



September 15, 2019

Germantown Presbyterian Church Sanctuary

4:30pm-6:30pm, For ages 10 and Up

Angst is an IndieFlix Original, documentary designed to raise awareness around anxiety. The film includes interviews with kids, teens, educators, experts, parents and a very special interview with Michael Phelps.

Our goal specifically is to help people identify and understand the symptoms of anxiety and encourage them to reach out for help.

We will have a panel discussion with community and school counselors. There will be an opportunity for Q & A with the panel following the viewing of the documentary.

**Sign up to reserve your seat at: [Gpcangstmovie.eventbrite.com](https://www.eventbrite.com/e/gpcangstmovie)**