



North Woods & Pleasant Valley Camper Packing List

Below is a list of our suggested packing list. Quantities depend on personal habits and length of stay. **Please, label all of your child's belongings!**

Bedding: Pillow & 2 Pillow Cases Blanket 1-2 Twin Sheets (1-2 sets)
 Sleeping Bag Egg Crate or foam mattress pad for comfort (optional)

***If your child occasionally has episodes of bed wetting, please send extra sets. Also, you may want to consider packing pull-ups for night time use.*

Clothing: Please pack "play clothes" and refrain from sending new clothing to camp. Camp will provide laundry service every Friday for campers.

Underwear (8-15 pairs) Socks (8-15 pairs) T-shirts (7-14)
 Long Sleeved Shirts (1-3) Shorts (6-14) Long Comfy Pants (2-4)
 Jeans (1 pair) Pajamas (2-4 sets) Sweatshirt (1-4) Swim Suit (2-4)
 Light Jacket/Windbreaker Raincoat
 Nice-ish outfit for the camp dance (Remember it is camp, not a formal).

Footwear: Sturdy Sneakers (1-2) Flip Flops/ Crocs (for shower)
 Closed Toed Sandals (for out in camp) Boots (For Horseback, sneakers are OK)

Bath: Toothbrush Toothpaste Deodorant Floss Mouth Wash
 Hair Brush Hair Accessories (Optional) Shampoo/Conditioner
 Body Wash/Soap Moisturizing Lotion (optional) Chap Stick
 Bath Towels (2-3) Shower Caddy for shower supplies
 Beach Towels (2-3) Sunscreen

Other Necessities : Water Bottle Flashlight/Headlamp & Batteries
 Pens & Paper Stamped/Addressed Envelopes Bug Repellent Book
 Hat Small Backpack for day trips Laundry bag for dirty clothes
 Playing Cards

Medications/Inhalers: Must Be In Original Packaging! All medication must be turned in to the Nurses at check-in.

Covid Safety: 2 washable cloth face masks or 5 disposable face masks or a combination of both.

Electronics are not allowed at camp besides digital cameras. Cell phones are strictly prohibited at Camp.