

**THE INTEGRATED
EMPLOYMENT INSTITUTE PRESENTS:**

MAY 2020 TRAININGS: Resources for Career Services Providers

Understanding and Managing your Response to Covid-19

5/13 from 10 AM-11 AM

The recent events surrounding the COVID-19 pandemic have impacted us and the community in unanticipated ways. This webinar will provide participants with an overview of how the body reacts to unmitigated stress and trauma related to COVID. In this webinar we will introduce several strategies proven to reduce anxiety, distress, and hyperarousal.

Register: <http://tiny.cc/ieimay13>

Telehealth for Career Services/Pre-Voc

5/15 from 10 AM-11 AM

The COVID-19 crisis has changed the landscape of the provision of mental health services across New Jersey. Many practitioners have been seeking support in adapting to these changes by maximizing the use of telehealth services. This webinar will provide Vocational Specialists and Pre-Vocational Providers the support to build their telehealth skills.

Register: <http://tiny.cc/ieimay15>

Time Management Part I: Introduction to Strategies for Career Services

5/20 from 10 AM-11 AM

Meeting documentation requirements and agency needs, while still providing high quality employment services is a challenge many career service providers face. One key skill for providing effective career services is time management. This webinar will focus on identifying tools for effective time management, specifically as related to the current social distancing and remote working environment.

Register: <http://tiny.cc/ieimay20>

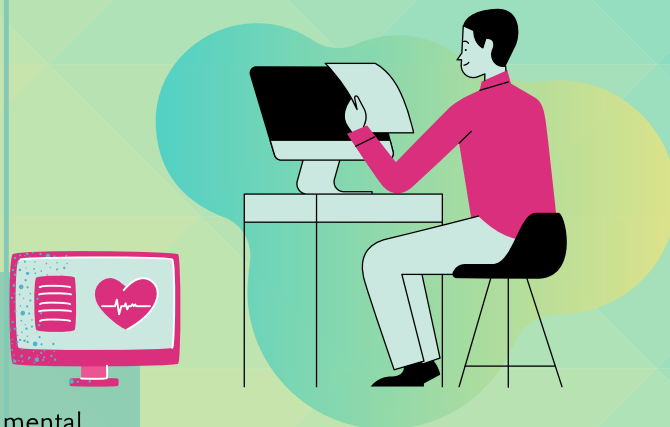
Time Management Part II: Energy-Based Planning and Prioritizing Strategies

5/22 from 10 AM-11 AM

Time management is a critical component of providing high quality service while maintaining personal wellness. The current environment has all of us re-evaluating our strategies for managing new roles and shifting responsibilities. This webinar will provide participants with an in-depth look at two strategies for time management: planning around energy and prioritizing based on urgency and importance.

Register: <http://tiny.cc/ieimay22>

Additional trainings have been added as the IEI's response to the current public health crisis related to COVID-19. During this time of public health crisis, it is understandable that Career Services Providers may be feeling uncertain as to how to proceed with responsibilities and tasks. These trainings directly address skills and resources relevant to the current crisis, specifically related to the provision of career services and staff wellness.



Wellness Strategies for Career Service Providers

5/27 from 10 AM-11 AM

A public health crisis causes distress for all involved, including career services providers. Attending to our personal well-being during this time is just as important as supporting individuals receiving services. This webinar highlights specific tools, strategies, and resources that promote provider well-being.

Register: <http://tiny.cc/ieimay27>



**You must register with the
provided links ahead of time to
receive access to the trainings.**