



Sensei Val Jani

Val began her karate journey 10 years ago when her children started karate lessons. In addition to attaining her own black belt in karate, Val became an Obstacle Course Race enthusiast and teaches both karate and parkour.



Sensei Bob Kane

Bob has a black belt in karate and has been teaching for 15 years. In addition to his Karate training, he has also trained in Judo, Jiu Jitsu, Kali, JKD and MMA.



Sensei Steve Ross

Steve began his training in Goshin Jitsu Karate in 1986 attaining his senior black belt in 1996. He teaches a combination of Okinawan karate, Judo, Aikido, Wing Chun and Krav Mags.

Tuition Schedule

Every prospective student is invited to try a one on one private lesson with a USA Karate Academy instructor. If you decide that you are ready to begin exploring the martial arts at USA Karate Academy, you can choose from the following options:

STANDARD TWO CLASSES PER WEEK

- 1 Month \$149
- 3 months \$325 pif
- 12 Month \$105* / month
- *\$20 off for FRF Members.

ONE CLASS PER WEEK

- \$20 per class
- \$165 3 month PIF
- \$53* x 12 month EFT.
- *\$10 off for FRF Members.

UNLIMITED CLASSES PER WEEK

- 3 months \$450
- 12 months \$145 EFT
- *\$20 off for FRF Members.

Family Discount- If you have more than one person in the family enrolled in the academy, you will get \$10 off each persons monthly dues for each additional student.

Students who have been promoted to purple belt or higher may be invited to participate in the Black Belt Club (BBC). BBC members will receive a 10% discount on tuition and proshop purchases, special classes, BBC patch, and are eligible to try out for the Demo team and assist in teaching class. To maintain BBC status, good grades and role model behavior must be maintained both inside and outside the Dojo.

Promotions will occur when the student has earned the ability to test up to the next belt level. This may occur faster or slower than the projected promotion listed above based on the students effort and attendance.



LEARN TO LIVE A BLACK BELT LIFE!

Let us help you develop the inner strength that comes from living life with integrity, discipline, respect, courtesy, self control and a sound mind and body.



USA KARATE ACADEMY
 1100 Grosser Road
 Gilbertsville PA 19525
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Our Philosophy

USA Karate Academy is a “Black Belt” academy. The goal for each student is to help them earn their Black Belt both in Martial Arts and in life. Our Black Belt success system teaches students to set high but achievable goals, and train hard to reach them. This journey develops the self discipline and dedication necessary to overcome obstacles and become successful in everything they do. It develops self esteem, integrity, courtesy and strengthens both mind and body.

Student Pledge

I intend to develop myself in a positive manner and avoid anything that would reduce my mental growth or my physical health.

I intend to develop self-discipline in order to bring out the best in myself and others.

I intend to use what I learn in class constructively and defensively to help myself and my fellow man, and never to be abusive or offensive.

Karate Class Schedule

Schedule starts November 2024

Karate Schedule

	Mon	Tues	Wed	Thurs	Fri	Sat
9:00						Teen/Adult
10:00						Junior
10:00						Ranger
5:30	Ranger		Ranger			
5:30	Junior		Junior			
6:00		All Ages				

Rangers - Rangers classes are designed to work within the mental and physical development ranges of children aged 4 through 7.

Juniors - Juniors classes are designed to address the more advanced mental and physical capabilities of children aged 8 - 14.

Adults - Adult classes are designed to provide age appropriate training for beginners through advanced martial artists aged 15 and above.