **"Forget Me Not Club"**

We are fortunate to be able to start a Respite Care Program at the Dawson County Senior Center. Our goal is to provide assistance to those during the time of change in their lives with the early stages of dementia. We have named our program the "Forget Me Not Club". We do not want to forget those during the time when they need us the most. We started this program in 2019 to hopefully offer some short-term solutions to those in our community that need our help.

We know there are struggles and challenges with caring for someone who needs memory support. In addition to providing life enrichment to the participant, our primary goal is to provide assistance to caregivers and someone who can benefit with a period of relief from the demand of caregiving. Our new program will consist of games, music, exercise, lunch, parties, snacks, and lots of fun activities.

Clients will have a good time and will be surrounded by a group of caring staff and volunteers. If you know of anyone that may benefit from our program, please have them to call Dawn Pruett, Director of Senior Services at (706) 344-3700 or email [dpruett@dawsoncounty.org](mailto:dpruett@dawsoncounty.org).

