

Angry Escape Plan



Sometimes we get angry, even when we don't mean to. Why not create a plan for when we get angry, like the plans we have for fires and tornadoes? Write in the signs below to create a plan for calming down when you're angry.

DANGER
DO NOT

DANGER
BUT DO

DANGER
DO NOT

DANGER
BUT DO

DANGER
DO NOT

DANGER
BUT DO

DANGER
DO NOT

DANGER
BUT DO