



Samuel Merritt University

Do you have any current problems with movement or participation in activities due to pain, weakness, balance, or other mobility limitations?

Are you interested in getting an examination followed by individualized education, exercise instruction, and/or support with health behavior changes to manage your condition?

The Department of Physical Therapy at Samuel Merritt University offers opportunities to come to the Oakland campus to work with physical therapy students and faculty, giving students the opportunity to practice their skills under direct faculty supervision and thus contributing to students' education. Visits may include examination, exercise, hands on treatments, support in making health behavior changes, and individualized education.



Frequently Asked Questions

What? 4 to 6 in-person visits at Samuel Merritt University in Oakland (number of visits based on condition)

With whom? 2 to 3 physical therapy students and one licensed physical therapist faculty member

How long? Each visit will last for about 45 minutes

Requirements? Participants must be fully vaccinated and **commit to attend all treatment sessions.**

We have 2 opportunities for Fall 2022!

#1. Orthopedic problems such as low back pain, neck pain, or other muscle, joint, or tendon-related issues

Thursday mornings: Oct 6th, Oct 13th, Oct 20th, Oct 27th (4 sessions) at 8:00am, 8:55am, 9:50am, 10:45am (*same time each week*). To sign up use the link:

<https://www.signupgenius.com/go/10C0F4DADA728A7F9CE9-smucommunity2>

Contact: twagner@samuelmerritt.edu

#2. Neurologic conditions such as stroke, Parkinson's disease, multiple sclerosis, or balance

Tuesday afternoons: Oct 27, Nov 3, Nov 10, Nov 17, Dec 1, Dec 8 (6 sessions) at 1:00pm, 2:00pm, or 3:00pm (*same time each week*). To sign up use the link:

<https://www.signupgenius.com/go/10C0F4DADA728A7F9CE9-smucommunity1>

Contact: kwaller@samuelmerritt.edu

