AMERICAN PARKINSON DISEASE ASSOCIATION
Strength in optimism. Hope in progress.

Art Therapy for Parkinson's Disease

Saturday, December 6th, 2025
10:30am - 12:00pm

Berkeley Methodist United Church
(Berkeley, CA)

In partnership with:

Stanford MEDICINE

PD Active

Connecting Through Art (CTA) is a creative arts program that offers people with PD the space and ability to express feelings, emotions, and daily concerns through drawing and painting. This program provides a supportive and therapeutic environment that encourages participant reflection as they participate in art activities that help strengthen fine motor movements.

The Stanford-CTA* program is open to **any adult who has been diagnosed with Parkinson's disease and their care partner. The program is free, however, registration is required as space is limited.** Participants do NOT need to purchase art supplies to participate.

Please register by December 3rd, 2025. To register or to be added to the CTA email list, please contact Noah Siddiqui at (203)-295-9678 or nsiddiq@stanford.edu



Art facilitation provided by Meredith Snow, MS, ART-BC, LCAT

**APDA Connecting Through Art, in partnership with Stanford*